

Nutrition Facts	
Serving size	70g
Amount per serving	
Calories	130
% Daily Value*	
Total Fat 5g	6%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 30mg	1%
Total Carbohydrate 19g	7%
Dietary Fiber 0g	0%
Total Sugars 12g	
Includes 12g Added Sugars	24%
Protein <1g	
Vitamin D 0mcg	0%
Calcium 10mg	0%
Iron 0.2mg	0%
Potassium 50mg	0%
<small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

Ingredients: OATMILK (WATER, OATS), LIQUID SUGAR (SUGAR, WATER), DRIED GLUCOSE SYRUP, RAPESEED OIL, DEXTROSE, PEA PROTEIN, NATURAL FLAVOR, MONO AND DIGLYCERIDES OF FATTY ACIDS, SEA SALT, GUAR GUM, GELLAN GUM, POTASSIUM PHOSPHATE, LOCUST BEAN GUM, MANGO BASE (MANGO, SUGAR, WATER, PASSION FRUIT JUICE CONCENTRATE, LEMON JUICE CONCENTRATE, NATURAL FLAVOR, ANNATO [COLOR], TURMERIC [COLOR]), CITRIC ACID (WATER, CITRIC ACID).

Nutrition Facts	
Serving size	140g
Amount per serving	
Calories	260
% Daily Value*	
Total Fat 11g	14%
Saturated Fat 1g	5%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 55mg	2%
Total Carbohydrate 38g	14%
Dietary Fiber 0g	0%
Total Sugars 25g	
Includes 25g Added Sugars	50%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 10mg	0%
Iron 0.4mg	2%
Potassium 90mg	0%
<small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

Ingredients: OATMILK (WATER, OATS), LIQUID SUGAR (SUGAR, WATER), DRIED GLUCOSE SYRUP, RAPESEED OIL, DEXTROSE, PEA PROTEIN, NATURAL FLAVOR, MONO AND DIGLYCERIDES OF FATTY ACIDS, SEA SALT, GUAR GUM, GELLAN GUM, POTASSIUM PHOSPHATE, LOCUST BEAN GUM, MANGO BASE (MANGO, SUGAR, WATER, PASSION FRUIT JUICE CONCENTRATE, LEMON JUICE CONCENTRATE, NATURAL FLAVOR, ANNATO [COLOR], TURMERIC [COLOR]), CITRIC ACID (WATER, CITRIC ACID).

Nutrition Facts	
Serving size	210g
Amount per serving	
Calories	390
% Daily Value*	
Total Fat 16g	21%
Saturated Fat 1.5g	8%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 85mg	4%
Total Carbohydrate 57g	21%
Dietary Fiber 0g	0%
Total Sugars 37g	
Includes 37g Added Sugars	74%
Protein 3g	
Vitamin D 0mcg	0%
Calcium 20mg	0%
Iron 0.6mg	4%
Potassium 140mg	2%
<small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

Ingredients: OATMILK (WATER, OATS), LIQUID SUGAR (SUGAR, WATER), DRIED GLUCOSE SYRUP, RAPESEED OIL, DEXTROSE, PEA PROTEIN, NATURAL FLAVOR, MONO AND DIGLYCERIDES OF FATTY ACIDS, SEA SALT, GUAR GUM, GELLAN GUM, POTASSIUM PHOSPHATE, LOCUST BEAN GUM, MANGO BASE (MANGO, SUGAR, WATER, PASSION FRUIT JUICE CONCENTRATE, LEMON JUICE CONCENTRATE, NATURAL FLAVOR, ANNATO [COLOR], TURMERIC [COLOR]), CITRIC ACID (WATER, CITRIC ACID).

