Nutrition Facts

Serving Size (146g)
Servings Per Container 1

Amount Per Serving

Calories 380 Calories from Fat 180

	% Daily Value*
Total Fat 20g	**32%**
Saturated Fat 10g	**49%**
Trans Fat 0g	
Cholesterol 45mg	**14%**
Sodium 170mg	**7%**
Total Carbohydrate 44g	**15%**
Dietary Fiber 0g	**2%**
Sugars 30g	
Protein 5g	

Vitamin A 10%	•	Vitamin C 2%
Calcium 15%	•	Iron 10%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Ingredients: MILK, CREAM, SUGAR, CORN SYRUP, NONFAT MILK SOLIDS, SWEET WHEY, MONO & DIGLYCERIDES, GUAR GUM, LOCUST BEAN GUM, POLYSORBATE 80, CARRAGEENAN, VANILLA, VANILLIN, NATURAL AND ARTIFICIAL FLAVOR, CARAMEL COLOR, MOLASSES, SPICES, SALT, YELLOW 5. GRAHAM CRACKER SWIRL: GRAHAM CRACKER (ENRICHED FLOUR [WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], WHOLE WHEAT FLOUR, SUGAR, HYDROGENATED SOYBEAN AND/OR COTTONSEED OIL, HIGH FRUCTOSE CORN SYRUP, MOLASSES, HONEY, SALT, SODIUM BICARBONATE), SOYBEAN OIL, POWDERED SUGAR (SUGAR, CORNSTARCH), COCONUT OIL, MONO & DIGLYCERIDES, SALT, SOY LECITHIN. CAKE CONE: ENRICHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), TAPIOCA FLOUR, SUGAR, VEGETABLE OIL SHORTENING (SOYBEAN AND/OR CANOLA OIL, MODIFIED PALM OIL, SOY LECITHIN, AND/OR PARTIALLY HYDROGENATED SOYBEAN OIL), LEAVENING (SODIUM BICARBONATE, AMMONIUM BICARBONATE), SALT, NATURAL FLAVOR, ANNATTO (VEGETABLE COLOR).

Bruster's Gingerbread Man - Ice Cream - Cake Cone - Small

Nutrition Facts

Serving Size (216g)
Servings Per Container 1

Amount Per Serving

Calories 560	Calories from Fat 280
	% Daily Value*
Total Fat 31g	47%
Saturated Fat 15g	74%
Trans Fat 0g	
Cholesterol 65mg	22%
Sodium 250mg	10%
Total Carbohydrate 63g	21%
Dietary Fiber <1g	3%
Sugars 44g	
Protein 7g	

Vitamin A 15%	•	Vitamin C 4%
Calcium 20%	•	Iron 15%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Ingredients: MILK, CREAM, SUGAR, CORN SYRUP, NONFAT MILK SOLIDS, SWEET WHEY, MONO & DIGLYCERIDES, GUAR GUM, LOCUST BEAN GUM, POLYSORBATE 80, CARRAGEENAN, VANILLA, VANILLIN, NATURAL AND ARTIFICIAL FLAVOR, CARAMEL COLOR, MOLASSES, SPICES, SALT, YELLOW 5. GRAHAM CRACKER SWIRL: GRAHAM CRACKER (ENRICHED FLOUR [WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], WHOLE WHEAT FLOUR, SUGAR, HYDROGENATED SOYBEAN AND/OR COTTONSEED OIL, HIGH FRUCTOSE CORN SYRUP, MOLASSES, HONEY, SALT, SODIUM BICARBONATE), SOYBEAN OIL, POWDERED SUGAR (SUGAR, CORNSTARCH), COCONUT OIL, MONO & DIGLYCERIDES, SALT, SOY LECITHIN. CAKE CONE: ENRICHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), TAPIOCA FLOUR, SUGAR, VEGETABLE OIL SHORTENING (SOYBEAN AND/OR CANOLA OIL, MODIFIED PALM OIL, SOY LECITHIN, AND/OR PARTIALLY HYDROGENATED SOYBEAN OIL), LEAVENING (SODIUM BICARBONATE, AMMONIUM BICARBONATE), SALT, NATURAL FLAVOR, ANNATTO (VEGETABLE COLOR).

