

Nutrition Facts	
1 servings per container	
Serving size	2.7 oz (76g)
Amount per serving	
Calories	120
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 65mg	3%
Total Carbohydrate 27g	10%
Dietary Fiber 0g	0%
Total Sugars 6g	
Includes 0g of Added Sugars	0%
Protein 4g	
Vitamin D 0mcg	0%
Calcium 130mg	10%
Iron 0.6mg	4%
Potassium 190mg	4%
<small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

Ingredients: Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Sucralose, Carrageenan, Nonfat Milk Solids, Vanillin, Caramel Color, Natural and Artificial Flavor, Vitamin A Palmitate, Yellow 5, and Blue 1. Chocolate Fudge: Maltitol Syrup, Nonfat Milk, Glycerin, Cocoa Processed with Alkali, Modified Cornstarch, Potassium Sorbate (a preservative), Xanthan Gum, Artificial Flavor, and Aspartame*. Cake Cone: Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Tapioca Flour, Sugar, Vegetable Oil Shortening (Soybean and/or Canola Oil, Modified Palm Oil, Soy Lecithin, and/or Partially Hydrogenated Soybean Oil), Leavening (Sodium Bicarbonate, Ammonium Bicarbonate), Salt, Natural Flavor, Annatto (Vegetable Color).

*PHENYLKETONURICS: CONTAINS PHENYLALANINE.
CONTAINS: MILK, WHEAT, SOY.

Nutrition Facts

1 servings per container
Serving size 5.2 oz (146g)

Amount per serving
Calories 230

% Daily Value*

Total Fat	0g	0%
Saturated Fat	0g	0%
<i>Trans</i> Fat	0g	
Cholesterol	0mg	0%
Sodium	120mg	5%
Total Carbohydrate	48g	17%
Dietary Fiber	<1g	4%
Total Sugars	11g	
Includes 0g of Added Sugars		0%
Protein	8g	
Vitamin D	0mcg	0%
Calcium	270mg	20%
Iron	0.8mg	4%
Potassium	370mg	8%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Sucralose, Carrageenan, Nonfat Milk Solids, Vanillin, Caramel Color, Natural and Artificial Flavor, Vitamin A Palmitate, Yellow 5, and Blue 1. Chocolate Fudge: Maltitol Syrup, Nonfat Milk, Glycerin, Cocoa Processed with Alkali, Modified Cornstarch, Potassium Sorbate (a preservative), Xanthan Gum, Artificial Flavor, and Aspartame*. Cake Cone: Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Tapioca Flour, Sugar, Vegetable Oil Shortening (Soybean and/or Canola Oil, Modified Palm Oil, Soy Lecithin, and/or Partially Hydrogenated Soybean Oil), Leavening (Sodium Bicarbonate, Ammonium Bicarbonate), Salt, Natural Flavor, Annatto (Vegetable Color).

*PHENYLKETONURICS: CONTAINS PHENYLALANINE.
 CONTAINS: MILK, WHEAT, SOY.

Nutrition Facts	
1 servings per container	
Serving size	7.7 oz (216g)
Amount per serving	
Calories	330
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 180mg	8%
Total Carbohydrate 70g	25%
Dietary Fiber 1g	4%
Total Sugars 16g	
Includes 0g of Added Sugars	0%
Protein 11g	
Vitamin D 0mcg	0%
Calcium 410mg	30%
Iron 1mg	6%
Potassium 560mg	10%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Ingredients: Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Sucralose, Carrageenan, Nonfat Milk Solids, Vanillin, Caramel Color, Natural and Artificial Flavor, Vitamin A Palmitate, Yellow 5, and Blue 1. Chocolate Fudge: Maltitol Syrup, Nonfat Milk, Glycerin, Cocoa Processed with Alkali, Modified Cornstarch, Potassium Sorbate (a preservative), Xanthan Gum, Artificial Flavor, and Aspartame*. Cake Cone: Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Tapioca Flour, Sugar, Vegetable Oil Shortening (Soybean and/or Canola Oil, Modified Palm Oil, Soy Lecithin, and/or Partially Hydrogenated Soybean Oil), Leavening (Sodium Bicarbonate, Ammonium Bicarbonate), Salt, Natural Flavor, Annatto (Vegetable Color).

*PHENYLKETONURICS: CONTAINS PHENYLALANINE.
CONTAINS: MILK, WHEAT, SOY.

