Nutrition F 1 servings per container	acis
Serving size	70g
Amount per serving Calories	160
	% Daily Value*
Total Fat 6g	8%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 50mg	2%
Total Carbohydrate 26g	9%
Dietary Fiber 0g	0%
Total Sugars 18g	
Includes 18g Added Sugar	s 36%
Protein <1g	
Vitamin D 0mcg	0%
Calcium 10mg	0%
Iron 0.5mg	2%
Potassium 60mg	0%

Ingredients: OATMILK (WATER, OATS), LIQUID SUGAR (SUGAR, WATER), DRIED GLUCOSE SYRUP, RAPESEED OIL, DEXTROSE, PEA PROTEIN, NATURAL FLAVOR, MONO AND DIGLYCERIDES OF FATTY ACIDS, SEA SALT, GUAR GUM, GELLAN GUM, POTASSIUM PHOSPHATE, LOCUST BEAN GUM, BLACK RASPBERRY VARIEGATE (RASPBERRY PUREE, CORN SYRUP, SUGAR, HIGH FRUCTOSE CORN SYRUP, WATER, TAPIOCA STARCH, CITRIC ACID, SALT, NATURAL FLAVOR, GUAR GUM, XANTHAN GUM, LOCUST BEAN GUM, RED 40, BLUE 2, SODIUM BENZOATE), CHOCOLATE FLAKES (SUGAR, COCONUT OIL, COCOA POWDER [PROCESSED WITH ALKALI], COCOA POWDER, SALT, SOY LECITHIN, NATURAL FLAVOR).

CONTAINS: SOY.

Nutrition Fa	cts
Amount nou coming	320
% D	aily Value*
Total Fat 12g	15%
Saturated Fat 4g	20%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 100mg	4%
Total Carbohydrate 52g	19%
Dietary Fiber 0g	0%
Total Sugars 36g	
Includes 36g Added Sugars	72%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 10mg	0%
Iron 1mg	6%
Potassium 110mg	2%
*The % Daily Value (DV) tells you how m nutrient in a serving of food contributes diet. 2,000 calories a day is used for gen nutrition advice.	to a daily

Ingredients: OATMILK (WATER, OATS), LIQUID SUGAR (SUGAR, WATER), DRIED GLUCOSE SYRUP, RAPESEED OIL, DEXTROSE, PEA PROTEIN, NATURAL FLAVOR, MONO AND DIGLYCERIDES OF FATTY ACIDS, SEA SALT, GUAR GUM, GELLAN GUM, POTASSIUM PHOSPHATE, LOCUST BEAN GUM, BLACK RASPBERRY VARIEGATE (RASPBERRY PUREE, CORN SYRUP, SUGAR, HIGH FRUCTOSE CORN SYRUP, WATER, TAPIOCA STARCH, CITRIC ACID, SALT, NATURAL FLAVOR, GUAR GUM, XANTHAN GUM, LOCUST BEAN GUM, RED 40, BLUE 2, SODIUM BENZOATE), CHOCOLATE FLAKES (SUGAR, COCONUT OIL, COCOA POWDER [PROCESSED WITH ALKALI], COCOA POWDER, SALT, SOY LECITHIN, NATURAL FLAVOR).

CONTAINS: SOY.

Nutrition Fa	210g
ociving size	2109
Amount per serving Calories	480
% D	aily Value*
Total Fat 17g	22%
Saturated Fat 6g	30%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 150mg	7%
Total Carbohydrate 78g	28%
Dietary Fiber 0g	0%
Total Sugars 53g	
Includes 53g Added Sugars	106%
Protein 3g	
Vitamin D 0mcg	0%
Calcium 20mg	0%
Iron 1.6mg	8%
Potassium 170mg	4%
*The % Daily Value (DV) tells you how m nutrient in a serving of food contributes diet. 2,000 calories a day is used for ger nutrition advice.	to a daily

Ingredients: OATMILK (WATER, OATS), LIQUID SUGAR (SUGAR, WATER), DRIED GLUCOSE SYRUP, RAPESEED OIL, DEXTROSE, PEA PROTEIN, NATURAL FLAVOR, MONO AND DIGLYCERIDES OF FATTY ACIDS, SEA SALT, GUAR GUM, GELLAN GUM, POTASSIUM PHOSPHATE, LOCUST BEAN GUM, BLACK RASPBERRY VARIEGATE (RASPBERRY PUREE, CORN SYRUP, SUGAR, HIGH FRUCTOSE CORN SYRUP, WATER, TAPIOCA STARCH, CITRIC ACID, SALT, NATURAL FLAVOR, GUAR GUM, XANTHAN GUM, LOCUST BEAN GUM, RED 40, BLUE 2, SODIUM BENZOATE), CHOCOLATE FLAKES (SUGAR, COCONUT OIL, COCOA POWDER PROCESSED WITH ALKALI], COCOA POWDER, SALT, SOY LECITHIN, NATURAL FLAVOR).

