

Brusters Mint Oreo Ice Cream, Dish Regular

Nutrition Facts

Serving Size (140g)

Servings Per Container 1

Amount Per Serving

Calories 350 **Calories from Fat** 160

% Daily Value*

Total Fat 18g **28%**

 Saturated Fat 10g **48%**

Trans Fat 0g

Cholesterol 45mg **14%**

Sodium 150mg **6%**

Total Carbohydrate 42g **14%**

 Dietary Fiber <1g **2%**

 Sugars 30g

Protein 4g

Vitamin A 10% • Vitamin C 2%

Calcium 15% • Iron 10%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories:	2,000	2,500
Total Fat	Less than	65g	80g	
Saturated Fat	Less than	20g	25g	
Cholesterol	Less than	300mg	300mg	
Sodium	Less than	2,400mg	2,400mg	
Total Carbohydrate		300g	375g	
Dietary Fiber		25g	30g	

Ingredients: MILK, CREAM, SUGAR, CORN SYRUP, NONFAT MILK SOLIDS, SWEET WHEY, MONO & DIGLYCERIDES, GUAR GUM, LOCUST BEAN GUM, POLYSORBATE 80, CARRAGEENAN, VANILLA, VANILLIN, NATURAL FLAVOR, CARAMEL COLOR, YELLOW 5, BLUE 1. OREO COOKIE PIECES: SUGAR, ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), HIGH OLEIC CANOLA OIL AND/OR PALM OIL AND/OR CANOLA OIL AND/OR SOYBEAN OIL, COCOA (PROCESSED WITH ALKALI), HIGH FRUCTOSE CORN SYRUP, CORNSTARCH, LEAVENING (SODIUM BICARBONATE AND/OR CALCIUM PHOSPHATE), SALT, SOY LECITHIN, VANILLIN, CHOCOLATE.

CONTAINS: MILK, WHEAT, SOY.

Nutrition Facts

Serving Size (210g)

Servings Per Container 1

Amount Per Serving

Calories 520 Calories from Fat 240

% Daily Value*

Total Fat 27g 42%

 Saturated Fat 14g 72%

 Trans Fat 0g

Cholesterol 65mg 22%

Sodium 230mg 10%

Total Carbohydrate 62g 21%

 Dietary Fiber <1g 3%

 Sugars 45g

Protein 7g

Vitamin A 15% • Vitamin C 4%

Calcium 20% • Iron 20%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Ingredients: MILK, CREAM, SUGAR, CORN SYRUP, NONFAT MILK SOLIDS, SWEET WHEY, MONO & DIGLYCERIDES, GUAR GUM, LOCUST BEAN GUM, POLYSORBATE 80, CARRAGEENAN, VANILLA, VANILLIN, NATURAL FLAVOR, CARAMEL COLOR, YELLOW 5, BLUE 1. OREO COOKIE PIECES: SUGAR, ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), HIGH OLEIC CANOLA OIL AND/OR PALM OIL AND/OR CANOLA OIL AND/OR SOYBEAN OIL, COCOA (PROCESSED WITH ALKALI), HIGH FRUCTOSE CORN SYRUP, CORNSTARCH, LEAVENING (SODIUM BICARBONATE AND/OR CALCIUM PHOSPHATE), SALT, SOY LECITHIN, VANILLIN, CHOCOLATE.
CONTAINS: MILK, WHEAT, SOY.

