

# Nutrition Facts

1 servings per container  
**Serving size 2.7 oz (76g)**

**Amount per serving**  
**Calories 110**

**% Daily Value\***

<b>Total Fat</b>	0g	<b>0%</b>
Saturated Fat	0g	<b>0%</b>
<i>Trans</i> Fat	0g	
<b>Cholesterol</b>	0mg	<b>0%</b>
<b>Sodium</b>	280mg	<b>12%</b>
<b>Total Carbohydrate</b>	23g	<b>8%</b>
Dietary Fiber	0g	<b>0%</b>
Total Sugars	5g	
Includes 0g of Added Sugars		<b>0%</b>
<b>Protein</b>	4g	
Vitamin D	0mcg	<b>0%</b>
Calcium	120mg	<b>10%</b>
Iron	0.4mg	<b>2%</b>
Potassium	150mg	<b>4%</b>

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Sucralose, Carrageenan, Nonfat Milk Solids, Vanillin, Natural Caramel Flavor, Sea Salt, Caramel Color, Vitamin A Palmitate. Caramel Swirl: Maltitol Syrup, Nonfat Milk, Sorbitol, Cream (milk), Modified Cornstarch, Cellulose Gum, Natural and Artificial Flavors, Disodium Phosphate, Sodium Bicarbonate, Salt, Xanthan Gum, Potassium Sorbate (a preservative), Aspartame\*. Cake Cone: Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Tapioca Flour, Sugar, Vegetable Oil Shortening (Soybean and/or Canola Oil, Modified Palm Oil, Soy Lecithin, and/or Partially Hydrogenated Soybean Oil), Leavening (Sodium Bicarbonate, Ammonium Bicarbonate), Salt, Natural Flavor, Annatto (Vegetable Color).  
**\*PHENYLKETONURICS: CONTAINS PHENYLALANINE.**  
**CONTAINS: MILK, WHEAT, SOY.**

# Nutrition Facts

1 servings per container  
**Serving size 5.2 oz (146g)**

**Amount per serving**  
**Calories 190**

**% Daily Value\***

<b>Total Fat</b>	0g	<b>0%</b>
Saturated Fat	0g	<b>0%</b>
<i>Trans</i> Fat	0g	
<b>Cholesterol</b>	0mg	<b>0%</b>
<b>Sodium</b>	550mg	<b>24%</b>
<b>Total Carbohydrate</b>	40g	<b>15%</b>
Dietary Fiber	<1g	<b>4%</b>
Total Sugars	10g	
Includes 0g of Added Sugars		<b>0%</b>
<b>Protein</b>	7g	
Vitamin D	0mcg	<b>0%</b>
Calcium	250mg	<b>20%</b>
Iron	0.4mg	<b>2%</b>
Potassium	300mg	<b>6%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Sucralose, Carrageenan, Nonfat Milk Solids, Vanillin, Natural Caramel Flavor, Sea Salt, Caramel Color, Vitamin A Palmitate. Caramel Swirl: Maltitol Syrup, Nonfat Milk, Sorbitol, Cream (milk), Modified Cornstarch, Cellulose Gum, Natural and Artificial Flavors, Disodium Phosphate, Sodium Bicarbonate, Salt, Xanthan Gum, Potassium Sorbate (a preservative), Aspartame\*. Cake Cone: Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Tapioca Flour, Sugar, Vegetable Oil Shortening (Soybean and/or Canola Oil, Modified Palm Oil, Soy Lecithin, and/or Partially Hydrogenated Soybean Oil), Leavening (Sodium Bicarbonate, Ammonium Bicarbonate), Salt, Natural Flavor, Annatto (Vegetable Color).  
 \*PHENYLKETONURICS: CONTAINS PHENYLALANINE.  
 CONTAINS: MILK, WHEAT, SOY.

<b>Nutrition Facts</b>	
1 servings per container	
<b>Serving size</b>	<b>7.7 oz (216g)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>270</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0g	<b>0%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 820mg	<b>36%</b>
<b>Total Carbohydrate</b> 58g	<b>21%</b>
Dietary Fiber <1g	<b>4%</b>
Total Sugars 15g	
Includes 0g of Added Sugars	<b>0%</b>
<b>Protein</b> 10g	
Vitamin D 0mcg	<b>0%</b>
Calcium 370mg	<b>30%</b>
Iron 0.4mg	<b>2%</b>
Potassium 450mg	<b>10%</b>
<small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