Nutrition Facts	
Serving size	280g
Amount per serving	
Calories	520
% Daily Value*	
Total Fat 22g	28%
Saturated Fat 2g	10%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 115mg	5%
Total Carbohydrate 76g	28%
Dietary Fiber 0g	0%
Total Sugars 50g	
Includes 50g Added Sugars	100%
Protein 4g	
Vitamin D 0mcg	0%
Calcium 20mg	0%
Iron 0.7mg	4%
Potassium 180mg	4%
<small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

Ingredients: OATMILK (WATER, OATS), LIQUID SUGAR (SUGAR, WATER), DRIED GLUCOSE SYRUP, RAPESEED OIL, DEXTROSE, PEA PROTEIN, NATURAL FLAVOR, MONO AND DIGLYCERIDES OF FATTY ACIDS, SEA SALT, GUAR GUM, GELLAN GUM, POTASSIUM PHOSPHATE, LOCUST BEAN GUM, MANGO BASE (MANGO, SUGAR, WATER, PASSION FRUIT JUICE CONCENTRATE, LEMON JUICE CONCENTRATE, NATURAL FLAVOR, ANNATO [COLOR], TURMERIC [COLOR]), CITRIC ACID (WATER, CITRIC ACID).

Nutrition Facts	
Serving size	76g
Amount per serving	
Calories	150
% Daily Value*	
Total Fat 6g	8%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 35mg	2%
Total Carbohydrate 24g	9%
Dietary Fiber 0g	0%
Total Sugars 13g	
Includes 13g Added Sugars	26%
Protein 1g	
Vitamin D 0mcg	0%
Calcium 10mg	0%
Iron 0.4mg	2%
Potassium 50mg	0%
<small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

Ingredients: OATMILK (WATER, OATS), LIQUID SUGAR (SUGAR, WATER), DRIED GLUCOSE SYRUP, RAPESEED OIL, DEXTROSE, PEA PROTEIN, NATURAL FLAVOR, MONO AND DIGLYCERIDES OF FATTY ACIDS, SEA SALT, GUAR GUM, GELLAN GUM, POTASSIUM PHOSPHATE, LOCUST BEAN GUM, MANGO BASE (MANGO, SUGAR, WATER, PASSION FRUIT JUICE CONCENTRATE, LEMON JUICE CONCENTRATE, NATURAL FLAVOR, ANNATO [COLOR], TURMERIC [COLOR]), CITRIC ACID (WATER, CITRIC ACID), CAKE CONE (ENRICHED WHEAT FLOUR [CONTAINS NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], TAPIOCA FLOUR, SUGAR, VEGETABLE OIL SHORTENING [SOYBEAN OIL OR CANOLA OIL, MODIFIED PALM OIL, SOY LECITHIN, AND/OR PARTIALLY HYDROGENATED SOYBEAN OIL], LEAVENING [SODIUM BICARBONATE, AMMONIUM BICARBONATE], SALT, NATURAL FLAVOR, ANNATTO [VEGETABLE COLOR]).

CONTAINS: WHEAT, SOY.

Nutrition Facts	
Serving size	146g
Amount per serving	
Calories	280
% Daily Value*	
Total Fat 11g	14%
Saturated Fat 1g	5%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 65mg	3%
Total Carbohydrate 43g	16%
Dietary Fiber 0g	0%
Total Sugars 25g	
Includes 25g Added Sugars	50%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 10mg	0%
Iron 0.6mg	4%
Potassium 100mg	2%
<small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

Ingredients: OATMILK (WATER, OATS), LIQUID SUGAR (SUGAR, WATER), DRIED GLUCOSE SYRUP, RAPESEED OIL, DEXTROSE, PEA PROTEIN, NATURAL FLAVOR, MONO AND DIGLYCERIDES OF FATTY ACIDS, SEA SALT, GUAR GUM, GELLAN GUM, POTASSIUM PHOSPHATE, LOCUST BEAN GUM, MANGO BASE (MANGO, SUGAR, WATER, PASSION FRUIT JUICE CONCENTRATE, LEMON JUICE CONCENTRATE, NATURAL FLAVOR, ANNATO [COLOR], TURMERIC [COLOR]), CITRIC ACID (WATER, CITRIC ACID), CAKE CONE (ENRICHED WHEAT FLOUR [CONTAINS NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], TAPIOCA FLOUR, SUGAR, VEGETABLE OIL SHORTENING [SOYBEAN OIL OR CANOLA OIL, MODIFIED PALM OIL, SOY LECITHIN, AND/OR PARTIALLY HYDROGENATED SOYBEAN OIL], LEAVENING [SODIUM BICARBONATE, AMMONIUM BICARBONATE], SALT, NATURAL FLAVOR, ANNATTO [VEGETABLE COLOR]).