CONTAINS: SOY.

Nutrition Fa	acts
Serving size	280g
Amount per serving Calories	640
%	Daily Value*
Total Fat 23g	29%
Saturated Fat 8g	40%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 200mg	9%
Total Carbohydrate 104g	38%
Dietary Fiber 0g	0%
Total Sugars 71g	
Includes 71g Added Sugars	142%
Protein 4g	
Vitamin D 0mcg	0%
Calcium 20mg	0%
Iron 2.1mg	10%
Potassium 220mg	4%
*The % Daily Value (DV) tells you how nutrient in a serving of food contributes diet. 2,000 calories a day is used for g nutrition advice.	s to a daily

Ingredients: OATMILK (WATER, OATS), LIQUID SUGAR (SUGAR, WATER), DRIED GLUCOSE SYRUP, RAPESEED OIL, DEXTROSE, PEA PROTEIN, NATURAL FLAVOR, MONO AND DIGLYCERIDES OF FATTY ACIDS, SEA SALT, GUAR GUM, GELLAN GUM, POTASSIUM PHOSPHATE, LOCUST BEAN GUM, BLACK RASPBERRY VARIEGATE (RASPBERRY PUREE, CORN SYRUP, SUGAR, HIGH FRUCTOSE CORN SYRUP, WATER, TAPIOCA STARCH, CITRIC ACID, SALT, NATURAL FLAVOR, GUAR GUM, XANTHAN GUM, LOCUST BEAN GUM, RED 40, BLUE 2, SODIUM BENZOATE), CHOCOLATE FLAKES (SUGAR, COCONUT OIL, COCOA POWDER PROCESSED WITH ALKALI], COCOA POWDER, SALT, SOY LECITHIN, NATURAL FLAVOR).

CONTAINS: SOY.

Nutrition Facts	
Serving size	76g
Amount per serving Calories	80
% Da	ily Value*
Total Fat 6g	8%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 60mg	3%
Total Carbohydrate 31g	11%
Dietary Fiber 0g	0%
Total Sugars 18g	
Includes 18g Added Sugars	36%
Protein 1g	
Vitamin D 0mcg	0%
Calcium 10mg	0%
Iron 0.7mg	4%
Potassium 60mg	0%
*The % Daily Value (DV) tells you how mu nutrient in a serving of food contributes to diet. 2,000 calories a day is used for gen nutrition advice.	a daily

CONTAINS: SOY, WHEAT.

Nutrition Facts	
Serving size	146g
Amount per serving Calories	340
% D:	aily Value*
Total Fat 12g	15%
Saturated Fat 4g	20%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 105mg	5%
Total Carbohydrate 57g	21%
Dietary Fiber 0g	0%
Total Sugars 36g	
Includes 36g Added Sugars	72%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 10mg	0%
Iron 1.3mg	8%
Potassium 120mg	2%
*The % Daily Value (DV) tells you how m nutrient in a serving of food contributes t diet. 2,000 calories a day is used for gen nutrition advice.	o a daily

CONTAINS: SOY, WHEAT.

Nutrition Fa	216g
	216 9
Amount per serving Calories	500
% Г	Daily Value*
Total Fat 18g	23%
Saturated Fat 6g	30%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 160mg	7%
Total Carbohydrate 83g	30%
Dietary Fiber 0g	0%
Total Sugars 54g	
Includes 54g Added Sugars	108%
Protein 3g	
Vitamin D 0mcg	0%
Calcium 20mg	0%
Iron 1.8mg	10%
Potassium 170mg	4%
*The % Daily Value (DV) tells you how m nutrient in a serving of food contributes diet. 2,000 calories a day is used for ge nutrition advice.	to a daily

CONTAINS: SOY, WHEAT.

	286g 660 by Value* 29% 40%
Calories % Dai Total Fat 23g Saturated Fat 8g Trans Fat 0g	ly Value*
Total Fat 23g Saturated Fat 8g Trans Fat 0g	29%
Saturated Fat 8g Trans Fat 0g	
Trans Fat 0g	40%
- Tanot at og	
Cholesterol Oma	
onoicateror only	0%
Sodium 210mg	9%
Total Carbohydrate 109g	40%
Dietary Fiber 0g	0%
Total Sugars 71g	
Includes 71g Added Sugars	142%
Protein 4g	
Vitamin D 0mcg	0%
Calcium 30mg	2%
Iron 2.3mg	15%
Potassium 230mg	4%

CONTAINS: SOY, WHEAT.

