

CONTAINS: WHEAT, SOY.

Nutrition Facts		
Serving size		140g
Amount per serving		
Calories		330
% Daily Value*		
Total Fat	14g	18%
Saturated Fat	2g	10%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	110mg	5%
Total Carbohydrate	49g	18%
Dietary Fiber	0g	0%
Total Sugars	30g	
Includes 30g Added Sugars		60%
Protein	3g	
Vitamin D	0mcg	0%
Calcium	20mg	0%
Iron	1.3mg	8%
Potassium	90mg	0%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.		

**Ingredients:** OATMILK (WATER, OATS), LIQUID SUGAR (SUGAR, WATER), DRIED GLUCOSE SYRUP, RAPESEED OIL, DEXTROSE, PEA PROTEIN, NATURAL FLAVOR, MONO AND DIGLYCERIDES OF FATTY ACIDS, SEA SALT, GUAR GUM, GELLAN GUM, POTASSIUM PHOSPHATE, LOCUST BEAN GUM, COOKIE PIECES (SUGAR, ENRICHED FLOUR [WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], HIGH OLEIC CANOLA OIL AND/OR PALM OIL AND/OR CANOLA OIL AND/OR SOYBEAN OIL, COCOA [PROCESSED WITH ALKALI], HIGH FRUCTOSE CORN SYRUP CORNSTARCH, LEAVENING [BAKING SODA AND/OR CALCIUM PHOSPHATE], SALT, SOY LECITHIN [EMULSIFIER], VANILLIN, CHOCOLATE), NATURAL AND ARTIFICIAL FLAVOR.

CONTAINS: WHEAT, SOY.

### Vertical, Standard

### Vertical, Standard

## Nutrition Facts

**Serving size** **76g**

**Amount per serving**

<b>Calories</b>	<b>190</b>
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**% Daily Value\***

**Total Fat** 7g **9%**

Saturated Fat 1g **5%**

*Trans* Fat 0g

**Cholesterol** 0mg **0%**

**Sodium** 65mg **3%**

**Total Carbohydrate** 29g **11%**

Dietary Fiber 0g **0%**

Total Sugars 15g

Includes 15g Added Sugars **30%**

**Protein** 2g

Vitamin D 0mcg 0%

Calcium 10mg	0%
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Iron 0.9mg 6%

Potassium 50mg	0%
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**Ingredients:** OATMILK (WATER, OATS), LIQUID SUGAR (SUGAR, WATER), DRIED GLUCOSE SYRUP, RAPESEED OIL, DEXTROSE, PEA PROTEIN, NATURAL FLAVOR, MONO AND DIGLYCERIDES OF FATTY ACIDS, SEA SALT, GUAR GUM, GELLAN GUM, POTASSIUM PHOSPHATE, LOCUST BEAN GUM, COOKIE PIECES (SUGAR, ENRICHED FLOUR [WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], HIGH OLEIC CANOLA OIL AND/OR PALM OIL AND/OR CANOLA OIL AND/OR SOYBEAN OIL, COCOA [PROCESSED WITH ALKALI], HIGH FRUCTOSE CORN SYRUP CORNSTARCH, LEAVENING [BAKING SODA AND/OR CALCIUM PHOSPHATE], SALT, SOY LECITHIN [EMULSIFIER], VANILLIN, CHOCOLATE), NATURAL AND ARTIFICIAL FLAVOR, CAKE CONE (ENRICHED WHEAT FLOUR [CONTAINS NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], TAPIOCA FLOUR, SUGAR, VEGETABLE OIL SHORTENING [SOYBEAN OIL OR CANOLA OIL, MODIFIED PALM OIL, SOY LECITHIN, AND/OR PARTIALLY HYDROGENATED SOYBEAN OIL], LEAVENING [SODIUM BICARBONATE, AMMONIUM BICARBONATE], SALT, NATURAL FLAVOR, ANNATTO [VEGETABLE COLOR]).

