

# Nutrition Facts

1 servings per container  
**Serving size 2.7 oz (76g)**

**Amount per serving**  
**Calories 120**

**% Daily Value\***

<b>Total Fat</b>	0g	<b>0%</b>
Saturated Fat	0g	<b>0%</b>
<i>Trans</i> Fat	0g	
<b>Cholesterol</b>	0mg	<b>0%</b>
<b>Sodium</b>	65mg	<b>3%</b>
<b>Total Carbohydrate</b>	26g	<b>9%</b>
Dietary Fiber	0g	<b>0%</b>
Total Sugars	5g	
Includes 0g of Added Sugars		<b>0%</b>
<b>Protein</b>	4g	
Vitamin D	0mcg	<b>0%</b>
Calcium	120mg	<b>10%</b>
Iron	0.4mg	<b>2%</b>
Potassium	150mg	<b>4%</b>

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Sucralose, Carrageenan, Nonfat Milk Solids, Vanillin, Caramel Color, Vitamin A Palmitate. Strawberry Swirl: Maltitol Syrup, Strawberries, Water, Modified Corn Starch, Contains 2% or less of: Citric Acid, Natural Flavor, Potassium Sorbate and Sodium Benzoate (as preservatives), Sodium Citrate, Gellan Gum, Red 40, Sucralose (Artificial Sweetener), and Blue 1. Cake Cone: Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Tapioca Flour, Sugar, Vegetable Oil Shortening (Soybean and/or Canola Oil, Modified Palm Oil, Soy Lecithin, and/or Partially Hydrogenated Soybean Oil), Leavening (Sodium Bicarbonate, Ammonium Bicarbonate), Salt, Natural Flavor, Annatto (Vegetable Color).  
 CONTAINS: MILK, WHEAT, SOY.

# Nutrition Facts

1 servings per container  
**Serving size 5.2 oz (146g)**

**Amount per serving**  
**Calories 220**

**% Daily Value\***

<b>Total Fat</b>	0g	<b>0%</b>
Saturated Fat	0g	<b>0%</b>
<i>Trans</i> Fat	0g	
<b>Cholesterol</b>	0mg	<b>0%</b>
<b>Sodium</b>	115mg	<b>5%</b>
<b>Total Carbohydrate</b>	47g	<b>17%</b>
Dietary Fiber	<1g	<b>4%</b>
Total Sugars	10g	
Includes 0g of Added Sugars		<b>0%</b>
<b>Protein</b>	7g	
Vitamin D	0mcg	<b>0%</b>
Calcium	240mg	<b>20%</b>
Iron	0.4mg	<b>2%</b>
Potassium	300mg	<b>6%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Sucralose, Carrageenan, Nonfat Milk Solids, Vanillin, Caramel Color, Vitamin A Palmitate. Strawberry Swirl: Maltitol Syrup, Strawberries, Water, Modified Corn Starch, Contains 2% or less of: Citric Acid, Natural Flavor, Potassium Sorbate and Sodium Benzoate (as preservatives), Sodium Citrate, Gellan Gum, Red 40, Sucralose (Artificial Sweetener), and Blue 1. Cake Cone: Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Tapioca Flour, Sugar, Vegetable Oil Shortening (Soybean and/or Canola Oil, Modified Palm Oil, Soy Lecithin, and/or Partially Hydrogenated Soybean Oil), Leavening (Sodium Bicarbonate, Ammonium Bicarbonate), Salt, Natural Flavor, Annatto (Vegetable Color).  
**CONTAINS: MILK, WHEAT, SOY.**

<b>Nutrition Facts</b>	
1 servings per container	
<b>Serving size</b>	<b>7.7 oz (216g)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>310</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0g	<b>0%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 170mg	<b>7%</b>
<b>Total Carbohydrate</b> 68g	<b>25%</b>
Dietary Fiber <1g	<b>4%</b>
Total Sugars 15g	
Includes 0g of Added Sugars	<b>0%</b>
<b>Protein</b> 10g	
Vitamin D 0mcg	<b>0%</b>
Calcium 360mg	<b>30%</b>
Iron 0.4mg	<b>2%</b>
Potassium 450mg	<b>10%</b>
<small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