Bruster's Gingerbread Man - Ice Cream - Cake Cone - Regular

Nutrition Facts

Serving Size (286g)
Servings Per Container 1

Amount Per Serving

Calories 730 Calories from Fat 370

	% Daily Value*
Total Fat 41g	63%
Saturated Fat 20g	99%
Trans Fat 0g	
Cholesterol 85mg	29%
Sodium 330mg	14%
Total Carbohydrate 83g	28%
Dietary Fiber <1g	4%
Sugars 59g	
Protein 9g	

Vitamin A 20% • Vitamin C 6%

Calcium 25% • Iron 20%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Ingredients: MILK, CREAM, SUGAR, CORN SYRUP, NONFAT MILK SOLIDS, SWEET WHEY, MONO & DIGLYCERIDES, GUAR GUM, LOCUST BEAN GUM, POLYSORBATE 80, CARRAGEENAN, VANILLA, VANILLIN, NATURAL AND ARTIFICIAL FLAVOR, CARAMEL COLOR, MOLASSES, SPICES, SALT, YELLOW 5. GRAHAM CRACKER SWIRL: GRAHAM CRACKER (ENRICHED FLOUR [WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], WHOLE WHEAT FLOUR, SUGAR, HYDROGENATED SOYBEAN AND/OR COTTONSEED OIL, HIGH FRUCTOSE CORN SYRUP, MOLASSES, HONEY, SALT, SODIUM BICARBONATE), SOYBEAN OIL, POWDERED SUGAR (SUGAR, CORNSTARCH), COCONUT OIL, MONO & DIGLYCERIDES, SALT, SOY LECITHIN. CAKE CONE: ENRICHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), TAPIOCA FLOUR, SUGAR, VEGETABLE OIL SHORTENING (SOYBEAN AND/OR CANOLA OIL, MODIFIED PALM OIL, SOY LECITHIN, AND/OR PARTIALLY HYDROGENATED SOYBEAN OIL), LEAVENING (SODIUM BICARBONATE, AMMONIUM BICARBONATE), SALT, NATURAL FLAVOR, ANNATTO (VEGETABLE COLOR).

Bruster's Gingerbread Man - Ice Cream - Cake Cone - Large

Nutrition Facts

Serving Size (140g)
Servings Per Container 1

Amount Per Serving

Calories 350 Calories from Fat 180

	% Daily Value*
Total Fat 20g	31%
Saturated Fat 10g	49%
Trans Fat 0g	
Cholesterol 45mg	14%
Sodium 160mg	7%
Total Carbohydrate 39g	13%
Dietary Fiber 0g	2%
Sugars 29g	
Protein 4g	

Vitamin A 10% • Vitamin C 2%

Calcium 15% • Iron 8%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Ingredients: MILK, CREAM, SUGAR, CORN SYRUP, NONFAT MILK SOLIDS, SWEET WHEY, MONO & DIGLYCERIDES, GUAR GUM, LOCUST BEAN GUM, POLYSORBATE 80, CARRAGEENAN, VANILLA, VANILLIN, NATURAL AND ARTIFICIAL FLAVOR, CARAMEL COLOR, MOLASSES, SPICES, SALT, YELLOW 5. GRAHAM CRACKER SWIRL: GRAHAM CRACKER (ENRICHED FLOUR [WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], WHOLE WHEAT FLOUR, SUGAR, HYDROGENATED SOYBEAN AND/OR COTTONSEED OIL, HIGH FRUCTOSE CORN SYRUP, MOLASSES, HONEY, SALT, SODIUM BICARBONATE), SOYBEAN OIL, POWDERED SUGAR (SUGAR, CORNSTARCH), COCONUT OIL, MONO & DIGLYCERIDES, SALT, SOY LECITHIN.