**Ingredients:** Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Sucralose, Carrageenan, Nonfat Milk Solids, Vanillin, Natural Caramel Flavor, Sea Salt, Caramel Color, Vitamin A Palmitate. Caramel Swirl: Maltitol Syrup, Nonfat Milk, Sorbitol, Cream (milk), Modified Cornstarch, Cellulose Gum, Natural and Artificial Flavors, Disodium Phosphate, Sodium Bicarbonate, Salt, Xanthan Gum, Potassium Sorbate (a preservative), Aspartame\*. Cake Cone: Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Tapioca Flour, Sugar, Vegetable Oil Shortening (Soybean and/or Canola Oil, Modified Palm Oil, Soy Lecithin, and/or Partially Hydrogenated Soybean Oil), Leavening (Sodium Bicarbonate, Ammonium Bicarbonate), Salt, Natural Flavor, Annatto (Vegetable Color).  
 \*PHENYLKETONURICS: CONTAINS PHENYLALANINE.  
 CONTAINS: MILK, WHEAT, SOY.

# Nutrition Facts

1 servings per container  
**Serving size 10.2 oz (286g)**

**Amount per serving**  
**Calories 360**

**% Daily Value\***

<b>Total Fat</b>	0g	<b>0%</b>
Saturated Fat	0g	<b>0%</b>
<i>Trans</i> Fat	0g	
<b>Cholesterol</b>	0mg	<b>0%</b>
<b>Sodium</b>	1090mg	<b>47%</b>
<b>Total Carbohydrate</b>	76g	<b>28%</b>
Dietary Fiber	1g	<b>4%</b>
Total Sugars	20g	
Includes 0g of Added Sugars		<b>0%</b>
<b>Protein</b>	13g	
Vitamin D	0mcg	<b>0%</b>
Calcium	500mg	<b>40%</b>
Iron	0.4mg	<b>2%</b>
Potassium	590mg	<b>15%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Sucralose, Carrageenan, Nonfat Milk Solids, Vanillin, Natural Caramel Flavor, Sea Salt, Caramel Color, Vitamin A Palmitate. Caramel Swirl: Maltitol Syrup, Nonfat Milk, Sorbitol, Cream (milk), Modified Cornstarch, Cellulose Gum, Natural and Artificial Flavors, Disodium Phosphate, Sodium Bicarbonate, Salt, Xanthan Gum, Potassium Sorbate (a preservative), Aspartame\*. Cake Cone: Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Tapioca Flour, Sugar, Vegetable Oil Shortening (Soybean and/or Canola Oil, Modified Palm Oil, Soy Lecithin, and/or Partially Hydrogenated Soybean Oil), Leavening (Sodium Bicarbonate, Ammonium Bicarbonate), Salt, Natural Flavor, Annatto (Vegetable Color).  
 \*PHENYLKETONURICS: CONTAINS PHENYLALANINE.  
 CONTAINS: MILK, WHEAT, SOY.

<b>Nutrition Facts</b>	
1 servings per container	
<b>Serving size</b>	<b>2.5 oz (70g)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>80</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0g	<b>0%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 270mg	<b>12%</b>
<b>Total Carbohydrate</b> 18g	<b>7%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 5g	
Includes 0g of Added Sugars	<b>0%</b>
<b>Protein</b> 3g	
Vitamin D 0mcg	<b>0%</b>
Calcium 120mg	<b>10%</b>
Iron 0mg	<b>0%</b>
Potassium 150mg	<b>4%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Sucralose, Carrageenan, Nonfat Milk Solids, Vanillin, Natural Caramel Flavor, Sea Salt, Caramel Color, Vitamin A Palmitate. Caramel Swirl: Maltitol Syrup, Nonfat Milk, Sorbitol, Cream (milk), Modified Cornstarch, Cellulose Gum, Natural and Artificial Flavors, Disodium Phosphate, Sodium Bicarbonate, Salt, Xanthan Gum, Potassium Sorbate (a preservative), Aspartame\*.  
 \*PHENYLKETONURICS: CONTAINS PHENYLALANINE.  
 CONTAINS: MILK.