**Ingredients:** Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Sucralose, Carrageenan, Nonfat Milk Solids, Vanillin, Caramel Color, Vitamin A Palmitate. Strawberry Swirl: Maltitol Syrup, Strawberries, Water, Modified Corn Starch, Contains 2% or less of: Citric Acid, Natural Flavor, Potassium Sorbate and Sodium Benzoate (as preservatives), Sodium Citrate, Gellan Gum, Red 40, Sucralose (Artificial Sweetener), and Blue 1. Cake Cone: Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Tapioca Flour, Sugar, Vegetable Oil Shortening (Soybean and/or Canola Oil, Modified Palm Oil, Soy Lecithin, and/or Partially Hydrogenated Soybean Oil), Leavening (Sodium Bicarbonate, Ammonium Bicarbonate), Salt, Natural Flavor, Annatto (Vegetable Color).  
**CONTAINS: MILK, WHEAT, SOY.**

# Nutrition Facts

1 servings per container  
**Serving size 10.2 oz (286g)**

**Amount per serving**  
**Calories 410**

**% Daily Value\***

<b>Total Fat</b>	0g	<b>0%</b>
Saturated Fat	0g	<b>0%</b>
<i>Trans</i> Fat	0g	
<b>Cholesterol</b>	0mg	<b>0%</b>
<b>Sodium</b>	220mg	<b>10%</b>
<b>Total Carbohydrate</b>	89g	<b>32%</b>
Dietary Fiber	1g	<b>4%</b>
Total Sugars	20g	
Includes 0g of Added Sugars		<b>0%</b>
<b>Protein</b>	13g	
Vitamin D	0mcg	<b>0%</b>
Calcium	480mg	<b>35%</b>
Iron	0.4mg	<b>2%</b>
Potassium	600mg	<b>15%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Sucralose, Carrageenan, Nonfat Milk Solids, Vanillin, Caramel Color, Vitamin A Palmitate. Strawberry Swirl: Maltitol Syrup, Strawberries, Water, Modified Corn Starch, Contains 2% or less of: Citric Acid, Natural Flavor, Potassium Sorbate and Sodium Benzoate (as preservatives), Sodium Citrate, Gellan Gum, Red 40, Sucralose (Artificial Sweetener), and Blue 1. Cake Cone: Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Tapioca Flour, Sugar, Vegetable Oil Shortening (Soybean and/or Canola Oil, Modified Palm Oil, Soy Lecithin, and/or Partially Hydrogenated Soybean Oil), Leavening (Sodium Bicarbonate, Ammonium Bicarbonate), Salt, Natural Flavor, Annatto (Vegetable Color).  
**CONTAINS: MILK, WHEAT, SOY.**

# Nutrition Facts

1 servings per container

**Serving size** 2.5 oz (70g)

Amount per serving

**Calories** 100

% Daily Value\*

**Total Fat** 0g 0%

Saturated Fat 0g 0%

*Trans* Fat 0g

**Cholesterol** 0mg 0%

**Sodium** 55mg 2%

**Total Carbohydrate** 21g 8%

Dietary Fiber 0g 0%

Total Sugars 5g

Includes 0g of Added Sugars 0%

**Protein** 3g

Vitamin D 0mcg 0%

Calcium 120mg 10%

Iron 0mg 0%

Potassium 150mg 4%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Sucralose, Carrageenan, Nonfat Milk Solids, Vanillin, Caramel Color, Vitamin A Palmitate. Strawberry Swirl: Maltitol Syrup, Strawberries, Water, Modified Corn Starch, Contains 2% or less of: Citric Acid, Natural Flavor, Potassium Sorbate and Sodium Benzoate (as preservatives), Sodium Citrate, Gellan Gum, Red 40, Sucralose (Artificial Sweetener), and Blue 1.  
CONTAINS: MILK.

<b>Nutrition Facts</b>	
1 servings per container	
<b>Serving size</b>	<b>5 oz (140g)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>190</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0g	<b>0%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 105mg	<b>5%</b>
<b>Total Carbohydrate</b> 42g	<b>15%</b>
Dietary Fiber <1g	<b>4%</b>
Total Sugars 10g	
Includes 0g of Added Sugars	<b>0%</b>
<b>Protein</b> 6g	
Vitamin D 0mcg	<b>0%</b>
Calcium 240mg	<b>20%</b>
Iron 0mg	<b>0%</b>
Potassium 290mg	<b>6%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Sucralose, Carrageenan, Nonfat Milk Solids, Vanillin, Caramel Color, Vitamin A Palmitate. Strawberry Swirl: Maltitol Syrup, Strawberries, Water, Modified Corn Starch, Contains 2% or less of: Citric Acid, Natural Flavor, Potassium Sorbate and Sodium Benzoate (as preservatives), Sodium Citrate, Gellan Gum, Red 40, Sucralose (Artificial Sweetener), and Blue 1.  
CONTAINS: MILK.