Nutrition Facts

Serving Size (210g)
Servings Per Container 1

Amount Per Serving

Calories 530	Calories from Fat 280
	% Daily Value*
Total Fat 31g	47%
Saturated Fat 15g	74%
Trans Fat 0g	
Cholesterol 65mg	22%
Sodium 240mg	10%
Total Carbohydrate 58g	19%
Dietary Fiber <1g	3%
Sugars 44g	
Protein 6g	

Vitamin A 15%	•	Vitamin C 4%
Calcium 20%	•	Iron 15%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Ingredients: MILK, CREAM, SUGAR, CORN SYRUP, NONFAT MILK SOLIDS, SWEET WHEY, MONO & DIGLYCERIDES, GUAR GUM, LOCUST BEAN GUM, POLYSORBATE 80, CARRAGEENAN, VANILLA, VANILLIN, NATURAL AND ARTIFICIAL FLAVOR, CARAMEL COLOR, MOLASSES, SPICES, SALT, YELLOW 5. GRAHAM CRACKER SWIRL: GRAHAM CRACKER (ENRICHED FLOUR [WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], WHOLE WHEAT FLOUR, SUGAR, HYDROGENATED SOYBEAN AND/OR COTTONSEED OIL, HIGH FRUCTOSE CORN SYRUP, MOLASSES, HONEY, SALT, SODIUM BICARBONATE), SOYBEAN OIL, POWDERED SUGAR (SUGAR, CORNSTARCH), COCONUT OIL, MONO & DIGLYCERIDES, SALT, SOY LECITHIN.

Bruster's Gingerbread Man - Ice Cream - Dish - Small

Nutrition Facts

Serving Size (280g)
Servings Per Container 1

Amount Per Serving

Calories 710 Calories from Fat 370

	% Daily Value*
Total Fat 41g	63%
Saturated Fat 20g	99%
Trans Fat 0g	
Cholesterol 85mg	29%
Sodium 320mg	13%
Total Carbohydrate 78g	26%
Dietary Fiber <1g	4%
Sugars 59g	
Protein 8g	

Vitamin A 20% • Vitamin C 6%

Calcium 25% • Iron 20%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Ingredients: MILK, CREAM, SUGAR, CORN SYRUP, NONFAT MILK SOLIDS, SWEET WHEY, MONO & DIGLYCERIDES, GUAR GUM, LOCUST BEAN GUM, POLYSORBATE 80, CARRAGEENAN, VANILLA, VANILLIN, NATURAL AND ARTIFICIAL FLAVOR, CARAMEL COLOR, MOLASSES, SPICES, SALT, YELLOW 5. GRAHAM CRACKER SWIRL: GRAHAM CRACKER (ENRICHED FLOUR [WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], WHOLE WHEAT FLOUR, SUGAR, HYDROGENATED SOYBEAN AND/OR COTTONSEED OIL, HIGH FRUCTOSE CORN SYRUP, MOLASSES, HONEY, SALT, SODIUM BICARBONATE), SOYBEAN OIL, POWDERED SUGAR (SUGAR, CORNSTARCH), COCONUT OIL, MONO & DIGLYCERIDES, SALT, SOY LECITHIN.

Bruster's Gingerbread Man - Ice Cream - Dish - Regular

Nutrition Facts

Serving Size (153g)
Servings Per Container 1

Amount Per Serving

Calories 410 Calories from Fat 190

	% Daily Value*
Total Fat 21g	32%
Saturated Fat 10g	49%
Trans Fat 0g	
Cholesterol 45mg	14%
Sodium 180mg	8%
Total Carbohydrate 51g	17%
Dietary Fiber 0g	2%
Sugars 32g	
Protein 5g	

Vitamin A 10% • Vitamin C 2%

Calcium 15% • Iron 10%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Ingredients: MILK, CREAM, SUGAR, CORN SYRUP, NONFAT MILK SOLIDS, SWEET WHEY, MONO & DIGLYCERIDES, GUAR GUM, LOCUST BEAN GUM, POLYSORBATE 80, CARRAGEENAN, VANILLA, VANILLIN, NATURAL AND ARTIFICIAL FLAVOR, CARAMEL COLOR, MOLASSES, SPICES, SALT, YELLOW 5. GRAHAM CRACKER SWIRL: GRAHAM CRACKER (ENRICHED FLOUR [WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], WHOLE WHEAT FLOUR, SUGAR, HYDROGENATED SOYBEAN AND/OR COTTONSEED OIL, HIGH FRUCTOSE CORN SYRUP, MOLASSES, HONEY, SALT, SODIUM BICARBONATE), SOYBEAN OIL, POWDERED SUGAR (SUGAR, CORNSTARCH), COCONUT OIL, MONO & DIGLYCERIDES, SALT, SOY LECITHIN. SUGAR CONE: ENRICHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), TAPIOCA FLOUR, SUGAR, VEGETABLE SHORTENING (SOYBEAN AND/OR CANOLA OIL, MODIFIED PALM OIL, SOY LECITHIN, AND/OR PARTIALLY HYDROGENATED SOYBEAN OIL), OAT FIBER AND/OR VEGETABLE FIBER, SALT, CARAMEL COLOR, ARTIFICIAL FLAVOR, SOY LECITHIN.