CONTAINS: WHEAT, SOY.

Nutrition Facts	
Serving size	216g
Amount per serving	
Calories	410
% Daily Value*	
Total Fat 16g	21%
Saturated Fat 1.5g	8%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 95mg	4%
Total Carbohydrate 62g	23%
Dietary Fiber 0g	0%
Total Sugars 37g	
Includes 37g Added Sugars	74%
Protein 3g	
Vitamin D 0mcg	0%
Calcium 20mg	0%
Iron 0.8mg	4%
Potassium 140mg	2%
<small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

Ingredients: OATMILK (WATER, OATS), LIQUID SUGAR (SUGAR, WATER), DRIED GLUCOSE SYRUP, RAPESEED OIL, DEXTROSE, PEA PROTEIN, NATURAL FLAVOR, MONO AND DIGLYCERIDES OF FATTY ACIDS, SEA SALT, GUAR GUM, GELLAN GUM, POTASSIUM PHOSPHATE, LOCUST BEAN GUM, MANGO BASE (MANGO, SUGAR, WATER, PASSION FRUIT JUICE CONCENTRATE, LEMON JUICE CONCENTRATE, NATURAL FLAVOR, ANNATO [COLOR], TURMERIC [COLOR]), CITRIC ACID (WATER, CITRIC ACID), CAKE CONE (ENRICHED WHEAT FLOUR [CONTAINS NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], TAPIOCA FLOUR, SUGAR, VEGETABLE OIL SHORTENING [SOYBEAN OIL OR CANOLA OIL, MODIFIED PALM OIL, SOY LECITHIN, AND/OR PARTIALLY HYDROGENATED SOYBEAN OIL], LEAVENING [SODIUM BICARBONATE, AMMONIUM BICARBONATE], SALT, NATURAL FLAVOR, ANNATTO [VEGETABLE COLOR]).

CONTAINS: WHEAT, SOY.

Nutrition Facts	
Serving size	286g
Amount per serving	
Calories	540
% Daily Value*	
Total Fat 22g	28%
Saturated Fat 2g	10%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 125mg	5%
Total Carbohydrate 81g	29%
Dietary Fiber 0g	0%
Total Sugars 50g	
Includes 50g Added Sugars	100%
Protein 4g	
Vitamin D 0mcg	0%
Calcium 20mg	0%
Iron 1mg	6%
Potassium 190mg	4%
<small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

Ingredients: OATMILK (WATER, OATS), LIQUID SUGAR (SUGAR, WATER), DRIED GLUCOSE SYRUP, RAPESEED OIL, DEXTROSE, PEA PROTEIN, NATURAL FLAVOR, MONO AND DIGLYCERIDES OF FATTY ACIDS, SEA SALT, GUAR GUM, GELLAN GUM, POTASSIUM PHOSPHATE, LOCUST BEAN GUM, MANGO BASE (MANGO, SUGAR, WATER, PASSION FRUIT JUICE CONCENTRATE, LEMON JUICE CONCENTRATE, NATURAL FLAVOR, ANNATO [COLOR], TURMERIC [COLOR]), CITRIC ACID (WATER, CITRIC ACID), CAKE CONE (ENRICHED WHEAT FLOUR [CONTAINS NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], TAPIOCA FLOUR, SUGAR, VEGETABLE OIL SHORTENING [SOYBEAN OIL OR CANOLA OIL, MODIFIED PALM OIL, SOY LECITHIN, AND/OR PARTIALLY HYDROGENATED SOYBEAN OIL], LEAVENING [SODIUM BICARBONATE, AMMONIUM BICARBONATE], SALT, NATURAL FLAVOR, ANNATTO [VEGETABLE COLOR]).

CONTAINS: WHEAT, SOY.