Nutrition Facts	
Serving Size (280g)	
Servings Per Container 1	
Amount Per Serving	
Calories 690	Calories from Fat 320
% Daily Value*	
Total Fat 36g	56%
Saturated Fat 19g	96%
Trans Fat 0g	
Cholesterol 85mg	29%
Sodium 310mg	13%
Total Carbohydrate 83g	28%
Dietary Fiber 1g	4%
Sugars 60g	
Protein 9g	
Vitamin A 20%	• Vitamin C 4%
Calcium 25%	• Iron 25%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g

Ingredients: MILK, CREAM, SUGAR, CORN SYRUP, NONFAT MILK SOLIDS, SWEET WHEY, MONO & DIGLYCERIDES, GUAR GUM, LOCUST BEAN GUM, POLYSORBATE 80, CARRAGEENAN, VANILLA, VANILLIN, NATURAL FLAVOR, CARAMEL COLOR, YELLOW 5, BLUE 1. OREO COOKIE PIECES: SUGAR, ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), HIGH OLEIC CANOLA OIL AND/OR PALM OIL AND/OR CANOLA OIL AND/OR SOYBEAN OIL, COCOA (PROCESSED WITH ALKALI), HIGH FRUCTOSE CORN SYRUP, CORNSTARCH, LEAVENING (SODIUM BICARBONATE AND/OR CALCIUM PHOSPHATE), SALT, SOY LECITHIN, VANILLIN, CHOCOLATE.

CONTAINS: MILK, WHEAT, SOY.

Nutrition Facts

Serving Size (153g)

Servings Per Container 1

Amount Per Serving

Calories 400 Calories from Fat 160

% Daily Value*

Total Fat 18g 28%

 Saturated Fat 10g 48%

 Trans Fat 0g

Cholesterol 45mg 14%

Sodium 170mg 7%

Total Carbohydrate 54g 18%

 Dietary Fiber <1g 2%

 Sugars 33g

Protein 5g

Vitamin A 10% • Vitamin C 2%

Calcium 15% • Iron 15%

* Percent Daily Values are based on a 2,000 calorie diet.

Ingredients MILK, CREAM, SUGAR, CORN SYRUP, NONFAT MILK SOLIDS, SWEET WHEY, MONO & DIGLYCERIDES, GUAR GUM, LOCUST BEAN GUM, POLYSORBATE 80, CARRAGEENAN, VANILLA, VANILLIN, NATURAL FLAVOR, CARAMEL COLOR, YELLOW 5, BLUE 1. OREO COOKIE PIECES: SUGAR, ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), HIGH OLEIC CANOLA OIL AND/OR PALM OIL AND/OR CANOLA OIL AND/OR SOYBEAN OIL, COCOA (PROCESSED WITH ALKALI), HIGH FRUCTOSE CORN SYRUP, CORNSTARCH, LEAVENING (SODIUM BICARBONATE AND/OR CALCIUM PHOSPHATE), SALT, SOY LECITHIN, VANILLIN, CHOCOLATE. SUGAR CONE: ENRICHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), TAPIOCA FLOUR, SUGAR, VEGETABLE SHORTENING (SOYBEAN AND/OR CANOLA OIL, MODIFIED PALM OIL, SOY LECITHIN, AND/OR PARTIALLY HYDROGENATED SOYBEAN OIL), OAT FIBER AND/OR VEGETABLE FIBER, SALT, CARAMEL COLOR, ARTIFICIAL FLAVOR, SOY LECITHIN.
CONTAINS: MILK, WHEAT, SOY.

Nutrition Facts

Serving Size (223g)

Servings Per Container 1



Amount Per Serving

Calories 570 Calories from Fat 250



% Daily Value*

Total Fat 27g 42%

 Saturated Fat 14g 72%

 Trans Fat 0g

Cholesterol 65mg 22%

Sodium 250mg 10%

Total Carbohydrate 74g 25%

 Dietary Fiber <1g 3%

 Sugars 48g

Protein 7g



Vitamin A 15% • Vitamin C 4%

Calcium 20% • Iron 20%

* Percent Daily Values are based on a 2,000 calorie diet.