Bruster's Gingerbread Man - Ice Cream - Dish - Large

Nutrition Facts

Serving Size (223g)
Servings Per Container 1

Amount Per Serving

Calories 580	Calories from Fat 280
	% Daily Value*
Total Fat 31g	47%
Saturated Fat 15g	74%
Trans Fat 0g	
Cholesterol 65mg	22%
Sodium 260mg	11%
Total Carbohydrate 70g	23%
Dietary Fiber <1g	3%
Sugars 47g	
Protein 7g	

Vitamin A 15%	•	Vitamin C 4%
Calcium 20%	•	Iron 15%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Ingredients: MILK, CREAM, SUGAR, CORN SYRUP, NONFAT MILK SOLIDS, SWEET WHEY, MONO & DIGLYCERIDES, GUAR GUM, LOCUST BEAN GUM, POLYSORBATE 80, CARRAGEENAN, VANILLA, VANILLIN, NATURAL AND ARTIFICIAL FLAVOR, CARAMEL COLOR, MOLASSES, SPICES, SALT, YELLOW 5. GRAHAM CRACKER SWIRL: GRAHAM CRACKER (ENRICHED FLOUR [WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], WHOLE WHEAT FLOUR, SUGAR, HYDROGENATED SOYBEAN AND/OR COTTONSEED OIL, HIGH FRUCTOSE CORN SYRUP, MOLASSES, HONEY, SALT, SODIUM BICARBONATE), SOYBEAN OIL, POWDERED SUGAR (SUGAR, CORNSTARCH), COCONUT OIL, MONO & DIGLYCERIDES, SALT, SOY LECITHIN. SUGAR CONE: ENRICHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), TAPIOCA FLOUR, SUGAR, VEGETABLE SHORTENING (SOYBEAN AND/OR CANOLA OIL, MODIFIED PALM OIL, SOY LECITHIN, AND/OR PARTIALLY HYDROGENATED SOYBEAN OIL), OAT FIBER AND/OR VEGETABLE FIBER, SALT, CARAMEL COLOR, ARTIFICIAL FLAVOR, SOY LECITHIN.

Bruster's Gingerbread Man - Ice Cream - Sugar Cone - Kids

Nutrition Facts

Serving Size (293g)
Servings Per Container 1

Amount Per Serving

Calories 760 Calories from Fat 370

	% Daily Value*
Total Fat 41g	63%
Saturated Fat 20g	99%
Trans Fat 0g	
Cholesterol 85mg	29%
Sodium 340mg	14%
Total Carbohydrate 90g	30%
Dietary Fiber <1g	4%
Sugars 62g	
Protein 9g	

Vitamin A 20% • Vitamin C 6%

Calcium 30% • Iron 20%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Ingredients: MILK, CREAM, SUGAR, CORN SYRUP, NONFAT MILK SOLIDS, SWEET WHEY, MONO & DIGLYCERIDES, GUAR GUM, LOCUST BEAN GUM, POLYSORBATE 80, CARRAGEENAN, VANILLA, VANILLIN, NATURAL AND ARTIFICIAL FLAVOR, CARAMEL COLOR, MOLASSES, SPICES, SALT, YELLOW 5. GRAHAM CRACKER SWIRL: GRAHAM CRACKER (ENRICHED FLOUR [WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], WHOLE WHEAT FLOUR, SUGAR, HYDROGENATED SOYBEAN AND/OR COTTONSEED OIL, HIGH FRUCTOSE CORN SYRUP, MOLASSES, HONEY, SALT, SODIUM BICARBONATE), SOYBEAN OIL, POWDERED SUGAR (SUGAR, CORNSTARCH), COCONUT OIL, MONO & DIGLYCERIDES, SALT, SOY LECITHIN. SUGAR CONE: ENRICHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), TAPIOCA FLOUR, SUGAR, VEGETABLE SHORTENING (SOYBEAN AND/OR CANOLA OIL, MODIFIED PALM OIL, SOY LECITHIN, AND/OR PARTIALLY HYDROGENATED SOYBEAN OIL), OAT FIBER AND/OR VEGETABLE FIBER, SALT, CARAMEL COLOR, ARTIFICIAL FLAVOR, SOY LECITHIN.