Nutrition Fa	
Serving size	83g
Amount per serving Calories	210
% Da	ily Value*
Total Fat 6g	8%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 65mg	3%
Total Carbohydrate 37g	13%
Dietary Fiber 0g	0%
Total Sugars 22g	
Includes 22g Added Sugars	44%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 10mg	0%
Iron 0.9mg	6%
Potassium 80mg	0%
*The % Daily Value (DV) tells you how mu nutrient in a serving of food contributes to diet. 2,000 calories a day is used for gen nutrition advice.	a daily

CONTAINS: SOY, WHEAT.

Nutrition Fa	cts
Serving size	153g
Amount per serving Calories	370
% D	aily Value*
Total Fat 12g	15%
Saturated Fat 4g	20%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 115mg	5%
Total Carbohydrate 63g	23%
Dietary Fiber 0g	0%
Total Sugars 40g	
Includes 40g Added Sugars	80%
Protein 3g	
Vitamin D 0mcg	0%
Calcium 20mg	0%
Iron 1.5mg	8%
Potassium 130mg	2%
*The % Daily Value (DV) tells you how m nutrient in a serving of food contributes t diet. 2,000 calories a day is used for ger nutrition advice.	o a daily

CONTAINS: SOY, WHEAT.

Nutrition F Serving size	acts
Amount per serving Calories	530
	% Daily Value*
Total Fat 18g	23%
Saturated Fat 6g	30%
Trans Fat 0g	
Cholesterol Omg	0%
Sodium 160mg	7%
Total Carbohydrate 89g	32%
Dietary Fiber 0g	0%
Total Sugars 58g	
Includes 58g Added Sugars	116%
Protein 4g	
Vitamin D 0mcg	0%
Calcium 30mg	2%
Iron 2mg	10%
Potassium 190mg	4%
*The % Daily Value (DV) tells you ho nutrient in a serving of food contribu diet. 2,000 calories a day is used for nutrition advice.	tes to a daily

CONTAINS: SOY, WHEAT.

Nutrition Fa	acts
Serving size	293g
Amount per serving Calories	690
%	Daily Value*
Total Fat 23g	29%
Saturated Fat 8g	40%
Trans Fat 0g	
Cholesterol Omg	0%
Sodium 210mg	9%
Total Carbohydrate 115g	42%
Dietary Fiber 0g	0%
Total Sugars 75g	
Includes 75g Added Sugars	150%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 30mg	2%
Iron 2.5mg	15%
Potassium 240mg	6%
*The % Daily Value (DV) tells you how nutrient in a serving of food contribute diet. 2,000 calories a day is used for g nutrition advice.	s to a daily

CONTAINS: SOY, WHEAT.

Nutrition Fa	
Serving size	170g
Amount per serving Calories	<u>450</u>
% [Daily Value*
Total Fat 14g	18%
Saturated Fat 4g	20%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 100mg	4%
Total Carbohydrate 76g	28%
Dietary Fiber 0g	0%
Total Sugars 48g	
Includes 48g Added Sugars	96%
Protein 4g	
Vitamin D 0mcg	0%
Calcium 20mg	0%
Iron 1.8mg	10%
Potassium 140mg	2%

Ingredients: OATMILK (WATER, OATS) LIQUID SUGAR (SUGAR, WATER), DRIED GLUCOSE SYRUP, RAPESEED OIL, DEXTROSE, PEA PROTEIN, NATURAL FLAVOR, MONO AND DIGLYCERIDES OF FATTY ACIDS, SEA SALT, GUAR GUM, GELLAN GUM, POTASSIUM PHOSPHATE, LOCUST BEAN GUM, BLACK RASPBERRY VARIEGATE (RASPBERRY PUREE, CORN SYRUP, SUGAR, HIGH FRUCTOSE CORN SYRUP, WATER, TAPIOCA STARCH, CITRIC ACID, SALT, NATURAL FLAVOR, GUAR GUM, XANTHAN GUM, LOCUST BEAN GUM, RED 40, BLUE 2, SODIUM BENZOATE) CHOCOLATE FLAKES (SUGAR, COCONUT OIL, COCOA POWDER [PROCESSED WITH ALKALI], COCOA POWDER, SALT, SOY LECITHIN, NATURAL FLAVOR), WAFFLE CONE (ENRICHED WHEAT FLOUR [CONTAINS NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], SUGAR, VEGETABLE SHORTENING [CONTAINING PARTIALLY HYDROGENATED SOYBEAN AND COTTONSEED OILS], WHOLE EGG, ARTIFICIAL FLAVOR [INCLUDING MALTODEXTRIN, MODIFIED CORNSTARCH, BUTTER, BUTTERMILK], DEXTROSE, SOY LECITHIN).