Nutrition Facts	
Serving size	83g
Amount per serving	
Calories	180
% Daily Value*	
Total Fat 6g	8%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 45mg	2%
Total Carbohydrate 30g	11%
Dietary Fiber 0g	0%
Total Sugars 17g	
Includes 17g Added Sugars	34%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 10mg	0%
Iron 0.6mg	4%
Potassium 70mg	0%
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Ingredients: OATMILK (WATER, OATS), LIQUID SUGAR (SUGAR, WATER), DRIED GLUCOSE SYRUP, RAPESEED OIL, DEXTROSE, PEA PROTEIN, NATURAL FLAVOR, MONO AND DIGLYCERIDES OF FATTY ACIDS, SEA SALT, GUAR GUM, GELLAN GUM, POTASSIUM PHOSPHATE, LOCUST BEAN GUM, MANGO BASE (MANGO, SUGAR, WATER, PASSION FRUIT JUICE CONCENTRATE, LEMON JUICE CONCENTRATE, NATURAL FLAVOR, ANNATO [COLOR], TURMERIC [COLOR]), CITRIC ACID (WATER, CITRIC ACID), SUGAR CONE (ENRICHED WHEAT FLOUR [CONTAINS NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], BROWN SUGAR, VEGETABLE OIL SHORTENING [SOYBEAN OIL OR CANOLA OIL, MODIFIED PALM OIL, SOY LECITHIN, AND/OR PARTIALLY HYDROGENATED SOYBEAN OIL], OAT FIBER AND/OR VEGETABLE FIBER, SALT, CARAMEL COLOR, ARTIFICIAL FLAVOR, SOY LECITHIN).

CONTAINS: WHEAT, SOY.

Nutrition Facts	
Serving size	153g
Amount per serving	
Calories	310
% Daily Value*	
Total Fat 11g	14%
Saturated Fat 1g	5%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 75mg	3%
Total Carbohydrate 49g	18%
Dietary Fiber 0g	0%
Total Sugars 29g	
Includes 29g Added Sugars	58%
Protein 3g	
Vitamin D 0mcg	0%
Calcium 20mg	0%
Iron 0.8mg	4%
Potassium 110mg	2%
<small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

Ingredients: OATMILK (WATER, OATS), LIQUID SUGAR (SUGAR, WATER), DRIED GLUCOSE SYRUP, RAPESEED OIL, DEXTROSE, PEA PROTEIN, NATURAL FLAVOR, MONO AND DIGLYCERIDES OF FATTY ACIDS, SEA SALT, GUAR GUM, GELLAN GUM, POTASSIUM PHOSPHATE, LOCUST BEAN GUM, MANGO BASE (MANGO, SUGAR, WATER, PASSION FRUIT JUICE CONCENTRATE, LEMON JUICE CONCENTRATE, NATURAL FLAVOR, ANNATO [COLOR], TURMERIC [COLOR]), CITRIC ACID (WATER, CITRIC ACID), SUGAR CONE (ENRICHED WHEAT FLOUR [CONTAINS NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], BROWN SUGAR, VEGETABLE OIL SHORTENING [SOYBEAN OIL OR CANOLA OIL, MODIFIED PALM OIL, SOY LECITHIN, AND/OR PARTIALLY HYDROGENATED SOYBEAN OIL], OAT FIBER AND/OR VEGETABLE FIBER, SALT, CARAMEL COLOR, ARTIFICIAL FLAVOR, SOY LECITHIN).

CONTAINS: WHEAT, SOY.

Nutrition Facts	
Serving size	223g
Amount per serving	
Calories	440
% Daily Value*	
Total Fat 17g	22%
Saturated Fat 1.5g	8%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 105mg	5%
Total Carbohydrate 68g	25%
Dietary Fiber 0g	0%
Total Sugars 41g	
Includes 41g Added Sugars	82%
Protein 4g	
Vitamin D 0mcg	0%
Calcium 20mg	0%
Iron 1mg	6%
Potassium 160mg	4%
<small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