Ingredients: MILK, CREAM, SUGAR, CORN SYRUP, NONFAT MILK SOLIDS, SWEET WHEY, MONO & DIGLYCERIDES, GUAR GUM, LOCUST BEAN GUM, POLYSORBATE 80, CARRAGEENAN, VANILLA, VANILLIN, NATURAL FLAVOR, CARAMEL COLOR, YELLOW 5, BLUE 1. OREO COOKIE PIECES: SUGAR, ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), HIGH OLEIC CANOLA OIL AND/OR PALM OIL AND/OR CANOLA OIL AND/OR SOYBEAN OIL, COCOA (PROCESSED WITH ALKALI), HIGH FRUCTOSE CORN SYRUP, CORNSTARCH, LEAVENING (SODIUM BICARBONATE AND/OR CALCIUM PHOSPHATE), SALT, SOY LECITHIN, VANILLIN, CHOCOLATE. SUGAR CONE: ENRICHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), TAPIOCA FLOUR, SUGAR, VEGETABLE SHORTENING (SOYBEAN AND/OR CANOLA OIL, MODIFIED PALM OIL, SOY LECITHIN, AND/OR PARTIALLY HYDROGENATED SOYBEAN OIL), OAT FIBER AND/OR VEGETABLE FIBER, SALT, CARAMEL COLOR, ARTIFICIAL FLAVOR, SOY LECITHIN.

CONTAINS: MILK, WHEAT, SOY.

Nutrition Facts	
Serving Size (293g)	
Servings Per Container 1	
Amount Per Serving	
Calories 750	Calories from Fat 330
% Daily Value*	
Total Fat 36g	56%
Saturated Fat 19g	96%
Trans Fat 0g	
Cholesterol 85mg	29%
Sodium 330mg	14%
Total Carbohydrate 95g	32%
Dietary Fiber 1g	4%
Sugars 63g	
Protein 9g	
Vitamin A 20%	• Vitamin C 4%
Calcium 30%	• Iron 25%
* Percent Daily Values are based on a 2,000 calorie diet.	

Ingredients: MILK, CREAM, SUGAR, CORN SYRUP, NONFAT MILK SOLIDS, SWEET WHEY, MONO & DIGLYCERIDES, GUAR GUM, LOCUST BEAN GUM, POLYSORBATE 80, CARRAGEENAN, VANILLA, VANILLIN, NATURAL FLAVOR, CARAMEL COLOR, YELLOW 5, BLUE 1. OREO COOKIE PIECES: SUGAR, ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), HIGH OLEIC CANOLA OIL AND/OR PALM OIL AND/OR CANOLA OIL AND/OR SOYBEAN OIL, COCOA (PROCESSED WITH ALKALI), HIGH FRUCTOSE CORN SYRUP, CORNSTARCH, LEAVENING (SODIUM BICARBONATE AND/OR CALCIUM PHOSPHATE), SALT, SOY LECITHIN, VANILLIN, CHOCOLATE. SUGAR CONE: ENRICHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), TAPIOCA FLOUR, SUGAR, VEGETABLE SHORTENING (SOYBEAN AND/OR CANOLA OIL, MODIFIED PALM OIL, SOY LECITHIN, AND/OR PARTIALLY HYDROGENATED SOYBEAN OIL), OAT FIBER AND/OR VEGETABLE FIBER, SALT, CARAMEL COLOR, ARTIFICIAL FLAVOR, SOY LECITHIN.
CONTAINS: MILK, WHEAT, SOY.

Nutrition Facts

Serving Size (146g)

Servings Per Container 1



Amount Per Serving

Calories 370 Calories from Fat 160



% Daily Value*

Total Fat 18g 28%

 Saturated Fat 10g 48%

 Trans Fat 0g

Cholesterol 45mg 14%

Sodium 160mg 7%

Total Carbohydrate 47g 16%

 Dietary Fiber <1g 2%

 Sugars 30g

Protein 5g

Vitamin A 10% • Vitamin C 2%

Calcium 15% • Iron 15%

* Percent Daily Values are based on a 2,000 calorie diet.