# Nutrition Facts

1 servings per container  
**Serving size** 5 oz (140g)

**Amount per serving**  
**Calories** 170

**% Daily Value\***

<b>Total Fat</b>	0g	<b>0%</b>
Saturated Fat	0g	<b>0%</b>
<i>Trans</i> Fat	0g	
<b>Cholesterol</b>	0mg	<b>0%</b>
<b>Sodium</b>	540mg	<b>23%</b>
<b>Total Carbohydrate</b>	35g	<b>13%</b>
Dietary Fiber	<1g	<b>4%</b>
Total Sugars	10g	
Includes 0g of Added Sugars		<b>0%</b>
<b>Protein</b>	6g	
Vitamin D	0mcg	<b>0%</b>
Calcium	250mg	<b>20%</b>
Iron	0mg	<b>0%</b>
Potassium	290mg	<b>6%</b>

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Sucralose, Carrageenan, Nonfat Milk Solids, Vanillin, Natural Caramel Flavor, Sea Salt, Caramel Color, Vitamin A Palmitate. Caramel Swirl: Maltitol Syrup, Nonfat Milk, Sorbitol, Cream (milk), Modified Cornstarch, Cellulose Gum, Natural and Artificial Flavors, Disodium Phosphate, Sodium Bicarbonate, Salt, Xanthan Gum, Potassium Sorbate (a preservative), Aspartame\*.  
 \*PHENYLKETONURICS: CONTAINS PHENYLALANINE.  
 CONTAINS: MILK.

# Nutrition Facts

1 servings per container  
**Serving size 7.5 oz (210g)**

**Amount per serving**  
**Calories 250**

**% Daily Value\***

<b>Total Fat</b>	0g	<b>0%</b>
Saturated Fat	0g	<b>0%</b>
<i>Trans</i> Fat	0g	
<b>Cholesterol</b>	0mg	<b>0%</b>
<b>Sodium</b>	810mg	<b>35%</b>
<b>Total Carbohydrate</b>	53g	<b>19%</b>
Dietary Fiber	<1g	<b>4%</b>
Total Sugars	15g	
Includes 0g of Added Sugars		<b>0%</b>
<b>Protein</b>	9g	
Vitamin D	0mcg	<b>0%</b>
Calcium	370mg	<b>30%</b>
Iron	0mg	<b>0%</b>
Potassium	440mg	<b>10%</b>

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Sucralose, Carrageenan, Nonfat Milk Solids, Vanillin, Natural Caramel Flavor, Sea Salt, Caramel Color, Vitamin A Palmitate. Caramel Swirl: Maltitol Syrup, Nonfat Milk, Sorbitol, Cream (milk), Modified Cornstarch, Cellulose Gum, Natural and Artificial Flavors, Disodium Phosphate, Sodium Bicarbonate, Salt, Xanthan Gum, Potassium Sorbate (a preservative), Aspartame\*.  
 \*PHENYLKETONURICS: CONTAINS PHENYLALANINE.  
 CONTAINS: MILK.

# Nutrition Facts

1 servings per container  
**Serving size 10 oz (280g)**

**Amount per serving**  
**Calories 340**

**% Daily Value\***

<b>Total Fat</b>	0g	<b>0%</b>
Saturated Fat	0g	<b>0%</b>
<i>Trans</i> Fat	0g	
<b>Cholesterol</b>	0mg	<b>0%</b>
<b>Sodium</b>	1080mg	<b>47%</b>
<b>Total Carbohydrate</b>	71g	<b>26%</b>
Dietary Fiber	1g	<b>4%</b>
Total Sugars	20g	
Includes 0g of Added Sugars		<b>0%</b>
<b>Protein</b>	13g	
Vitamin D	0mcg	<b>0%</b>
Calcium	500mg	<b>40%</b>
Iron	0mg	<b>0%</b>
Potassium	590mg	<b>15%</b>

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Sucralose, Carrageenan, Nonfat Milk Solids, Vanillin, Natural Caramel Flavor, Sea Salt, Caramel Color, Vitamin A Palmitate. Caramel Swirl: Maltitol Syrup, Nonfat Milk, Sorbitol, Cream (milk), Modified Cornstarch, Cellulose Gum, Natural and Artificial Flavors, Disodium Phosphate, Sodium Bicarbonate, Salt, Xanthan Gum, Potassium Sorbate (a preservative), Aspartame\*.  
 \*PHENYLKETONURICS: CONTAINS PHENYLALANINE.  
 CONTAINS: MILK.