Ingredients: OATMILK (WATER, OATS), LIQUID SUGAR (SUGAR, WATER), DRIED GLUCOSE SYRUP, RAPESEED OIL, DEXTROSE, PEA PROTEIN, NATURAL FLAVOR, MONO AND DIGLYCERIDES OF FATTY ACIDS, SEA SALT, GUAR GUM, GELLAN GUM, POTASSIUM PHOSPHATE, LOCUST BEAN GUM, MANGO BASE (MANGO, SUGAR, WATER, PASSION FRUIT JUICE CONCENTRATE, LEMON JUICE CONCENTRATE, NATURAL FLAVOR, ANNATO [COLOR], TURMERIC [COLOR]), CITRIC ACID (WATER, CITRIC ACID), SUGAR CONE (ENRICHED WHEAT FLOUR [CONTAINS NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], BROWN SUGAR, VEGETABLE OIL SHORTENING [SOYBEAN OIL OR CANOLA OIL, MODIFIED PALM OIL, SOY LECITHIN, AND/OR PARTIALLY HYDROGENATED SOYBEAN OIL], OAT FIBER AND/OR VEGETABLE FIBER, SALT, CARAMEL COLOR, ARTIFICIAL FLAVOR, SOY LECITHIN).

CONTAINS: WHEAT, SOY.

Nutrition Facts	
Serving size	293g
Amount per serving	
Calories	570
% Daily Value*	
Total Fat 22g	28%
Saturated Fat 2g	10%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 130mg	6%
Total Carbohydrate 87g	32%
Dietary Fiber 0g	0%
Total Sugars 54g	
Includes 54g Added Sugars	108%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 30mg	2%
Iron 1.2mg	6%
Potassium 200mg	4%
<small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

Ingredients: OATMILK (WATER, OATS), LIQUID SUGAR (SUGAR, WATER), DRIED GLUCOSE SYRUP, RAPESEED OIL, DEXTROSE, PEA PROTEIN, NATURAL FLAVOR, MONO AND DIGLYCERIDES OF FATTY ACIDS, SEA SALT, GUAR GUM, GELLAN GUM, POTASSIUM PHOSPHATE, LOCUST BEAN GUM, MANGO BASE (MANGO, SUGAR, WATER, PASSION FRUIT JUICE CONCENTRATE, LEMON JUICE CONCENTRATE, NATURAL FLAVOR, ANNATO [COLOR], TURMERIC [COLOR]), CITRIC ACID (WATER, CITRIC ACID), SUGAR CONE (ENRICHED WHEAT FLOUR [CONTAINS NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], BROWN SUGAR, VEGETABLE OIL SHORTENING [SOYBEAN OIL OR CANOLA OIL, MODIFIED PALM OIL, SOY LECITHIN, AND/OR PARTIALLY HYDROGENATED SOYBEAN OIL], OAT FIBER AND/OR VEGETABLE FIBER, SALT, CARAMEL COLOR, ARTIFICIAL FLAVOR, SOY LECITHIN).

CONTAINS: WHEAT, SOY.

Nutrition Facts	
Serving size	170g
Amount per serving	
Calories	390
% Daily Value*	
Total Fat 14g	18%
Saturated Fat 1g	5%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 60mg	3%
Total Carbohydrate 62g	23%
Dietary Fiber 0g	0%
Total Sugars 37g	
Includes 37g Added Sugars	74%
Protein 4g	
Vitamin D 0mcg	0%
Calcium 10mg	0%
Iron 1.1mg	6%
Potassium 120mg	2%
<small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

Ingredients: OATMILK (WATER, OATS), LIQUID SUGAR (SUGAR, WATER), DRIED GLUCOSE SYRUP, RAPESEED OIL, DEXTROSE, PEA PROTEIN, NATURAL FLAVOR, MONO AND DIGLYCERIDES OF FATTY ACIDS, SEA SALT, GUAR GUM, GELLAN GUM, POTASSIUM PHOSPHATE, LOCUST BEAN GUM, MANGO BASE (MANGO, SUGAR, WATER, PASSION FRUIT JUICE CONCENTRATE, LEMON JUICE CONCENTRATE, NATURAL FLAVOR, ANNATO [COLOR], TURMERIC [COLOR]), CITRIC ACID (WATER, CITRIC ACID), WAFFLE CONE (ENRICHED WHEAT FLOUR [CONTAINS NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], SUGAR, VEGETABLE SHORTENING [CONTAINING PARTIALLY HYDROGENATED SOYBEAN AND COTTONSEED OILS], WHOLE EGG, ARTIFICIAL FLAVOR [INCLUDING MALTODEXTRIN, MODIFIED CORNSTARCH, BUTTER, BUTTERMILK], DEXTROSE, SOY LECITHIN).