Ingredients: MILK, CREAM, SUGAR, CORN SYRUP, NONFAT MILK SOLIDS, SWEET WHEY, MONO & DIGLYCERIDES, GUAR GUM, LOCUST BEAN GUM, POLYSORBATE 80, CARRAGEENAN, VANILLA, VANILLIN, NATURAL FLAVOR, CARAMEL COLOR, YELLOW 5, BLUE 1. OREO COOKIE PIECES: SUGAR, ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), HIGH OLEIC CANOLA OIL AND/OR PALM OIL AND/OR CANOLA OIL AND/OR SOYBEAN OIL, COCOA (PROCESSED WITH ALKALI), HIGH FRUCTOSE CORN SYRUP, CORNSTARCH, LEAVENING (SODIUM BICARBONATE AND/OR CALCIUM PHOSPHATE), SALT, SOY LECITHIN, VANILLIN, CHOCOLATE. CAKE CONE: ENRICHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), TAPIOCA FLOUR, SUGAR, VEGETABLE OIL SHORTENING (SOYBEAN AND/OR CANOLA OIL, MODIFIED PALM OIL, SOY LECITHIN, AND/OR PARTIALLY HYDROGENATED SOYBEAN OIL), LEAVENING (SODIUM BICARBONATE, AMMONIUM BICARBONATE), SALT, NATURAL FLAVOR, ANNATTO (VEGETABLE COLOR).
CONTAINS: MILK, WHEAT, SOY.

Nutrition Facts

Serving Size (216g)
Servings Per Container 1

Amount Per Serving

Calories 540 Calories from Fat 240

% Daily Value*

Total Fat 27g 42%

 Saturated Fat 14g 72%

 Trans Fat 0g

Cholesterol 65mg 22%

Sodium 240mg 10%

Total Carbohydrate 67g 22%

 Dietary Fiber <1g 3%

 Sugars 45g

Protein 7g

Vitamin A 15% • Vitamin C 4%

Calcium 20% • Iron 20%

* Percent Daily Values are based on a 2,000 calorie diet.

IngredientsMILK, CREAM, SUGAR, CORN SYRUP, NONFAT MILK SOLIDS, SWEET WHEY, MONO & DIGLYCERIDES, GUAR GUM, LOCUST BEAN GUM, POLYSORBATE 80, CARRAGEENAN, VANILLA, VANILLIN, NATURAL FLAVOR, CAMEL COLOR, YELLOW 5, BLUE 1. OREO COOKIE PIECES: SUGAR, ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), HIGH OLEIC CANOLA OIL AND/OR PALM OIL AND/OR CANOLA OIL AND/OR SOYBEAN OIL, COCOA (PROCESSED WITH ALKALI), HIGH FRUCTOSE CORN SYRUP, CORNSTARCH, LEAVENING (SODIUM BICARBONATE AND/OR CALCIUM PHOSPHATE), SALT, SOY LECITHIN, VANILLIN, CHOCOLATE. CAKE CONE: ENRICHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), TAPIOCA FLOUR, SUGAR, VEGETABLE OIL SHORTENING (SOYBEAN AND/OR CANOLA OIL, MODIFIED PALM OIL, SOY LECITHIN, AND/OR PARTIALLY HYDROGENATED SOYBEAN OIL), LEAVENING (SODIUM BICARBONATE, AMMONIUM BICARBONATE), SALT, NATURAL FLAVOR, ANNATTO (VEGETABLE COLOR).
CONTAINS: MILK, WHEAT, SOY.

Nutrition Facts	
Serving Size (286g)	
Servings Per Container 1	
Amount Per Serving	
Calories 720	Calories from Fat 330
% Daily Value*	
Total Fat 36g	56%
Saturated Fat 19g	96%
Trans Fat 0g	
Cholesterol 85mg	29%
Sodium 320mg	13%
Total Carbohydrate 88g	29%
Dietary Fiber 1g	4%
Sugars 60g	
Protein 9g	
Vitamin A 20%	• Vitamin C 4%
Calcium 25%	• Iron 25%
* Percent Daily Values are based on a 2,000 calorie diet.	