Nutrition Facts

1 servings per container
Serving size 10.2 oz (286g)

Amount per serving
Calories 430

% Daily Value*

Total Fat	0g	0%
Saturated Fat	0g	0%
<i>Trans</i> Fat	0g	
Cholesterol	0mg	0%
Sodium	230mg	10%
Total Carbohydrate	92g	33%
Dietary Fiber	2g	7%
Total Sugars	22g	
Includes 0g of Added Sugars		0%
Protein	15g	
Vitamin D	0mcg	0%
Calcium	540mg	40%
Iron	1mg	6%
Potassium	740mg	15%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Sucralose, Carrageenan, Nonfat Milk Solids, Vanillin, Caramel Color, Natural and Artificial Flavor, Vitamin A Palmitate, Yellow 5, and Blue 1. Chocolate Fudge: Maltitol Syrup, Nonfat Milk, Glycerin, Cocoa Processed with Alkali, Modified Cornstarch, Potassium Sorbate (a preservative), Xanthan Gum, Artificial Flavor, and Aspartame*. Cake Cone: Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Tapioca Flour, Sugar, Vegetable Oil Shortening (Soybean and/or Canola Oil, Modified Palm Oil, Soy Lecithin, and/or Partially Hydrogenated Soybean Oil), Leavening (Sodium Bicarbonate, Ammonium Bicarbonate), Salt, Natural Flavor, Annatto (Vegetable Color).

*PHENYLKETONURICS: CONTAINS PHENYLALANINE.
 CONTAINS: MILK, WHEAT, SOY.

Nutrition Facts

1 servings per container

Serving size 2.5 oz (70g)

Amount per serving

Calories 100

% Daily Value*

Total Fat 0g 0%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 55mg 2%

Total Carbohydrate 22g 8%

Dietary Fiber 0g 0%

Total Sugars 5g

Includes 0g of Added Sugars 0%

Protein 4g

Vitamin D 0mcg 0%

Calcium 130mg 10%

Iron 0mg 0%

Potassium 180mg 4%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Sucralose, Carrageenan, Nonfat Milk Solids, Vanillin, Caramel Color, Natural and Artificial Flavor, Vitamin A Palmitate, Yellow 5, and Blue 1. Chocolate Fudge: Maltitol Syrup, Nonfat Milk, Glycerin, Cocoa Processed with Alkali, Modified Cornstarch, Potassium Sorbate (a preservative), Xanthan Gum, Artificial Flavor, and Aspartame*. *PHENYLKETONURICS: CONTAINS PHENYLALANINE. CONTAINS: MILK.

Nutrition Facts	
1 servings per container	
Serving size	5 oz (140g)
Amount per serving	
Calories	200
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 110mg	5%
Total Carbohydrate 43g	16%
Dietary Fiber <1g	4%
Total Sugars 11g	
Includes 0g of Added Sugars	0%
Protein 7g	
Vitamin D 0mcg	0%
Calcium 270mg	20%
Iron 0.4mg	2%
Potassium 370mg	8%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Sucralose, Carrageenan, Nonfat Milk Solids, Vanillin, Caramel Color, Natural and Artificial Flavor, Vitamin A Palmitate, Yellow 5, and Blue 1. Chocolate Fudge: Maltitol Syrup, Nonfat Milk, Glycerin, Cocoa Processed with Alkali, Modified Cornstarch, Potassium Sorbate (a preservative), Xanthan Gum, Artificial Flavor, and Aspartame*. *PHENYLKETONURICS: CONTAINS PHENYLALANINE. CONTAINS: MILK.

Nutrition Facts

1 servings per container
Serving size 7.5 oz (210g)

Amount per serving
Calories 300

% Daily Value*

Total Fat	0g	0%
Saturated Fat	0g	0%
<i>Trans</i> Fat	0g	
Cholesterol	0mg	0%
Sodium	170mg	7%
Total Carbohydrate	65g	24%
Dietary Fiber	1g	4%
Total Sugars	16g	
Includes 0g of Added Sugars		0%
Protein	11g	
Vitamin D	0mcg	0%
Calcium	400mg	30%
Iron	0.7mg	4%
Potassium	550mg	10%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Sucralose, Carrageenan, Nonfat Milk Solids, Vanillin, Caramel Color, Natural and Artificial Flavor, Vitamin A Palmitate, Yellow 5, and Blue 1. Chocolate Fudge: Maltitol Syrup, Nonfat Milk, Glycerin, Cocoa Processed with Alkali, Modified Cornstarch, Potassium Sorbate (a preservative), Xanthan Gum, Artificial Flavor, and Aspartame*. *PHENYLKETONURICS: CONTAINS PHENYLALANINE. CONTAINS: MILK.

