Nutrition Fa	
Serving size	(70g)
Amount per serving Calories	<u>150</u>
	aily Value*
Total Fat 8g	10%
Saturated Fat 6g	30%
Trans Fat 0g	
Cholesterol 25mg	8%
Sodium 40mg	2%
Total Carbohydrate 18g	7%
Dietary Fiber 1g	4%
Total Sugars 14g	
Includes 14g Added Sugars	28%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 70mg	6%
Iron 1.2mg	6%
Potassium 110mg	2%
*The % Daily Value tells you how much a nu serving of food contributes to a daily diet. 2, day is used for general nutrition advice.	

INGREDIENTS: MILK, CREAM, SUCROSE, CORN SYRUP, NONFAT MILK SOLIDS, SWEET WHEY, MONO AND DIGLYCERIDES, GUAR GUM, LOCUST BEAN GUM, POLYSORBATE 80, CARRAGEENAN, VANILLA, VANILLIN, NATURAL FLAVOR, CARAMEL COLOR, POST GRAPE NUT CEREAL (WHOLE GRAIN WHEAT FLOUR, MALTED BARLEY FLOUR, SALT, DRIED YEAST), VANILLA EXTRACT (WATER, ETHYL ALCOHOL, CARAMEL COLOR).

<b>Nutrition Fa</b>	acts
Serving size	(140g)
Amount per serving Calories	310
	aily Value*
Total Fat 16g	21%
Saturated Fat 11g	55%
Trans Fat 0g	
Cholesterol 50mg	17%
Sodium 80mg	3%
Total Carbohydrate 36g	13%
Dietary Fiber 1g	4%
Total Sugars 27g	
Includes 27g Added Sugars	54%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 140mg	10%
Iron 2.3mg	15%
Potassium 220mg	4%
*The % Daily Value tells you how much a n serving of food contributes to a daily diet. 2 day is used for general nutrition advice.	

INGREDIENTS: MILK, CREAM, SUCROSE, CORN SYRUP, NONFAT MILK SOLIDS, SWEET WHEY, MONO AND DIGLYCERIDES, GUAR GUM, LOCUST BEAN GUM, POLYSORBATE 80, CARRAGEENAN, VANILLA, VANILLIN, NATURAL FLAVOR, CARAMEL COLOR, POST GRAPE NUT CEREAL (WHOLE GRAIN WHEAT FLOUR, MALTED BARLEY FLOUR, SALT, DRIED YEAST), VANILLA EXTRACT (WATER, ETHYL ALCOHOL, CARAMEL COLOR).

<b>Nutrition F</b>	acts
Serving size	(210g)
Amount per serving Calories	460
% I	Daily Value*
Total Fat 24g	31%
Saturated Fat 17g	85%
Trans Fat 0.5g	
Cholesterol 70mg	23%
Sodium 120mg	5%
Total Carbohydrate 54g	20%
Dietary Fiber 2g	7%
Total Sugars 41g	
Includes 41g Added Sugar	s <b>82</b> %
Protein 7g	
Vitamin D 0mcg	0%
Calcium 210mg	15%
Iron 3.5mg	20%
Potassium 330mg	8%
*The % Daily Value tells you how much a serving of food contributes to a daily diet. day is used for general nutrition advice.	

INGREDIENTS: MILK, CREAM, SUCROSE, CORN SYRUP, NONFAT MILK SOLIDS, SWEET WHEY, MONO AND DIGLYCERIDES, GUAR GUM, LOCUST BEAN GUM, POLYSORBATE 80, CARRAGEENAN, VANILLA, VANILLIN, NATURAL FLAVOR, CARAMEL COLOR, POST GRAPE NUT CEREAL (WHOLE GRAIN WHEAT FLOUR, MALTED BARLEY FLOUR, SALT, DRIED YEAST), VANILLA EXTRACT (WATER, ETHYL ALCOHOL, CARAMEL COLOR).

<b>Nutrition Fa</b>	acts
Serving size	(280g)
Amount per serving Calories	610
	aily Value*
Total Fat 32g	41%
Saturated Fat 23g	115%
Trans Fat 0.5g	
Cholesterol 95mg	32%
Sodium 160mg	7%
Total Carbohydrate 72g	26%
Dietary Fiber 3g	11%
Total Sugars 55g	
Includes 55g Added Sugars	110%
Protein 9g	
Vitamin D 0mcg	0%
Calcium 290mg	20%
Iron 4.6mg	25%
Potassium 440mg	10%
*The % Daily Value tells you how much a nu serving of food contributes to a daily diet. 2, day is used for general nutrition advice.	