# Nutrition Facts

1 servings per container

**Serving size** 7.5 oz (210g)

**Amount per serving**  
**Calories** 290

**% Daily Value\***

**Total Fat** 0g 0%

Saturated Fat 0g 0%

*Trans* Fat 0g

**Cholesterol** 0mg 0%

**Sodium** 160mg 7%

**Total Carbohydrate** 63g 23%

Dietary Fiber <1g 4%

Total Sugars 15g

Includes 0g of Added Sugars 0%

**Protein** 9g

Vitamin D 0mcg 0%

Calcium 360mg 30%

Iron 0mg 0%

Potassium 440mg 10%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Sucralose, Carrageenan, Nonfat Milk Solids, Vanillin, Caramel Color, Vitamin A Palmitate. Strawberry Swirl: Maltitol Syrup, Strawberries, Water, Modified Corn Starch, Contains 2% or less of: Citric Acid, Natural Flavor, Potassium Sorbate and Sodium Benzoate (as preservatives), Sodium Citrate, Gellan Gum, Red 40, Sucralose (Artificial Sweetener), and Blue 1.  
CONTAINS: MILK.

<b>Nutrition Facts</b>	
1 servings per container	
<b>Serving size</b>	<b>10 oz (280g)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>380</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0g	<b>0%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 210mg	<b>9%</b>
<b>Total Carbohydrate</b> 84g	<b>31%</b>
Dietary Fiber 1g	<b>4%</b>
Total Sugars 20g	
Includes 0g of Added Sugars	<b>0%</b>
<b>Protein</b> 12g	
Vitamin D 0mcg	<b>0%</b>
Calcium 480mg	<b>35%</b>
Iron 0mg	<b>0%</b>
Potassium 590mg	<b>15%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Sucralose, Carrageenan, Nonfat Milk Solids, Vanillin, Caramel Color, Vitamin A Palmitate. Strawberry Swirl: Maltitol Syrup, Strawberries, Water, Modified Corn Starch, Contains 2% or less of: Citric Acid, Natural Flavor, Potassium Sorbate and Sodium Benzoate (as preservatives), Sodium Citrate, Gellan Gum, Red 40, Sucralose (Artificial Sweetener), and Blue 1.  
CONTAINS: MILK.



<b>Nutrition Facts</b>	
1 servings per container	
<b>Serving size</b>	<b>3 oz (83g)</b>
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<b>Amount per serving</b>	
<b>Calories</b>	<b>150</b>
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	<b>% Daily Value*</b>
<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0g	<b>0%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 75mg	<b>3%</b>
<b>Total Carbohydrate</b> 33g	<b>12%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 8g	
Includes 3g of Added Sugars	<b>6%</b>
<b>Protein</b> 4g	
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Vitamin D 0mcg	<b>0%</b>
Calcium 140mg	<b>10%</b>
Iron 0.4mg	<b>2%</b>
Potassium 170mg	<b>4%</b>
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* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

**Ingredients:** Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Sucralose, Carrageenan, Nonfat Milk Solids, Vanillin, Caramel Color, Vitamin A Palmitate. Strawberry Swirl: Maltitol Syrup, Strawberries, Water, Modified Corn Starch, Contains 2% or less of: Citric Acid, Natural Flavor, Potassium Sorbate and Sodium Benzoate (as preservatives), Sodium Citrate, Gellan Gum, Red 40, Sucralose (Artificial Sweetener), and Blue 1. Sugar Cone: Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Tapioca Flour, Sugar, Vegetable Shortening (Soybean and/or Canola Oil, Modified Palm Oil, Soy Lecithin, and/or Partially Hydrogenated Soybean Oil), Oat Fiber and/or Vegetable Fiber, Salt, Caramel Color, Artificial Flavor, Soy Lecithin.  
**CONTAINS: MILK, WHEAT, SOY.**

# Nutrition Facts

1 servings per container

**Serving size** 5.5 oz (153g)

**Amount per serving**  
**Calories** **240**

**% Daily Value\***

**Total Fat** 0g **0%**

Saturated Fat 0g **0%**

*Trans* Fat 0g

**Cholesterol** 0mg **0%**

**Sodium** 125mg **5%**

**Total Carbohydrate** 54g **20%**

Dietary Fiber <1g **4%**

Total Sugars 13g

Includes 3g of Added Sugars **6%**

**Protein** 7g

Vitamin D 0mcg **0%**

Calcium 260mg **20%**

Iron 0.4mg **2%**

Potassium 310mg **6%**

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Sucralose, Carrageenan, Nonfat Milk Solids, Vanillin, Caramel Color, Vitamin A Palmitate. Strawberry Swirl: Maltitol Syrup, Strawberries, Water, Modified Corn Starch, Contains 2% or less of: Citric Acid, Natural Flavor, Potassium Sorbate and Sodium Benzoate (as preservatives), Sodium Citrate, Gellan Gum, Red 40, Sucralose (Artificial Sweetener), and Blue 1. Sugar Cone: Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Tapioca Flour, Sugar, Vegetable Shortening (Soybean and/or Canola Oil, Modified Palm Oil, Soy Lecithin, and/or Partially Hydrogenated Soybean Oil), Oat Fiber and/or Vegetable Fiber, Salt, Caramel Color, Artificial Flavor, Soy Lecithin.  
**CONTAINS: MILK, WHEAT, SOY.**