Nutrition Facts	
1 servings per container	
Serving size	10 oz (280g)
Amount per serving	
Calories	410
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 220mg	10%
Total Carbohydrate 87g	32%
Dietary Fiber 2g	7%
Total Sugars 22g	
Includes 0g of Added Sugars	0%
Protein 14g	
Vitamin D 0mcg	0%
Calcium 540mg	40%
Iron 0.9mg	6%
Potassium 730mg	15%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Sucralose, Carrageenan, Nonfat Milk Solids, Vanillin, Caramel Color, Natural and Artificial Flavor, Vitamin A Palmitate, Yellow 5, and Blue 1. Chocolate Fudge: Maltitol Syrup, Nonfat Milk, Glycerin, Cocoa Processed with Alkali, Modified Cornstarch, Potassium Sorbate (a preservative), Xanthan Gum, Artificial Flavor, and Aspartame*. *PHENYLKETONURICS: CONTAINS PHENYLALANINE. CONTAINS: MILK.

Nutrition Facts	
1 servings per container	
Serving size	3 oz (83g)
Amount per serving	
Calories	150
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 75mg	3%
Total Carbohydrate 34g	12%
Dietary Fiber 0g	0%
Total Sugars 8g	
Includes 3g of Added Sugars	6%
Protein 4g	
Vitamin D 0mcg	0%
Calcium 150mg	10%
Iron 0.6mg	4%
Potassium 200mg	4%
<small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

Ingredients: Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Sucralose, Carrageenan, Nonfat Milk Solids, Vanillin, Caramel Color, Natural and Artificial Flavor, Vitamin A Palmitate, Yellow 5, and Blue 1. Chocolate Fudge: Maltitol Syrup, Nonfat Milk, Glycerin, Cocoa Processed with Alkali, Modified Cornstarch, Potassium Sorbate (a preservative), Xanthan Gum, Artificial Flavor, and Aspartame*. Sugar Cone: Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Tapioca Flour, Sugar, Vegetable Shortening (Soybean and/or Canola Oil, Modified Palm Oil, Soy Lecithin, and/or Partially Hydrogenated Soybean Oil), Oat Fiber and/or Vegetable Fiber, Salt, Caramel Color, Artificial Flavor, Soy Lecithin. *PHENYLKETONURICS: CONTAINS PHENYLALANINE. CONTAINS: MILK, WHEAT, SOY.

Nutrition Facts	
1 servings per container	
Serving size	5.5 oz (153g)
Amount per serving	
Calories	250
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 130mg	6%
Total Carbohydrate 55g	20%
Dietary Fiber <1g	4%
Total Sugars 14g	
Includes 3g of Added Sugars	6%
Protein 8g	
Vitamin D 0mcg	0%
Calcium 290mg	20%
Iron 0.8mg	4%
Potassium 390mg	8%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Sucralose, Carrageenan, Nonfat Milk Solids, Vanillin, Caramel Color, Natural and Artificial Flavor, Vitamin A Palmitate, Yellow 5, and Blue 1. Chocolate Fudge: Maltitol Syrup, Nonfat Milk, Glycerin, Cocoa Processed with Alkali, Modified Cornstarch, Potassium Sorbate (a preservative), Xanthan Gum, Artificial Flavor, and Aspartame*. Sugar Cone: Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Tapioca Flour, Sugar, Vegetable Shortening (Soybean and/or Canola Oil, Modified Palm Oil, Soy Lecithin, and/or Partially Hydrogenated Soybean Oil), Oat Fiber and/or Vegetable Fiber, Salt, Caramel Color, Artificial Flavor, Soy Lecithin. *PHENYLKETONURICS: CONTAINS PHENYLALANINE. CONTAINS: MILK, WHEAT, SOY.