<b>Nutrition Facts</b>	
1 servings per container	
<b>Serving size</b>	<b>3 oz (83g)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>140</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0g	<b>0%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 290mg	<b>13%</b>
<b>Total Carbohydrate</b> 30g	<b>11%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 8g	
Includes 3g of Added Sugars	<b>6%</b>
<b>Protein</b> 4g	
Vitamin D 0mcg	<b>0%</b>
Calcium 140mg	<b>10%</b>
Iron 0.4mg	<b>2%</b>
Potassium 170mg	<b>4%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Sucralose, Carrageenan, Nonfat Milk Solids, Vanillin, Natural Caramel Flavor, Sea Salt, Caramel Color, Vitamin A Palmitate. Caramel Swirl: Maltitol Syrup, Nonfat Milk, Sorbitol, Cream (milk), Modified Cornstarch, Cellulose Gum, Natural and Artificial Flavors, Disodium Phosphate, Sodium Bicarbonate, Salt, Xanthan Gum, Potassium Sorbate (a preservative), Aspartame\*. Sugar Cone: Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Tapioca Flour, Sugar, Vegetable Shortening (Soybean and/or Canola Oil, Modified Palm Oil, Soy Lecithin, and/or Partially Hydrogenated Soybean Oil), Oat Fiber and/or Vegetable Fiber, Salt, Caramel Color, Artificial Flavor, Soy Lecithin. \*PHENYLKETONURICS: CONTAINS PHENYLALANINE. CONTAINS: MILK, WHEAT, SOY.

# Nutrition Facts

1 servings per container  
**Serving size 5.5 oz (153g)**

**Amount per serving**  
**Calories 220**

**% Daily Value\***

<b>Total Fat</b>	0g	<b>0%</b>
Saturated Fat	0g	<b>0%</b>
<i>Trans</i> Fat	0g	
<b>Cholesterol</b>	0mg	<b>0%</b>
<b>Sodium</b>	560mg	<b>24%</b>
<b>Total Carbohydrate</b>	47g	<b>17%</b>
Dietary Fiber	<1g	<b>4%</b>
Total Sugars	13g	
Includes 3g of Added Sugars		<b>6%</b>
<b>Protein</b>	7g	
Vitamin D	0mcg	<b>0%</b>
Calcium	270mg	<b>20%</b>
Iron	0.4mg	<b>2%</b>
Potassium	310mg	<b>6%</b>

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Sucralose, Carrageenan, Nonfat Milk Solids, Vanillin, Natural Caramel Flavor, Sea Salt, Caramel Color, Vitamin A Palmitate. Caramel Swirl: Maltitol Syrup, Nonfat Milk, Sorbitol, Cream (milk), Modified Cornstarch, Cellulose Gum, Natural and Artificial Flavors, Disodium Phosphate, Sodium Bicarbonate, Salt, Xanthan Gum, Potassium Sorbate (a preservative), Aspartame\*. Sugar Cone: Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Tapioca Flour, Sugar, Vegetable Shortening (Soybean and/or Canola Oil, Modified Palm Oil, Soy Lecithin, and/or Partially Hydrogenated Soybean Oil), Oat Fiber and/or Vegetable Fiber, Salt, Caramel Color, Artificial Flavor, Soy Lecithin. \*PHENYLKETONURICS: CONTAINS PHENYLALANINE. CONTAINS: MILK, WHEAT, SOY.

# Nutrition Facts

1 servings per container  
**Serving size 8 oz (223g)**

**Amount per serving**  
**Calories 300**

**% Daily Value\***

<b>Total Fat</b>	0g	<b>0%</b>
Saturated Fat	0g	<b>0%</b>
<i>Trans</i> Fat	0g	
<b>Cholesterol</b>	0mg	<b>0%</b>
<b>Sodium</b>	830mg	<b>36%</b>
<b>Total Carbohydrate</b>	65g	<b>24%</b>
Dietary Fiber	<1g	<b>4%</b>
Total Sugars	18g	
Includes 3g of Added Sugars		<b>6%</b>
<b>Protein</b>	10g	
Vitamin D	0mcg	<b>0%</b>
Calcium	390mg	<b>30%</b>
Iron	0.4mg	<b>2%</b>
Potassium	460mg	<b>10%</b>

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Sucralose, Carrageenan, Nonfat Milk Solids, Vanillin, Natural Caramel Flavor, Sea Salt, Caramel Color, Vitamin A Palmitate. Caramel Swirl: Maltitol Syrup, Nonfat Milk, Sorbitol, Cream (milk), Modified Cornstarch, Cellulose Gum, Natural and Artificial Flavors, Disodium Phosphate, Sodium Bicarbonate, Salt, Xanthan Gum, Potassium Sorbate (a preservative), Aspartame\*. Sugar Cone: Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Tapioca Flour, Sugar, Vegetable Shortening (Soybean and/or Canola Oil, Modified Palm Oil, Soy Lecithin, and/or Partially Hydrogenated Soybean Oil), Oat Fiber and/or Vegetable Fiber, Salt, Caramel Color, Artificial Flavor, Soy Lecithin. \*PHENYLKETONURICS: CONTAINS PHENYLALANINE. CONTAINS: MILK, WHEAT, SOY.