Bruster's Gingerbread Man - Ice Cream - Sugar Cone - Small

Nutrition Facts

Serving Size (240g)
Servings Per Container 1

Amount Per Serving

Calories 660 Calories from Fat 300

	% Daily Value*
Total Fat 34g	52%
Saturated Fat 16g	78%
Trans Fat 0g	
Cholesterol 75mg	24%
Sodium 240mg	10%
Total Carbohydrate 81g	27%
Dietary Fiber <1g	3%
Sugars 54g	
Protein 8g	

Vitamin A 15% • Vitamin C 4%

Calcium 20% • Iron 15%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Ingredients: MILK, CREAM, SUGAR, CORN SYRUP, NONFAT MILK SOLIDS, SWEET WHEY, MONO & DIGLYCERIDES, GUAR GUM, LOCUST BEAN GUM, POLYSORBATE 80, CARRAGEENAN, VANILLA, VANILLIN, NATURAL AND ARTIFICIAL FLAVOR, CARAMEL COLOR, MOLASSES, SPICES, SALT, YELLOW 5. GRAHAM CRACKER SWIRL: GRAHAM CRACKER (ENRICHED FLOUR [WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], WHOLE WHEAT FLOUR, SUGAR, HYDROGENATED SOYBEAN AND/OR COTTONSEED OIL, HIGH FRUCTOSE CORN SYRUP, MOLASSES, HONEY, SALT, SODIUM BICARBONATE), SOYBEAN OIL, POWDERED SUGAR (SUGAR, CORNSTARCH), COCONUT OIL, MONO & DIGLYCERIDES, SALT, SOY LECITHIN. WAFFLE CONE: ENRICHED BLEACHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, VEGETABLE SHORTENING (PARTIALLY HYDROGENATED SOYBEAN AND COTTONSEED OILS), WHOLE EGG, ARTIFICIAL FLAVOR (INCLUDING MALTODEXTRIN, MODIFIED CORNSTARCH, BUTTER, BUTTERMILK), DEXTROSE, SOY LECITHIN, ARTIFICIAL VANILLA FLAVOR.

Bruster's Gingerbread Man - Ice Cream - Sugar Cone - Regular

Nutrition Facts

Serving Size (310g)
Servings Per Container 1

Amount Per Serving

Calories 840	Calories from Fat 400
	% Daily Value*
Total Fat 44g	68%
Saturated Fat 20g	102%
Trans Fat 0g	
Cholesterol 95mg	32%
Sodium 320mg	13%
Total Carbohydrate 100g	33%
Dietary Fiber <1g	4%
Sugars 69g	
Protein 10g	

Vitamin A 20%	•	Vitamin C 6%
Calcium 25%	•	Iron 20%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Ingredients: MILK, CREAM, SUGAR, CORN SYRUP, NONFAT MILK SOLIDS, SWEET WHEY, MONO & DIGLYCERIDES, GUAR GUM, LOCUST BEAN GUM, POLYSORBATE 80, CARRAGEENAN, VANILLA, VANILLIN, NATURAL AND ARTIFICIAL FLAVOR, CARAMEL COLOR, MOLASSES, SPICES, SALT, YELLOW 5. GRAHAM CRACKER SWIRL: GRAHAM CRACKER (ENRICHED FLOUR [WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], WHOLE WHEAT FLOUR, SUGAR, HYDROGENATED SOYBEAN AND/OR COTTONSEED OIL, HIGH FRUCTOSE CORN SYRUP, MOLASSES, HONEY, SALT, SODIUM BICARBONATE), SOYBEAN OIL, POWDERED SUGAR (SUGAR, CORNSTARCH), COCONUT OIL, MONO & DIGLYCERIDES, SALT, SOY LECITHIN. WAFFLE CONE: ENRICHED BLEACHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, VEGETABLE SHORTENING (PARTIALLY HYDROGENATED SOYBEAN AND COTTONSEED OILS), WHOLE EGG, ARTIFICIAL FLAVOR (INCLUDING MALTODEXTRIN, MODIFIED CORNSTARCH, BUTTER, BUTTERMILK), DEXTROSE, SOY LECITHIN, ARTIFICIAL VANILLA FLAVOR.