INGREDIENTS: MILK, CREAM, SUCROSE, CORN SYRUP, NONFAT MILK SOLIDS, SWEET WHEY, MONO AND DIGLYCERIDES, GUAR GUM, LOCUST BEAN GUM, POLYSORBATE 80, CARRAGEENAN, VANILLA, VANILLIN, NATURAL FLAVOR, CARAMEL COLOR, POST GRAPE NUT CEREAL (WHOLE GRAIN WHEAT FLOUR, MALTED BARLEY FLOUR, SALT, DRIED YEAST), VANILLA EXTRACT (WATER, ETHYL ALCOHOL, CARAMEL COLOR).

Nutrition Fa	acts
Serving size	(76g)
Amount per serving Calories	180
% Г	aily Value*
Total Fat 8g	10%
Saturated Fat 6g	30%
Trans Fat 0g	
Cholesterol 25mg	8%
Sodium 50mg	2%
Total Carbohydrate 23g	8%
Dietary Fiber 1g	4%
Total Sugars 14g	
Includes 14g Added Sugars	s <b>28</b> %
Protein 3g	
Vitamin D 0mcg	0%
Calcium 70mg	6%
Iron 1.4mg	8%
Potassium 120mg	2%
*The % Daily Value tells you how much a r serving of food contributes to a daily diet. 2 day is used for general nutrition advice.	

INGREDIENTS: MILK, CREAM, SUCROSE, CORN SYRUP, NONFAT MILK SOLIDS, SWEET WHEY, MONO AND DIGLYCERIDES, GUAR GUM, LOCUST BEAN GUM, POLYSORBATE 80, CARRAGEENAN, VANILLA, VANILLIN, NATURAL FLAVOR, CARAMEL COLOR, POST GRAPE NUT CEREAL (WHOLE GRAIN WHEAT FLOUR, MALTED BARLEY FLOUR, SALT, DRIED YEAST), VANILLA EXTRACT (WATER, ETHYL ALCOHOL, CARAMEL COLOR), CAKE CONE (ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), TAPIOCA STARCH, SUGAR, CONTAINS LESS THAN 2% OF: ANNATTO EXTRACT (VEGETABLE COLOR), CANOLA OIL, LEAVENING (AMMONIUM BICARBONATE, SODIUM BICARBONATE), NATURAL FLAVOR, SALT).

<b>Nutrition Fa</b>	acts
Serving size	(146g)
Amount per serving Calories	330
	aily Value*
Total Fat 16g	21%
Saturated Fat 11g	55%
Trans Fat 0g	
Cholesterol 50mg	17%
Sodium 90mg	4%
Total Carbohydrate 41g	15%
Dietary Fiber 1g	4%
Total Sugars 28g	
Includes 28g Added Sugars	56%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 140mg	10%
Iron 2.6mg	15%
Potassium 230mg	4%
*The % Daily Value tells you how much a n serving of food contributes to a daily diet. 2 day is used for general nutrition advice.	

INGREDIENTS: MILK, CREAM, SUCROSE, CORN SYRUP, NONFAT MILK SOLIDS, SWEET WHEY, MONO AND DIGLYCERIDES, GUAR GUM, LOCUST BEAN GUM, POLYSORBATE 80, CARRAGEENAN, VANILLA, VANILLIN, NATURAL FLAVOR, CARAMEL COLOR, POST GRAPE NUT CEREAL (WHOLE GRAIN WHEAT FLOUR, MALTED BARLEY FLOUR, SALT, DRIED YEAST), VANILLA EXTRACT (WATER, ETHYL ALCOHOL, CARAMEL COLOR), CAKE CONE (ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), TAPIOCA STARCH, SUGAR, CONTAINS LESS THAN 2% OF: ANNATTO EXTRACT (VEGETABLE COLOR), CANOLA OIL, LEAVENING (AMMONIUM BICARBONATE, SODIUM BICARBONATE), NATURAL FLAVOR, SALT).