# Nutrition Facts

1 servings per container

**Serving size** 10.5 oz (293g)

Amount per serving

**Calories** 390

% Daily Value\*

**Total Fat** 0g 0%

Saturated Fat 0g 0%

*Trans* Fat 0g

**Cholesterol** 0mg 0%

**Sodium** 1100mg 48%

**Total Carbohydrate** 83g 30%

Dietary Fiber 1g 4%

Total Sugars 23g

Includes 3g of Added Sugars 6%

**Protein** 13g

Vitamin D 0mcg 0%

Calcium 520mg 40%

Iron 0.4mg 2%

Potassium 610mg 15%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Sucralose, Carrageenan, Nonfat Milk Solids, Vanillin, Natural Caramel Flavor, Sea Salt, Caramel Color, Vitamin A Palmitate. Caramel Swirl: Maltitol Syrup, Nonfat Milk, Sorbitol, Cream (milk), Modified Cornstarch, Cellulose Gum, Natural and Artificial Flavors, Disodium Phosphate, Sodium Bicarbonate, Salt, Xanthan Gum, Potassium Sorbate (a preservative), Aspartame\*. Sugar Cone: Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Tapioca Flour, Sugar, Vegetable Shortening (Soybean and/or Canola Oil, Modified Palm Oil, Soy Lecithin, and/or Partially Hydrogenated Soybean Oil), Oat Fiber and/or Vegetable Fiber, Salt, Caramel Color, Artificial Flavor, Soy Lecithin. \*PHENYLKETONURICS: CONTAINS PHENYLALANINE. CONTAINS: MILK, WHEAT, SOY.

<b>Nutrition Facts</b>	
1 servings per container	
<b>Serving size</b>	<b>3.6 oz (100g)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>210</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 3g	<b>4%</b>
Saturated Fat 1g	<b>5%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 10mg	<b>3%</b>
<b>Sodium</b> 270mg	<b>12%</b>
<b>Total Carbohydrate</b> 41g	<b>15%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 15g	
Includes 10g of Added Sugars	<b>20%</b>
<b>Protein</b> 5g	
Vitamin D 0mcg	<b>0%</b>
Calcium 120mg	<b>10%</b>
Iron 0.6mg	<b>4%</b>
Potassium 150mg	<b>4%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Sucralose, Carrageenan, Nonfat Milk Solids, Vanillin, Natural Caramel Flavor, Sea Salt, Caramel Color, Vitamin A Palmitate. Caramel Swirl: Maltitol Syrup, Nonfat Milk, Sorbitol, Cream (milk), Modified Cornstarch, Cellulose Gum, Natural and Artificial Flavors, Disodium Phosphate, Sodium Bicarbonate, Salt, Xanthan Gum, Potassium Sorbate (a preservative), Aspartame\*. Waffle Cone: Enriched Bleached Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Sugar, Vegetable Shortening (Partially Hydrogenated Soybean and Cottonseed Oils), Whole Egg, Artificial Flavor (Including Maltodextrin, Modified Cornstarch, Butter, Buttermilk), Dextrose, Soy Lecithin, Artificial Vanilla Flavor.  
 \*PHENYLKETONURICS: CONTAINS PHENYLALANINE.  
 CONTAINS: MILK, WHEAT, EGG, SOY.

<b>Nutrition Facts</b>	
1 servings per container	
<b>Serving size</b>	<b>6.1 oz (170g)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>290</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 3g	<b>4%</b>
Saturated Fat 1g	<b>5%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 10mg	<b>3%</b>
<b>Sodium</b> 540mg	<b>23%</b>
<b>Total Carbohydrate</b> 58g	<b>21%</b>
Dietary Fiber <1g	<b>4%</b>
Total Sugars 20g	
Includes 10g of Added Sugars	<b>20%</b>
<b>Protein</b> 8g	
Vitamin D 0mcg	<b>0%</b>
Calcium 250mg	<b>20%</b>
Iron 0.6mg	<b>4%</b>
Potassium 290mg	<b>6%</b>
<small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