<b>Nutrition Facts</b>	
1 servings per container	
<b>Serving size</b>	<b>8 oz (223g)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>340</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0g	<b>0%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 180mg	<b>8%</b>
<b>Total Carbohydrate</b> 75g	<b>27%</b>
Dietary Fiber <1g	<b>4%</b>
Total Sugars 18g	
Includes 3g of Added Sugars	<b>6%</b>
<b>Protein</b> 10g	
Vitamin D 0mcg	<b>0%</b>
Calcium 380mg	<b>30%</b>
Iron 0.4mg	<b>2%</b>
Potassium 460mg	<b>10%</b>

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**Ingredients:** Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Sucralose, Carrageenan, Nonfat Milk Solids, Vanillin, Caramel Color, Vitamin A Palmitate. Strawberry Swirl: Maltitol Syrup, Strawberries, Water, Modified Corn Starch, Contains 2% or less of: Citric Acid, Natural Flavor, Potassium Sorbate and Sodium Benzoate (as preservatives), Sodium Citrate, Gellan Gum, Red 40, Sucralose (Artificial Sweetener), and Blue 1. Sugar Cone: Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Tapioca Flour, Sugar, Vegetable Shortening (Soybean and/or Canola Oil, Modified Palm Oil, Soy Lecithin, and/or Partially Hydrogenated Soybean Oil), Oat Fiber and/or Vegetable Fiber, Salt, Caramel Color, Artificial Flavor, Soy Lecithin.  
**CONTAINS: MILK, WHEAT, SOY.**

<b>Nutrition Facts</b>	
1 servings per container	
<b>Serving size</b>	<b>10.5 oz (293g)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>440</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0g	<b>0%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 230mg	<b>10%</b>
<b>Total Carbohydrate</b> 96g	<b>35%</b>
Dietary Fiber 1g	<b>4%</b>
Total Sugars 23g	
Includes 3g of Added Sugars	<b>6%</b>
<b>Protein</b> 13g	
Vitamin D 0mcg	<b>0%</b>
Calcium 510mg	<b>40%</b>
Iron 0.4mg	<b>2%</b>
Potassium 610mg	<b>15%</b>

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**Ingredients:** Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Sucralose, Carrageenan, Nonfat Milk Solids, Vanillin, Caramel Color, Vitamin A Palmitate. Strawberry Swirl: Maltitol Syrup, Strawberries, Water, Modified Corn Starch, Contains 2% or less of: Citric Acid, Natural Flavor, Potassium Sorbate and Sodium Benzoate (as preservatives), Sodium Citrate, Gellan Gum, Red 40, Sucralose (Artificial Sweetener), and Blue 1. Sugar Cone: Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Tapioca Flour, Sugar, Vegetable Shortening (Soybean and/or Canola Oil, Modified Palm Oil, Soy Lecithin, and/or Partially Hydrogenated Soybean Oil), Oat Fiber and/or Vegetable Fiber, Salt, Caramel Color, Artificial Flavor, Soy Lecithin.  
**CONTAINS: MILK, WHEAT, SOY.**

# Nutrition Facts

1 servings per container

**Serving size** 3.6 oz (100g)

Amount per serving

**Calories** 220

% Daily Value\*

**Total Fat** 3g 4%

Saturated Fat 1g 5%

*Trans* Fat 0g

**Cholesterol** 10mg 3%

**Sodium** 55mg 2%

**Total Carbohydrate** 44g 16%

Dietary Fiber 0g 0%

Total Sugars 15g

Includes 10g of Added Sugars 20%

**Protein** 5g

Vitamin D 0mcg 0%

Calcium 120mg 10%

Iron 0.6mg 4%

Potassium 150mg 4%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Sucralose, Carrageenan, Nonfat Milk Solids, Vanillin, Caramel Color, Vitamin A Palmitate. Strawberry Swirl: Maltitol Syrup, Strawberries, Water, Modified Corn Starch, Contains 2% or less of: Citric Acid, Natural Flavor, Potassium Sorbate and Sodium Benzoate (as preservatives), Sodium Citrate, Gellan Gum, Red 40, Sucralose (Artificial Sweetener), and Blue 1. Waffle Cone: Enriched Bleached Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Sugar, Vegetable Shortening (Partially Hydrogenated Soybean and Cottonseed Oils), Whole Egg, Artificial Flavor (Including Maltodextrin, Modified Cornstarch, Butter, Buttermilk), Dextrose, Soy Lecithin, Artificial Vanilla Flavor.  
CONTAINS: MILK, WHEAT, EGG, SOY.