CONTAINS: WHEAT, EGG, MILK, SOY.

Nutrition Facts	
Serving size	240g
Amount per serving	
Calories	520
% Daily Value*	
Total Fat 19g	24%
Saturated Fat 1.5g	8%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 85mg	4%
Total Carbohydrate 81g	29%
Dietary Fiber 0g	0%
Total Sugars 49g	
Includes 49g Added Sugars	98%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 20mg	0%
Iron 1.3mg	8%
Potassium 160mg	4%
<small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

Ingredients: OATMILK (WATER, OATS), LIQUID SUGAR (SUGAR, WATER), DRIED GLUCOSE SYRUP, RAPESEED OIL, DEXTROSE, PEA PROTEIN, NATURAL FLAVOR, MONO AND DIGLYCERIDES OF FATTY ACIDS, SEA SALT, GUAR GUM, GELLAN GUM, POTASSIUM PHOSPHATE, LOCUST BEAN GUM, MANGO BASE (MANGO, SUGAR, WATER, PASSION FRUIT JUICE CONCENTRATE, LEMON JUICE CONCENTRATE, NATURAL FLAVOR, ANNATO [COLOR], TURMERIC [COLOR]), CITRIC ACID (WATER, CITRIC ACID), WAFFLE CONE (ENRICHED WHEAT FLOUR [CONTAINS NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], SUGAR, VEGETABLE SHORTENING [CONTAINING PARTIALLY HYDROGENATED SOYBEAN AND COTTONSEED OILS], WHOLE EGG, ARTIFICIAL FLAVOR [INCLUDING MALTODEXTRIN, MODIFIED CORNSTARCH, BUTTER, BUTTERMILK], DEXTROSE, SOY LECITHIN).

CONTAINS: WHEAT, EGG, MILK, SOY.

Nutrition Facts	
Serving size	310g
Amount per serving	
Calories	650
% Daily Value*	
Total Fat 25g	32%
Saturated Fat 2g	10%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 115mg	5%
Total Carbohydrate 100g	36%
Dietary Fiber 0g	0%
Total Sugars 62g	
Includes 62g Added Sugars	124%
Protein 6g	
Vitamin D 0mcg	0%
Calcium 20mg	0%
Iron 1.5mg	8%
Potassium 210mg	4%
<small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

Ingredients: OATMILK (WATER, OATS), LIQUID SUGAR (SUGAR, WATER), DRIED GLUCOSE SYRUP, RAPESEED OIL, DEXTROSE, PEA PROTEIN, NATURAL FLAVOR, MONO AND DIGLYCERIDES OF FATTY ACIDS, SEA SALT, GUAR GUM, GELLAN GUM, POTASSIUM PHOSPHATE, LOCUST BEAN GUM, MANGO BASE (MANGO, SUGAR, WATER, PASSION FRUIT JUICE CONCENTRATE, LEMON JUICE CONCENTRATE, NATURAL FLAVOR, ANNATO [COLOR], TURMERIC [COLOR]), CITRIC ACID (WATER, CITRIC ACID), WAFFLE CONE (ENRICHED WHEAT FLOUR [CONTAINS NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], SUGAR, VEGETABLE SHORTENING [CONTAINING PARTIALLY HYDROGENATED SOYBEAN AND COTTONSEED OILS], WHOLE EGG, ARTIFICIAL FLAVOR [INCLUDING MALTODEXTRIN, MODIFIED CORNSTARCH, BUTTER, BUTTERMILK], DEXTROSE, SOY LECITHIN).

CONTAINS: WHEAT, EGG, MILK, SOY.