<b>Nutrition F</b>	
Serving size	(216g)
Amount per serving Calories	480
-	Daily Value*
Total Fat 24g	31%
Saturated Fat 17g	85%
Trans Fat 0.5g	
Cholesterol 70mg	23%
Sodium 130mg	6%
Total Carbohydrate 59g	21%
Dietary Fiber 2g	7%
Total Sugars 41g	
Includes 41g Added Sugar	s <b>82</b> %
Protein 7g	
Vitamin D 0mcg	0%
Calcium 220mg	15%
Iron 3.7mg	20%
Potassium 340mg	8%
*The % Daily Value tells you how much a serving of food contributes to a daily diet. day is used for general nutrition advice.	

INGREDIENTS: MILK, CREAM, SUCROSE, CORN SYRUP, NONFAT MILK SOLIDS, SWEET WHEY, MONO AND DIGLYCERIDES, GUAR GUM, LOCUST BEAN GUM, POLYSORBATE 80, CARRAGEENAN, VANILLA, VANILLIN, NATURAL FLAVOR, CARAMEL COLOR, POST GRAPE NUT CEREAL (WHOLE GRAIN WHEAT FLOUR, MALTED BARLEY FLOUR, SALT, DRIED YEAST), VANILLA EXTRACT (WATER, ETHYL ALCOHOL, CARAMEL COLOR), CAKE CONE (ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), TAPIOCA STARCH, SUGAR, CONTAINS LESS THAN 2% OF: ANNATTO EXTRACT (VEGETABLE COLOR), CANOLA OIL, LEAVENING (AMMONIUM BICARBONATE, SODIUM BICARBONATE), NATURAL FLAVOR, SALT).

<b>Nutrition Fa</b>	acts
Serving size	(286g)
Amount per serving Calories	630
% D	aily Value*
Total Fat 32g	41%
Saturated Fat 23g	115%
Trans Fat 0.5g	
Cholesterol 95mg	32%
Sodium 170mg	7%
Total Carbohydrate 77g	28%
Dietary Fiber 3g	11%
Total Sugars 55g	
Includes 55g Added Sugars	110%
Protein 10g	
Vitamin D 0mcg	0%
Calcium 290mg	20%
Iron 4.9mg	25%
Potassium 450mg	10%
*The % Daily Value tells you how much a n serving of food contributes to a daily diet. 2 day is used for general nutrition advice.	

INGREDIENTS: MILK, CREAM, SUCROSE, CORN SYRUP, NONFAT MILK SOLIDS, SWEET WHEY, MONO AND DIGLYCERIDES, GUAR GUM, LOCUST BEAN GUM, POLYSORBATE 80, CARRAGEENAN, VANILLA, VANILLIN, NATURAL FLAVOR, CARAMEL COLOR, POST GRAPE NUT CEREAL (WHOLE GRAIN WHEAT FLOUR, MALTED BARLEY FLOUR, SALT, DRIED YEAST), VANILLA EXTRACT (WATER, ETHYL ALCOHOL, CARAMEL COLOR), CAKE CONE (ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), TAPIOCA STARCH, SUGAR, CONTAINS LESS THAN 2% OF: ANNATTO EXTRACT (VEGETABLE COLOR), CANOLA OIL, LEAVENING (AMMONIUM BICARBONATE, SODIUM BICARBONATE), NATURAL FLAVOR, SALT).

<b>Nutrition Fa</b>	acts
Serving size	(83g)
Amount per serving Calories	200
% D	aily Value*
Total Fat 8g	10%
Saturated Fat 6g	30%
Trans Fat 0g	
Cholesterol 25mg	8%
Sodium 55mg	2%
Total Carbohydrate 29g	11%
Dietary Fiber 1g	4%
Total Sugars 17g	
Includes 17g Added Sugars	34%
Protein 3g	
Vitamin D 0mcg	0%
Calcium 80mg	6%
Iron 1.6mg	8%
Potassium 130mg	2%
*The % Daily Value tells you how much a n serving of food contributes to a daily diet. 2 day is used for general nutrition advice.	