**Ingredients:** Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Sucralose, Carrageenan, Nonfat Milk Solids, Vanillin, Natural Caramel Flavor, Sea Salt, Caramel Color, Vitamin A Palmitate. Caramel Swirl: Maltitol Syrup, Nonfat Milk, Sorbitol, Cream (milk), Modified Cornstarch, Cellulose Gum, Natural and Artificial Flavors, Disodium Phosphate, Sodium Bicarbonate, Salt, Xanthan Gum, Potassium Sorbate (a preservative), Aspartame\*. Waffle Cone: Enriched Bleached Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Sugar, Vegetable Shortening (Partially Hydrogenated Soybean and Cottonseed Oils), Whole Egg, Artificial Flavor (Including Maltodextrin, Modified Cornstarch, Butter, Buttermilk), Dextrose, Soy Lecithin, Artificial Vanilla Flavor.  
 \*PHENYLKETONURICS: CONTAINS PHENYLALANINE.  
 CONTAINS: MILK, WHEAT, EGG, SOY.

# Nutrition Facts

1 servings per container  
**Serving size 8.6 oz (240g)**

**Amount per serving**  
**Calories 380**

**% Daily Value\***

<b>Total Fat</b>	3.5g	<b>4%</b>
Saturated Fat	1g	<b>5%</b>
<i>Trans</i> Fat	0g	
<b>Cholesterol</b>	10mg	<b>3%</b>
<b>Sodium</b>	810mg	<b>35%</b>
<b>Total Carbohydrate</b>	76g	<b>28%</b>
Dietary Fiber	<1g	<b>4%</b>
Total Sugars	25g	
Includes 10g of Added Sugars		<b>20%</b>
<b>Protein</b>	11g	
Vitamin D	0mcg	<b>0%</b>
Calcium	370mg	<b>30%</b>
Iron	0.6mg	<b>4%</b>
Potassium	440mg	<b>10%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Sucralose, Carrageenan, Nonfat Milk Solids, Vanillin, Natural Caramel Flavor, Sea Salt, Caramel Color, Vitamin A Palmitate. Caramel Swirl: Maltitol Syrup, Nonfat Milk, Sorbitol, Cream (milk), Modified Cornstarch, Cellulose Gum, Natural and Artificial Flavors, Disodium Phosphate, Sodium Bicarbonate, Salt, Xanthan Gum, Potassium Sorbate (a preservative), Aspartame\*. Waffle Cone: Enriched Bleached Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Sugar, Vegetable Shortening (Partially Hydrogenated Soybean and Cottonseed Oils), Whole Egg, Artificial Flavor (Including Maltodextrin, Modified Cornstarch, Butter, Buttermilk), Dextrose, Soy Lecithin, Artificial Vanilla Flavor.  
 \*PHENYLKETONURICS: CONTAINS PHENYLALANINE.  
 CONTAINS: MILK, WHEAT, EGG, SOY.

# Nutrition Facts

1 servings per container  
**Serving size 11.1 oz (310g)**

**Amount per serving**  
**Calories 460**

**% Daily Value\***

<b>Total Fat</b>	3.5g	<b>4%</b>
Saturated Fat	1g	<b>5%</b>
<i>Trans</i> Fat	0g	
<b>Cholesterol</b>	10mg	<b>3%</b>
<b>Sodium</b>	1080mg	<b>47%</b>
<b>Total Carbohydrate</b>	94g	<b>34%</b>
Dietary Fiber	1g	<b>4%</b>
Total Sugars	30g	
Includes 10g of Added Sugars		<b>20%</b>
<b>Protein</b>	14g	
Vitamin D	0mcg	<b>0%</b>
Calcium	500mg	<b>40%</b>
Iron	0.6mg	<b>4%</b>
Potassium	590mg	<b>15%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Sucralose, Carrageenan, Nonfat Milk Solids, Vanillin, Natural Caramel Flavor, Sea Salt, Caramel Color, Vitamin A Palmitate. Caramel Swirl: Maltitol Syrup, Nonfat Milk, Sorbitol, Cream (milk), Modified Cornstarch, Cellulose Gum, Natural and Artificial Flavors, Disodium Phosphate, Sodium Bicarbonate, Salt, Xanthan Gum, Potassium Sorbate (a preservative), Aspartame\*. Waffle Cone: Enriched Bleached Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Sugar, Vegetable Shortening (Partially Hydrogenated Soybean and Cottonseed Oils), Whole Egg, Artificial Flavor (Including Maltodextrin, Modified Cornstarch, Butter, Buttermilk), Dextrose, Soy Lecithin, Artificial Vanilla Flavor.  
 \*PHENYLKETONURICS: CONTAINS PHENYLALANINE.  
 CONTAINS: MILK, WHEAT, EGG, SOY.