Bruster's Gingerbread Man - Ice Cream - Sugar Cone - Large

Nutrition Facts

Serving Size (380g)
Servings Per Container 1

Amount Per Serving

Calories 1010 Calories from Fat 490

	% Daily Value*
Total Fat 54g	83%
Saturated Fat 25g	127%
Trans Fat 0g	
Cholesterol 115mg	39%
Sodium 400mg	17%
Total Carbohydrate 120g	40%
Dietary Fiber 1g	5%
Sugars 84g	
Protein 12g	

Vitamin A 25% • Vitamin C 6%

Calcium 35% • Iron 25%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Ingredients: MILK, CREAM, SUGAR, CORN SYRUP, NONFAT MILK SOLIDS, SWEET WHEY, MONO & DIGLYCERIDES, GUAR GUM, LOCUST BEAN GUM, POLYSORBATE 80, CARRAGEENAN, VANILLA, VANILLIN, NATURAL AND ARTIFICIAL FLAVOR, CARAMEL COLOR, MOLASSES, SPICES, SALT, YELLOW 5. GRAHAM CRACKER SWIRL: GRAHAM CRACKER (ENRICHED FLOUR [WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], WHOLE WHEAT FLOUR, SUGAR, HYDROGENATED SOYBEAN AND/OR COTTONSEED OIL, HIGH FRUCTOSE CORN SYRUP, MOLASSES, HONEY, SALT, SODIUM BICARBONATE), SOYBEAN OIL, POWDERED SUGAR (SUGAR, CORNSTARCH), COCONUT OIL, MONO & DIGLYCERIDES, SALT, SOY LECITHIN. WAFFLE CONE: ENRICHED BLEACHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, VEGETABLE SHORTENING (PARTIALLY HYDROGENATED SOYBEAN AND COTTONSEED OILS), WHOLE EGG, ARTIFICIAL FLAVOR (INCLUDING MALTODEXTRIN, MODIFIED CORNSTARCH, BUTTER, BUTTERMILK), DEXTROSE, SOY LECITHIN, ARTIFICIAL VANILLA FLAVOR.

Bruster's Gingerbread Man - Ice Cream - Waffle Cone - Small

Nutrition Facts

Serving Size (146g)
Servings Per Container 1

Amount Per Serving

Calories 380 Calories from Fat 180

	% Daily Value*
Total Fat 20g	**32%**
Saturated Fat 10g	**49%**
Trans Fat 0g	
Cholesterol 45mg	**14%**
Sodium 170mg	**7%**
Total Carbohydrate 44g	**15%**
Dietary Fiber 0g	**2%**
Sugars 30g	
Protein 5g	

Vitamin A 10% • Vitamin C 2%

Calcium 15% • Iron 10%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Ingredients: MILK, CREAM, SUGAR, CORN SYRUP, NONFAT MILK SOLIDS, SWEET WHEY, MONO & DIGLYCERIDES, GUAR GUM, LOCUST BEAN GUM, POLYSORBATE 80, CARRAGEENAN, VANILLA, VANILLIN, NATURAL AND ARTIFICIAL FLAVOR, CARAMEL COLOR, MOLASSES, SPICES, SALT, YELLOW 5. GRAHAM CRACKER SWIRL: GRAHAM CRACKER (ENRICHED FLOUR [WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], WHOLE WHEAT FLOUR, SUGAR, HYDROGENATED SOYBEAN AND/OR COTTONSEED OIL, HIGH FRUCTOSE CORN SYRUP, MOLASSES, HONEY, SALT, SODIUM BICARBONATE), SOYBEAN OIL, POWDERED SUGAR (SUGAR, CORNSTARCH), COCONUT OIL, MONO & DIGLYCERIDES, SALT, SOY LECITHIN. CAKE CONE: ENRICHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), TAPIOCA FLOUR, SUGAR, VEGETABLE OIL SHORTENING (SOYBEAN AND/OR CANOLA OIL, MODIFIED PALM OIL, SOY LECITHIN, AND/OR PARTIALLY HYDROGENATED SOYBEAN OIL), LEAVENING (SODIUM BICARBONATE, AMMONIUM BICARBONATE), SALT, NATURAL FLAVOR, ANNATTO (VEGETABLE COLOR).