INGREDIENTS: MILK, CREAM, SUCROSE, CORN SYRUP, NONFAT MILK SOLIDS, SWEET WHEY, MONO AND DIGLYCERIDES, GUAR GUM, LOCUST BEAN GUM, POLYSORBATE 80, CARRAGEENAN, VANILLA, VANILLIN, NATURAL FLAVOR, CARAMEL COLOR, POST GRAPE NUT CEREAL (WHOLE GRAIN WHEAT FLOUR, MALTED BARLEY FLOUR, SALT, DRIED YEAST), VANILLA EXTRACT (WATER, ETHYL ALCOHOL, CARAMEL COLOR), SUGAR CONE (BLEACHED ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONIRTRATE, RIBOFLAVIN, FOLIC ACID), BROWN SUGAR, CONTAINS LESS THAN 2% OF: VEGETABLE OIL SHORTENING (CANOLA OIL AND/OR MODIFIED PALM OIL AND/OR SOYBEAN OIL), OAT FIBER, SALT, SOY LECITHIN, NATURAL FLAVOR).

<b>Nutrition F</b>	acts
Serving size	(153g)
Amount per serving Calories	360
-	Daily Value*
Total Fat 16g	21%
Saturated Fat 11g	55%
Trans Fat 0g	
Cholesterol 50mg	17%
Sodium 95mg	4%
Total Carbohydrate 47g	17%
Dietary Fiber 2g	7%
Total Sugars 31g	
Includes 31g Added Sugar	s <b>62</b> %
Protein 5g	
Vitamin D 0mcg	0%
Calcium 160mg	10%
Iron 2.8mg	15%
Potassium 240mg	6%
*The % Daily Value tells you how much a serving of food contributes to a daily diet. day is used for general nutrition advice.	

INGREDIENTS: MILK, CREAM, SUCROSE, CORN SYRUP, NONFAT MILK SOLIDS, SWEET WHEY, MONO AND DIGLYCERIDES, GUAR GUM, LOCUST BEAN GUM, POLYSORBATE 80, CARRAGEENAN, VANILLA, VANILLIN, NATURAL FLAVOR, CARAMEL COLOR, POST GRAPE NUT CEREAL (WHOLE GRAIN WHEAT FLOUR, MALTED BARLEY FLOUR, SALT, DRIED YEAST), VANILLA EXTRACT (WATER, ETHYL ALCOHOL, CARAMEL COLOR), SUGAR CONE (BLEACHED ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONIRTRATE, RIBOFLAVIN, FOLIC ACID), BROWN SUGAR, CONTAINS LESS THAN 2% OF: VEGETABLE OIL SHORTENING (CANOLA OIL AND/OR MODIFIED PALM OIL AND/OR SOYBEAN OIL), OAT FIBER, SALT, SOY LECITHIN, NATURAL FLAVOR).

<b>Nutrition Fa</b>	icts
Serving size	(223g)
Amount per serving Calories	<u>510</u>
% Da	ily Value*
Total Fat 24g	31%
Saturated Fat 17g	85%
Trans Fat 0.5g	
Cholesterol 70mg	23%
Sodium 135mg	6%
Total Carbohydrate 66g	24%
Dietary Fiber 2g	7%
Total Sugars 45g	
Includes 45g Added Sugars	90%
Protein 8g	
Vitamin D 0mcg	0%
Calcium 230mg	20%
Iron 4mg	20%
Potassium 350mg	8%
*The % Daily Value tells you how much a nut serving of food contributes to a daily diet. 2,0 day is used for general nutrition advice.	

INGREDIENTS: MILK, CREAM, SUCROSE, CORN SYRUP, NONFAT MILK SOLIDS, SWEET WHEY, MONO AND DIGLYCERIDES, GUAR GUM, LOCUST BEAN GUM, POLYSORBATE 80, CARRAGEENAN, VANILLA, VANILLIN, NATURAL FLAVOR, CARAMEL COLOR, POST GRAPE NUT CEREAL (WHOLE GRAIN WHEAT FLOUR, MALTED BARLEY FLOUR, SALT, DRIED YEAST), VANILLA EXTRACT (WATER, ETHYL ALCOHOL, CARAMEL COLOR), SUGAR CONE (BLEACHED ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONIRTRATE, RIBOFLAVIN, FOLIC ACID), BROWN SUGAR, CONTAINS LESS THAN 2% OF: VEGETABLE OIL SHORTENING (CANOLA OIL AND/OR MODIFIED PALM OIL AND/OR SOYBEAN OIL), OAT FIBER, SALT, SOY LECITHIN, NATURAL FLAVOR).