# Nutrition Facts

1 servings per container

**Serving size** 6.1 oz (170g)

Amount per serving

**Calories** 320

% Daily Value\*

**Total Fat** 3g 4%

Saturated Fat 1g 5%

*Trans* Fat 0g

**Cholesterol** 10mg 3%

**Sodium** 105mg 5%

**Total Carbohydrate** 65g 24%

Dietary Fiber <1g 4%

Total Sugars 20g

Includes 10g of Added Sugars 20%

**Protein** 8g

Vitamin D 0mcg 0%

Calcium 240mg 20%

Iron 0.6mg 4%

Potassium 290mg 6%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Sucralose, Carrageenan, Nonfat Milk Solids, Vanillin, Caramel Color, Vitamin A Palmitate. Strawberry Swirl: Maltitol Syrup, Strawberries, Water, Modified Corn Starch, Contains 2% or less of: Citric Acid, Natural Flavor, Potassium Sorbate and Sodium Benzoate (as preservatives), Sodium Citrate, Gellan Gum, Red 40, Sucralose (Artificial Sweetener), and Blue 1. Waffle Cone: Enriched Bleached Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Sugar, Vegetable Shortening (Partially Hydrogenated Soybean and Cottonseed Oils), Whole Egg, Artificial Flavor (Including Maltodextrin, Modified Cornstarch, Butter, Buttermilk), Dextrose, Soy Lecithin, Artificial Vanilla Flavor.  
CONTAINS: MILK, WHEAT, EGG, SOY.

# Nutrition Facts

1 servings per container

**Serving size** 8.6 oz (240g)

Amount per serving

**Calories** 410

% Daily Value\*

**Total Fat** 3g 4%

Saturated Fat 1g 5%

*Trans* Fat 0g

**Cholesterol** 10mg 3%

**Sodium** 160mg 7%

**Total Carbohydrate** 86g 31%

Dietary Fiber <1g 4%

Total Sugars 25g

Includes 10g of Added Sugars 20%

**Protein** 11g

Vitamin D 0mcg 0%

Calcium 360mg 30%

Iron 0.6mg 4%

Potassium 440mg 10%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Sucralose, Carrageenan, Nonfat Milk Solids, Vanillin, Caramel Color, Vitamin A Palmitate. Strawberry Swirl: Maltitol Syrup, Strawberries, Water, Modified Corn Starch, Contains 2% or less of: Citric Acid, Natural Flavor, Potassium Sorbate and Sodium Benzoate (as preservatives), Sodium Citrate, Gellan Gum, Red 40, Sucralose (Artificial Sweetener), and Blue 1. Waffle Cone: Enriched Bleached Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Sugar, Vegetable Shortening (Partially Hydrogenated Soybean and Cottonseed Oils), Whole Egg, Artificial Flavor (Including Maltodextrin, Modified Cornstarch, Butter, Buttermilk), Dextrose, Soy Lecithin, Artificial Vanilla Flavor.  
CONTAINS: MILK, WHEAT, EGG, SOY.

# Nutrition Facts

1 servings per container  
**Serving size 11.1 oz (310g)**

**Amount per serving**  
**Calories 510**

**% Daily Value\***

<b>Total Fat</b>	3g	<b>4%</b>
Saturated Fat	1g	<b>5%</b>
<i>Trans</i> Fat	0g	
<b>Cholesterol</b>	10mg	<b>3%</b>
<b>Sodium</b>	210mg	<b>9%</b>
<b>Total Carbohydrate</b>	107g	<b>39%</b>
Dietary Fiber	1g	<b>4%</b>
Total Sugars	30g	
Includes 10g of Added Sugars		<b>20%</b>
<b>Protein</b>	14g	
Vitamin D	0mcg	<b>0%</b>
Calcium	480mg	<b>35%</b>
Iron	0.6mg	<b>4%</b>
Potassium	590mg	<b>15%</b>

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**CONTAINS: MILK, WHEAT, EGG, SOY.**