Nutrition Facts	
1 servings per container	
Serving size	8 oz (223g)
Amount per serving	
Calories	360
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 190mg	8%
Total Carbohydrate 77g	28%
Dietary Fiber 1g	4%
Total Sugars 19g	
Includes 3g of Added Sugars	6%
Protein 11g	
Vitamin D 0mcg	0%
Calcium 430mg	35%
Iron 1mg	6%
Potassium 570mg	10%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Sucralose, Carrageenan, Nonfat Milk Solids, Vanillin, Caramel Color, Natural and Artificial Flavor, Vitamin A Palmitate, Yellow 5, and Blue 1. Chocolate Fudge: Maltitol Syrup, Nonfat Milk, Glycerin, Cocoa Processed with Alkali, Modified Cornstarch, Potassium Sorbate (a preservative), Xanthan Gum, Artificial Flavor, and Aspartame*. Sugar Cone: Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Tapioca Flour, Sugar, Vegetable Shortening (Soybean and/or Canola Oil, Modified Palm Oil, Soy Lecithin, and/or Partially Hydrogenated Soybean Oil), Oat Fiber and/or Vegetable Fiber, Salt, Caramel Color, Artificial Flavor, Soy Lecithin. *PHENYLKETONURICS: CONTAINS PHENYLALANINE. CONTAINS: MILK, WHEAT, SOY.

Nutrition Facts	
1 servings per container	
Serving size	10.5 oz (293g)
Amount per serving	
Calories	460
% Daily Value*	
Total Fat 0.5g	1%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 240mg	10%
Total Carbohydrate 99g	36%
Dietary Fiber 2g	7%
Total Sugars 25g	
Includes 3g of Added Sugars	6%
Protein 15g	
Vitamin D 0mcg	0%
Calcium 560mg	45%
Iron 1mg	6%
Potassium 750mg	15%
<small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

Ingredients: Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Sucralose, Carrageenan, Nonfat Milk Solids, Vanillin, Caramel Color, Natural and Artificial Flavor, Vitamin A Palmitate, Yellow 5, and Blue 1. Chocolate Fudge: Maltitol Syrup, Nonfat Milk, Glycerin, Cocoa Processed with Alkali, Modified Cornstarch, Potassium Sorbate (a preservative), Xanthan Gum, Artificial Flavor, and Aspartame*. Sugar Cone: Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Tapioca Flour, Sugar, Vegetable Shortening (Soybean and/or Canola Oil, Modified Palm Oil, Soy Lecithin, and/or Partially Hydrogenated Soybean Oil), Oat Fiber and/or Vegetable Fiber, Salt, Caramel Color, Artificial Flavor, Soy Lecithin. *PHENYLKETONURICS: CONTAINS PHENYLALANINE. CONTAINS: MILK, WHEAT, SOY.

Nutrition Facts	
1 servings per container	
Serving size	3.6 oz (100g)
Amount per serving	
Calories	230
% Daily Value*	
Total Fat 3g	4%
Saturated Fat 1g	5%
<i>Trans</i> Fat 0g	
Cholesterol 10mg	3%
Sodium 55mg	2%
Total Carbohydrate 45g	16%
Dietary Fiber 0g	0%
Total Sugars 16g	
Includes 10g of Added Sugars	20%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 130mg	10%
Iron 0.8mg	4%
Potassium 180mg	4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Sucralose, Carrageenan, Nonfat Milk Solids, Vanillin, Caramel Color, Natural and Artificial Flavor, Vitamin A Palmitate, Yellow 5, and Blue 1. Chocolate Fudge: Maltitol Syrup, Nonfat Milk, Glycerin, Cocoa Processed with Alkali, Modified Cornstarch, Potassium Sorbate (a preservative), Xanthan Gum, Artificial Flavor, and Aspartame*. Waffle Cone: Enriched Bleached Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Sugar, Vegetable Shortening (Partially Hydrogenated Soybean and Cottonseed Oils), Whole Egg, Artificial Flavor (Including Maltodextrin, Modified Cornstarch, Butter, Buttermilk), Dextrose, Soy Lecithin, Artificial Vanilla Flavor. *PHENYLKETONURICS: CONTAINS PHENYLALANINE. CONTAINS: MILK, WHEAT, EGG, SOY.