Ingredients: MILK, CREAM, SUGAR, CORN SYRUP, NONFAT MILK SOLIDS, SWEET WHEY, MONO & DIGLYCERIDES, GUAR GUM, LOCUST BEAN GUM, POLYSORBATE 80, CARRAGEENAN, VANILLA, VANILLIN, NATURAL FLAVOR, CARAMEL COLOR, YELLOW 5, BLUE 1. OREO COOKIE PIECES: SUGAR, ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), HIGH OLEIC CANOLA OIL AND/OR PALM OIL AND/OR CANOLA OIL AND/OR SOYBEAN OIL, COCOA (PROCESSED WITH ALKALI), HIGH FRUCTOSE CORN SYRUP, CORNSTARCH, LEAVENING (SODIUM BICARBONATE AND/OR CALCIUM PHOSPHATE), SALT, SOY LECITHIN, VANILLIN, CHOCOLATE. CAKE CONE: ENRICHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), TAPIOCA FLOUR, SUGAR, VEGETABLE OIL SHORTENING (SOYBEAN AND/OR CANOLA OIL, MODIFIED PALM OIL, SOY LECITHIN, AND/OR PARTIALLY HYDROGENATED SOYBEAN OIL), LEAVENING (SODIUM BICARBONATE, AMMONIUM BICARBONATE), SALT, NATURAL FLAVOR, ANNATTO (VEGETABLE COLOR).
CONTAINS: MILK, WHEAT, SOY.

Nutrition Facts	
Serving Size (170g)	
Servings Per Container 1	
Amount Per Serving	
Calories 470	Calories from Fat 190
% Daily Value*	
Total Fat 21g	33%
Saturated Fat 10g	52%
Trans Fat 0g	
Cholesterol 50mg	17%
Sodium 150mg	6%
Total Carbohydrate 64g	21%
Dietary Fiber <1g	2%
Sugars 40g	
Protein 6g	
Vitamin A 10%	• Vitamin C 2%
Calcium 15%	• Iron 15%

* Percent Daily Values are based on a 2,000 calorie diet.

Ingredients: MILK, CREAM, SUGAR, CORN SYRUP, NONFAT MILK SOLIDS, SWEET WHEY, MONO & DIGLYCERIDES, GUAR GUM, LOCUST BEAN GUM, POLYSORBATE 80, CARRAGEENAN, VANILLA, VANILLIN, NATURAL FLAVOR, CARAMEL COLOR, YELLOW 5, BLUE 1. OREO COOKIE PIECES: SUGAR, ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), HIGH OLEIC CANOLA OIL AND/OR PALM OIL AND/OR CANOLA OIL AND/OR SOYBEAN OIL, COCOA (PROCESSED WITH ALKALI), HIGH FRUCTOSE CORN SYRUP, CORNSTARCH, LEAVENING (SODIUM BICARBONATE AND/OR CALCIUM PHOSPHATE), SALT, SOY LECITHIN, VANILLIN, CHOCOLATE. WAFFLE CONE: ENRICHED BLEACHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, VEGETABLE SHORTENING (PARTIALLY HYDROGENATED SOYBEAN AND COTTONSEED OILS), WHOLE EGG, ARTIFICIAL FLAVOR (INCLUDING MALTODEXTRIN, MODIFIED CORNSTARCH, BUTTER, BUTTERMILK), DEXTROSE, SOY LECITHIN, ARTIFICIAL VANILLA FLAVOR.
CONTAINS: MILK, WHEAT, SOY, EGG.