<b>Nutrition Fa</b>	icts
Serving size	(293g)
Amount per serving Calories	660
-	ily Value*
Total Fat 32g	41%
Saturated Fat 23g	115%
Trans Fat 0.5g	
Cholesterol 95mg	32%
Sodium 180mg	8%
Total Carbohydrate 84g	31%
Dietary Fiber 3g	11%
Total Sugars 59g	
Includes 59g Added Sugars	118%
Protein 10g	
Vitamin D 0mcg	0%
Calcium 300mg	25%
Iron 5.1mg	30%
Potassium 460mg	10%
*The % Daily Value tells you how much a nu serving of food contributes to a daily diet. 2,0 day is used for general nutrition advice.	

INGREDIENTS: MILK, CREAM, SUCROSE, CORN SYRUP, NONFAT MILK SOLIDS, SWEET WHEY, MONO AND DIGLYCERIDES, GUAR GUM, LOCUST BEAN GUM, POLYSORBATE 80, CARRAGEENAN, VANILLA, VANILLIN, NATURAL FLAVOR, CARAMEL COLOR, POST GRAPE NUT CEREAL (WHOLE GRAIN WHEAT FLOUR, MALTED BARLEY FLOUR, SALT, DRIED YEAST), VANILLA EXTRACT (WATER, ETHYL ALCOHOL, CARAMEL COLOR), SUGAR CONE (BLEACHED ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONIRTRATE, RIBOFLAVIN, FOLIC ACID), BROWN SUGAR, CONTAINS LESS THAN 2% OF: VEGETABLE OIL SHORTENING (CANOLA OIL AND/OR MODIFIED PALM OIL AND/OR SOYBEAN OIL), OAT FIBER, SALT, SOY LECITHIN, NATURAL FLAVOR).

Nutrition Fa	acts (100g)
Amount per serving Calories	280
	aily Value*
Total Fat 11g	14%
Saturated Fat 6g	30%
Trans Fat 0g	
Cholesterol 25mg	8%
Sodium 40mg	2%
Total Carbohydrate 42g	15%
Dietary Fiber 1g	4%
Total Sugars 24g	
Includes 24g Added Sugars	48%
Protein 4g	
Vitamin D 0mcg	0%
Calcium 80mg	6%
Iron 1.9mg	10%
Potassium 130mg	2%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS: MILK, CREAM, SUCROSE, CORN SYRUP, NONFAT MILK SOLIDS, SWEET WHEY, MONO AND DIGLYCERIDES, GUAR GUM, LOCUST BEAN GUM, POLYSORBATE 80, CARRAGEENAN, VANILLA, VANILLIN, NATURAL FLAVOR, CARAMEL COLOR, POST GRAPE NUT CEREAL (WHOLE GRAIN WHEAT FLOUR, MALTED BARLEY FLOUR, SALT, DRIED YEAST), VANILLA EXTRACT (WATER, ETHYL ALCOHOL, CARAMEL COLOR), WAFFLE CONE (ENRICHED BLEACHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, AND FOLIC ACID), SUGAR, VEGETABLE SHORTENING (SOYBEAN AND MODIFIED PALM OILS), WHEAT PROTEIN ISOLATE, ARTIFICIAL FLAVOR (INCLUDING MALTODEXTRIN, MODIFIED CORN STARCH, BUTTER AND BUTTERMILK), SOY LECITHIN AND EGG WHTIES).

<b>Nutrition F</b>	acts
Serving size	(170g)
Amount per serving Calories	430
	Daily Value*
Total Fat 19g	24%
Saturated Fat 12g	60%
Trans Fat 0g	
Cholesterol 50mg	17%
Sodium 80mg	3%
Total Carbohydrate 60g	22%
Dietary Fiber 2g	7%
Total Sugars 38g	
Includes 38g Added Sugar	s <b>76</b> %
Protein 6g	
Vitamin D 0mcg	0%
Calcium 150mg	10%
Iron 3.1mg	15%
Potassium 240mg	6%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS: MILK, CREAM, SUCROSE, CORN SYRUP, NONFAT MILK SOLIDS, SWEET WHEY, MONO AND DIGLYCERIDES, GUAR GUM, LOCUST BEAN GUM, POLYSORBATE 80, CARRAGEENAN, VANILLA, VANILLIN, NATURAL FLAVOR, CARAMEL COLOR, POST GRAPE NUT CEREAL (WHOLE GRAIN WHEAT FLOUR, MALTED BARLEY FLOUR, SALT, DRIED YEAST), VANILLA EXTRACT (WATER, ETHYL ALCOHOL, CARAMEL COLOR), WAFFLE CONE (ENRICHED BLEACHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, AND FOLIC ACID), SUGAR, VEGETABLE SHORTENING (SOYBEAN AND MODIFIED PALM OILS), WHEAT PROTEIN ISOLATE, ARTIFICIAL FLAVOR (INCLUDING MALTODEXTRIN, MODIFIED CORN STARCH, BUTTER AND BUTTERMILK), SOY LECITHIN AND EGG WHTIES).