CONTAINS: SOY, WHEAT, EGG, MILK.

Nutrition Fa	cts
Serving size	240g
Amount per serving Calories	310
% Da	ily Value*
Total Fat 20g	26%
Saturated Fat 6g	30%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 150mg	7%
Total Carbohydrate 102g	37%
Dietary Fiber 0g	0%
Total Sugars 66g	
Includes 66g Added Sugars	132%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 20mg	0%
Iron 2.3mg	15%
Potassium 190mg	4%
*The % Daily Value (DV) tells you how mu nutrient in a serving of food contributes to diet. 2,000 calories a day is used for gen nutrition advice.	a daily

Ingredients: OATMILK (WATER, OATS) LIQUID SUGAR (SUGAR, WATER), DRIED GLUCOSE SYRUP, RAPESEED OIL, DEXTROSE, PEA PROTEIN, NATURAL FLAVOR, MONO AND DIGLYCERIDES OF FATTY ACIDS, SEA SALT, GUAR GUM, GELLAN GUM, POTASSIUM PHOSPHATE, LOCUST BEAN GUM, BLACK RASPBERRY VARIEGATE (RASPBERRY PUREE, CORN SYRUP, SUGAR, HIGH FRUCTOSE CORN SYRUP, WATER, TAPIOCA STARCH, CITRIC ACID, SALT, NATURAL FLAVOR, GUAR GUM, XANTHAN GUM, LOCUST BEAN GUM, RED 40, BLUE 2, SODIUM BENZOATE) CHOCOLATE FLAKES (SUGAR, COCONUT OIL, COCOA POWDER [PROCESSED WITH ALKALI], COCOA POWDER, SALT, SOY LECITHIN, NATURAL FLAVOR), WAFFLE CONE (ENRICHED WHEAT FLOUR [CONTAINS NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], SUGAR, VEGETABLE SHORTENING [CONTAINING PARTIALLY HYDROGENATED SOYBEAN AND COTTONSEED OILS], WHOLE EGG, ARTIFICIAL FLAVOR [INCLUDING MALTODEXTRIN, MODIFIED CORNSTARCH, BUTTER, BUTTERMILK], DEXTROSE, SOY LECITHIN).

CONTAINS: SOY, WHEAT, EGG, MILK.

Nutrition Fa	
Serving size	310g
Amount per serving Calories	770
%	Daily Value*
Total Fat 26g	33%
Saturated Fat 8g	40%
Trans Fat 0g	
Cholesterol Omg	0%
Sodium 200mg	9%
Total Carbohydrate 128g	47%
Dietary Fiber 0g	0%
Total Sugars 83g	
Includes 83g Added Sugars	166%
Protein 6g	
Vitamin D 0mcg	0%
Calcium 30mg	2%
Iron 2.8mg	15%
Potassium 250mg	6%
*The % Daily Value (DV) tells you how nutrient in a serving of food contributes diet. 2,000 calories a day is used for g nutrition advice.	s to a daily

Ingredients: OATMILK (WATER, OATS) LIQUID SUGAR (SUGAR, WATER), DRIED GLUCOSE SYRUP, RAPESEED OIL, DEXTROSE, PEA PROTEIN, NATURAL FLAVOR, MONO AND DIGLYCERIDES OF FATTY ACIDS, SEA SALT, GUAR GUM, GELLAN GUM, POTASSIUM PHOSPHATE, LOCUST BEAN GUM, BLACK RASPBERRY VARIEGATE (RASPBERRY PUREE, CORN SYRUP, SUGAR, HIGH FRUCTOSE CORN SYRUP, WATER, TAPIOCA STARCH, CITRIC ACID, SALT, NATURAL FLAVOR, GUAR GUM, XANTHAN GUM, LOCUST BEAN GUM, RED 40, BLUE 2, SODIUM BENZOATE) CHOCOLATE FLAKES (SUGAR, COCONUT OIL, COCOA POWDER [PROCESSED WITH ALKALI], COCOA POWDER, SALT, SOY LECITHIN, NATURAL FLAVOR), WAFFLE CONE (ENRICHED WHEAT FLOUR [CONTAINS NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], SUGAR, VEGETABLE SHORTENING [CONTAINING PARTIALLY HYDROGENATED SOYBEAN AND COTTONSEED OILS], WHOLE EGG, ARTIFICIAL FLAVOR [INCLUDING MALTODEXTRIN, MODIFIED CORNSTARCH, BUTTER, BUTTERMILK], DEXTROSE, SOY LECITHIN).

CONTAINS: SOY, WHEAT, EGG, MILK.