Nutrition Facts	
Serving Size (240g)	
Servings Per Container 1	
Amount Per Serving	
Calories 650	Calories from Fat 270
% Daily Value*	
Total Fat 30g	47%
Saturated Fat 15g	76%
Trans Fat 0g	
Cholesterol 75mg	24%
Sodium 230mg	10%
Total Carbohydrate 85g	28%
Dietary Fiber <1g	3%
Sugars 55g	
Protein 8g	
Vitamin A 15%	• Vitamin C 4%
Calcium 20%	• Iron 20%

* Percent Daily Values are based on a 2,000 calorie diet.

Ingredients: MILK, CREAM, SUGAR, CORN SYRUP, NONFAT MILK SOLIDS, SWEET WHEY, MONO & DIGLYCERIDES, GUAR GUM, LOCUST BEAN GUM, POLYSORBATE 80, CARRAGEENAN, VANILLA, VANILLIN, NATURAL FLAVOR, CARAMEL COLOR, YELLOW 5, BLUE 1. OREO COOKIE PIECES: SUGAR, ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), HIGH OLEIC CANOLA OIL AND/OR PALM OIL AND/OR CANOLA OIL AND/OR SOYBEAN OIL, COCOA (PROCESSED WITH ALKALI), HIGH FRUCTOSE CORN SYRUP, CORNSTARCH, LEAVENING (SODIUM BICARBONATE AND/OR CALCIUM PHOSPHATE), SALT, SOY LECITHIN, VANILLIN, CHOCOLATE. WAFFLE CONE: ENRICHED BLEACHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, VEGETABLE SHORTENING (PARTIALLY HYDROGENATED SOYBEAN AND COTTONSEED OILS), WHOLE EGG, ARTIFICIAL FLAVOR (INCLUDING MALTODEXTRIN, MODIFIED CORNSTARCH, BUTTER, BUTTERMILK), DEXTROSE, SOY LECITHIN, ARTIFICIAL VANILLA FLAVOR.

CONTAINS: MILK, WHEAT, SOY, EGG.

Nutrition Facts	
Serving Size (310g)	
Servings Per Container 1	
Amount Per Serving	
Calories 820	Calories from Fat 350
% Daily Value*	
Total Fat 39g	60%
Saturated Fat 20g	99%
Trans Fat 0g	
Cholesterol 95mg	31%
Sodium 310mg	13%
Total Carbohydrate 106g	35%
Dietary Fiber 1g	4%
Sugars 70g	
Protein 10g	
Vitamin A 20%	• Vitamin C 4%
Calcium 25%	• Iron 30%

* Percent Daily Values are based on a 2,000 calorie diet.

Ingredients: MILK, CREAM, SUGAR, CORN SYRUP, NONFAT MILK SOLIDS, SWEET WHEY, MONO & DIGLYCERIDES, GUAR GUM, LOCUST BEAN GUM, POLYSORBATE 80, CARRAGEENAN, VANILLA, VANILLIN, NATURAL FLAVOR, CARAMEL COLOR, YELLOW 5, BLUE 1. OREO COOKIE PIECES: SUGAR, ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), HIGH OLEIC CANOLA OIL AND/OR PALM OIL AND/OR CANOLA OIL AND/OR SOYBEAN OIL, COCOA (PROCESSED WITH ALKALI), HIGH FRUCTOSE CORN SYRUP, CORNSTARCH, LEAVENING (SODIUM BICARBONATE AND/OR CALCIUM PHOSPHATE), SALT, SOY LECITHIN, VANILLIN, CHOCOLATE. WAFFLE CONE: ENRICHED BLEACHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, VEGETABLE SHORTENING (PARTIALLY HYDROGENATED SOYBEAN AND COTTONSEED OILS), WHOLE EGG, ARTIFICIAL FLAVOR (INCLUDING MALTODEXTRIN, MODIFIED CORNSTARCH, BUTTER, BUTTERMILK), DEXTROSE, SOY LECITHIN, ARTIFICIAL VANILLA FLAVOR.

CONTAINS: MILK, WHEAT, SOY, EGG.