Nutrition Facts

1 servings per container

Serving size 6.1 oz (170g)

Amount per serving
Calories **330**

% Daily Value*

Total Fat 3.5g **4%**

Saturated Fat 1g **5%**

Trans Fat 0g

Cholesterol 10mg **3%**

Sodium 110mg **5%**

Total Carbohydrate 66g **24%**

Dietary Fiber <1g **4%**

Total Sugars 21g

Includes 10g of Added Sugars **20%**

Protein 9g

Vitamin D 0mcg **0%**

Calcium 270mg **20%**

Iron 1mg **6%**

Potassium 370mg **8%**

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Sucralose, Carrageenan, Nonfat Milk Solids, Vanillin, Caramel Color, Natural and Artificial Flavor, Vitamin A Palmitate, Yellow 5, and Blue 1. Chocolate Fudge: Maltitol Syrup, Nonfat Milk, Glycerin, Cocoa Processed with Alkali, Modified Cornstarch, Potassium Sorbate (a preservative), Xanthan Gum, Artificial Flavor, and Aspartame*. Waffle Cone: Enriched Bleached Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Sugar, Vegetable Shortening (Partially Hydrogenated Soybean and Cottonseed Oils), Whole Egg, Artificial Flavor (Including Maltodextrin, Modified Cornstarch, Butter, Buttermilk), Dextrose, Soy Lecithin, Artificial Vanilla Flavor. *PHENYLKETONURICS: CONTAINS PHENYLALANINE. CONTAINS: MILK, WHEAT, EGG, SOY.

Nutrition Facts

1 servings per container
Serving size 8.6 oz (240g)

Amount per serving
Calories 430

% Daily Value*

Total Fat	3.5g	4%
Saturated Fat	1g	5%
<i>Trans</i> Fat	0g	
Cholesterol	10mg	3%
Sodium	170mg	7%
Total Carbohydrate	88g	32%
Dietary Fiber	1g	4%
Total Sugars	26g	
Includes 10g of Added Sugars		20%
Protein	12g	
Vitamin D	0mcg	0%
Calcium	410mg	30%
Iron	1mg	6%
Potassium	550mg	10%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Sucralose, Carrageenan, Nonfat Milk Solids, Vanillin, Caramel Color, Natural and Artificial Flavor, Vitamin A Palmitate, Yellow 5, and Blue 1. Chocolate Fudge: Maltitol Syrup, Nonfat Milk, Glycerin, Cocoa Processed with Alkali, Modified Cornstarch, Potassium Sorbate (a preservative), Xanthan Gum, Artificial Flavor, and Aspartame*. Waffle Cone: Enriched Bleached Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Sugar, Vegetable Shortening (Partially Hydrogenated Soybean and Cottonseed Oils), Whole Egg, Artificial Flavor (Including Maltodextrin, Modified Cornstarch, Butter, Buttermilk), Dextrose, Soy Lecithin, Artificial Vanilla Flavor. *PHENYLKETONURICS: CONTAINS PHENYLALANINE. CONTAINS: MILK, WHEAT, EGG, SOY.

Nutrition Facts	
1 servings per container	
Serving size	11.1 oz (310g)
Amount per serving	
Calories	530
% Daily Value*	
Total Fat 3.5g	4%
Saturated Fat 1g	5%
<i>Trans</i> Fat 0g	
Cholesterol 10mg	3%
Sodium 220mg	10%
Total Carbohydrate 109g	40%
Dietary Fiber 2g	7%
Total Sugars 32g	
Includes 10g of Added Sugars	20%
Protein 16g	
Vitamin D 0mcg	0%
Calcium 540mg	40%
Iron 1.4mg	8%
Potassium 730mg	15%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Sucralose, Carrageenan, Nonfat Milk Solids, Vanillin, Caramel Color, Natural and Artificial Flavor, Vitamin A Palmitate, Yellow 5, and Blue 1. Chocolate Fudge: Maltitol Syrup, Nonfat Milk, Glycerin, Cocoa Processed with Alkali, Modified Cornstarch, Potassium Sorbate (a preservative), Xanthan Gum, Artificial Flavor, and Aspartame*. Waffle Cone: Enriched Bleached Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Sugar, Vegetable Shortening (Partially Hydrogenated Soybean and Cottonseed Oils), Whole Egg, Artificial Flavor (Including Maltodextrin, Modified Cornstarch, Butter, Buttermilk), Dextrose, Soy Lecithin, Artificial Vanilla Flavor. *PHENYLKETONURICS: CONTAINS PHENYLALANINE. CONTAINS: MILK, WHEAT, EGG, SOY.