Bruster's Gingerbread Man - Ice Cream - Waffle Cone - Regular

Nutrition Facts

Serving Size (146g)
Servings Per Container 1

Amount Per Serving

Calories 380 Calories from Fat 180

	% Daily Value*
Total Fat 20g	**32%**
Saturated Fat 10g	**49%**
Trans Fat 0g	
Cholesterol 45mg	**14%**
Sodium 170mg	**7%**
Total Carbohydrate 44g	**15%**
Dietary Fiber 0g	**2%**
Sugars 30g	
Protein 5g	

Vitamin A 10%	•	Vitamin C 2%
Calcium 15%	•	Iron 10%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Ingredients: MILK, CREAM, SUGAR, CORN SYRUP, NONFAT MILK SOLIDS, SWEET WHEY, MONO & DIGLYCERIDES, GUAR GUM, LOCUST BEAN GUM, POLYSORBATE 80, CARRAGEENAN, VANILLA, VANILLIN, NATURAL AND ARTIFICIAL FLAVOR, CARAMEL COLOR, MOLASSES, SPICES, SALT, YELLOW 5. GRAHAM CRACKER SWIRL: GRAHAM CRACKER (ENRICHED FLOUR [WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], WHOLE WHEAT FLOUR, SUGAR, HYDROGENATED SOYBEAN AND/OR COTTONSEED OIL, HIGH FRUCTOSE CORN SYRUP, MOLASSES, HONEY, SALT, SODIUM BICARBONATE), SOYBEAN OIL, POWDERED SUGAR (SUGAR, CORNSTARCH), COCONUT OIL, MONO & DIGLYCERIDES, SALT, SOY LECITHIN. CAKE CONE: ENRICHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), TAPIOCA FLOUR, SUGAR, VEGETABLE OIL SHORTENING (SOYBEAN AND/OR CANOLA OIL, MODIFIED PALM OIL, SOY LECITHIN, AND/OR PARTIALLY HYDROGENATED SOYBEAN OIL), LEAVENING (SODIUM BICARBONATE, AMMONIUM BICARBONATE), SALT, NATURAL FLAVOR, ANNATTO (VEGETABLE COLOR).

Nutrition Facts

Serving Size (146g)
Servings Per Container 1

Amount Per Serving

Calories 380 Calories from Fat 180

	% Daily Value*
Total Fat 20g	**32%**
Saturated Fat 10g	**49%**
Trans Fat 0g	
Cholesterol 45mg	**14%**
Sodium 170mg	**7%**
Total Carbohydrate 44g	**15%**
Dietary Fiber 0g	**2%**
Sugars 30g	
Protein 5g	

Vitamin A 10% • Vitamin C 2%

Calcium 15% • Iron 10%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Ingredients: MILK, CREAM, SUGAR, CORN SYRUP, NONFAT MILK SOLIDS, SWEET WHEY, MONO & DIGLYCERIDES, GUAR GUM, LOCUST BEAN GUM, POLYSORBATE 80, CARRAGEENAN, VANILLA, VANILLIN, NATURAL AND ARTIFICIAL FLAVOR, CARAMEL COLOR, MOLASSES, SPICES, SALT, YELLOW 5. GRAHAM CRACKER SWIRL: GRAHAM CRACKER (ENRICHED FLOUR [WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], WHOLE WHEAT FLOUR, SUGAR, HYDROGENATED SOYBEAN AND/OR COTTONSEED OIL, HIGH FRUCTOSE CORN SYRUP, MOLASSES, HONEY, SALT, SODIUM BICARBONATE), SOYBEAN OIL, POWDERED SUGAR (SUGAR, CORNSTARCH), COCONUT OIL, MONO & DIGLYCERIDES, SALT, SOY LECITHIN. CAKE CONE: ENRICHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), TAPIOCA FLOUR, SUGAR, VEGETABLE OIL SHORTENING (SOYBEAN AND/OR CANOLA OIL, MODIFIED PALM OIL, SOY LECITHIN, AND/OR PARTIALLY HYDROGENATED SOYBEAN OIL), LEAVENING (SODIUM BICARBONATE, AMMONIUM BICARBONATE), SALT, NATURAL FLAVOR, ANNATTO (VEGETABLE COLOR).