<b>Nutrition Fa</b>	acts
Serving size	(240g)
Amount per serving Calories	<del>590</del>
	aily Value*
Total Fat 27g	35%
Saturated Fat 18g	90%
Trans Fat 0.5g	
Cholesterol 70mg	23%
Sodium 120mg	5%
Total Carbohydrate 78g	28%
Dietary Fiber 2g	7%
Total Sugars 52g	
Includes 52g Added Sugars	104%
Protein 9g	
Vitamin D 0mcg	0%
Calcium 220mg	15%
Iron 4.2mg	25%
Potassium 350mg	8%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS: MILK, CREAM, SUCROSE, CORN SYRUP, NONFAT MILK SOLIDS, SWEET WHEY, MONO AND DIGLYCERIDES, GUAR GUM, LOCUST BEAN GUM, POLYSORBATE 80, CARRAGEENAN, VANILLA, VANILLIN, NATURAL FLAVOR, CARAMEL COLOR, POST GRAPE NUT CEREAL (WHOLE GRAIN WHEAT FLOUR, MALTED BARLEY FLOUR, SALT, DRIED YEAST), VANILLA EXTRACT (WATER, ETHYL ALCOHOL, CARAMEL COLOR), WAFFLE CONE (ENRICHED BLEACHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, AND FOLIC ACID), SUGAR, VEGETABLE SHORTENING (SOYBEAN AND MODIFIED PALM OILS), WHEAT PROTEIN ISOLATE, ARTIFICIAL FLAVOR (INCLUDING MALTODEXTRIN, MODIFIED CORN STARCH, BUTTER AND BUTTERMILK), SOY LECITHIN AND EGG WHTIES).

<b>Nutrition Fa</b>	acts
Serving size	(310g)
Amount per serving Calories	740
% Da	aily Value*
Total Fat 35g	45%
Saturated Fat 23g	115%
Trans Fat 0.5g	
Cholesterol 95mg	32%
Sodium 160mg	7%
Total Carbohydrate 96g	35%
Dietary Fiber 3g	11%
Total Sugars 65g	
Includes 65g Added Sugars	130%
Protein 11g	
Vitamin D 0mcg	0%
Calcium 290mg	20%
Iron 5.4mg	30%
Potassium 460mg	10%
*The % Daily Value tells you how much a nu serving of food contributes to a daily diet. 2, day is used for general nutrition advice.	

INGREDIENTS: MILK, CREAM, SUCROSE, CORN SYRUP, NONFAT MILK SOLIDS, SWEET WHEY, MONO AND DIGLYCERIDES, GUAR GUM, LOCUST BEAN GUM, POLYSORBATE 80, CARRAGEENAN, VANILLA, VANILLIN, NATURAL FLAVOR, CARAMEL COLOR, POST GRAPE NUT CEREAL (WHOLE GRAIN WHEAT FLOUR, MALTED BARLEY FLOUR, SALT, DRIED YEAST), VANILLA EXTRACT (WATER, ETHYL ALCOHOL, CARAMEL COLOR), WAFFLE CONE (ENRICHED BLEACHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, AND FOLIC ACID), SUGAR, VEGETABLE SHORTENING (SOYBEAN AND MODIFIED PALM OILS), WHEAT PROTEIN ISOLATE, ARTIFICIAL FLAVOR (INCLUDING MALTODEXTRIN, MODIFIED CORN STARCH, BUTTER AND BUTTERMILK), SOY LECITHIN AND EGG WHTIES).