CONTAINS: WHEAT, SOY.

**Ingredients:** OATMILK (WATER, OATS), LIQUID SUGAR (SUGAR, WATER), DRIED GLUCOSE SYRUP, RAPESEED OIL, DEXTROSE, PEA PROTEIN, NATURAL FLAVOR, MONO AND DIGLYCERIDES OF FATTY ACIDS, SEA SALT, GUAR GUM, GELLAN GUM, POTASSIUM PHOSPHATE, LOCUST BEAN GUM, COOKIE PIECES (SUGAR, ENRICHED FLOUR [WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], HIGH OLEIC CANOLA OIL AND/OR PALM OIL AND/OR CANOLA OIL AND/OR SOYBEAN OIL, COCOA [PROCESSED WITH ALKALI], HIGH FRUCTOSE CORN SYRUP CORNSTARCH, LEAVENING [BAKING SODA AND/OR CALCIUM PHOSPHATE], SALT, SOY LECITHIN [EMULSIFIER], VANILLIN, CHOCOLATE), NATURAL AND ARTIFICIAL FLAVOR, CAKE CONE (ENRICHED WHEAT FLOUR [CONTAINS NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], TAPIOCA FLOUR, SUGAR, VEGETABLE OIL SHORTENING [SOYBEAN OIL OR CANOLA OIL, MODIFIED PALM OIL, SOY LECITHIN, AND/OR PARTIALLY HYDROGENATED SOYBEAN OIL], LEAVENING [SODIUM BICARBONATE, AMMONIUM BICARBONATE], SALT, NATURAL FLAVOR, ANNATTO [VEGETABLE COLOR]).

Wednesday, March 23, 2022

**Ingredients:** OATMILK (WATER, OATS), LIQUID SUGAR (SUGAR, WATER), DRIED GLUCOSE SYRUP, RAPESEED OIL, DEXTROSE, PEA PROTEIN, NATURAL FLAVOR, MONO AND DIGLYCERIDES OF FATTY ACIDS, SEA SALT, GUAR GUM, GELLAN GUM, POTASSIUM PHOSPHATE, LOCUST BEAN GUM, COOKIE PIECES (SUGAR, ENRICHED FLOUR [WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], HIGH OLEIC CANOLA OIL AND/OR PALM OIL AND/OR CANOLA OIL AND/OR SOYBEAN OIL, COCOA [PROCESSED WITH ALKALI], HIGH FRUCTOSE CORN SYRUP CORNSTARCH, LEAVENING [BAKING SODA AND/OR CALCIUM PHOSPHATE], SALT, SOY LECITHIN [EMULSIFIER], VANILLIN, CHOCOLATE), NATURAL AND ARTIFICIAL FLAVOR, CAKE CONE (ENRICHED WHEAT FLOUR [CONTAINS NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], TAPIOCA FLOUR, SUGAR, VEGETABLE OIL SHORTENING [SOYBEAN OIL OR CANOLA OIL, MODIFIED PALM OIL, SOY LECITHIN, AND/OR PARTIALLY HYDROGENATED SOYBEAN OIL], LEAVENING [SODIUM BICARBONATE, AMMONIUM BICARBONATE], SALT, NATURAL FLAVOR, ANNATTO [VEGETABLE COLOR]).

Wednesday, March 23, 2022

Nutrition Facts		
Serving size		286g
Amount per serving		
Calories		690
% Daily Value*		
Total Fat	28g	36%
Saturated Fat	4.5g	23%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	230mg	10%
Total Carbohydrate	103g	37%
Dietary Fiber	0g	0%
Total Sugars	60g	
Includes 60g Added Sugars		120%
Protein	6g	
Vitamin D	0mcg	0%
Calcium	40mg	4%
Iron	2.7mg	15%
Potassium	180mg	4%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.		

**Ingredients:** OATMILK (WATER, OATS), LIQUID SUGAR (SUGAR, WATER), DRIED GLUCOSE SYRUP, RAPESEED OIL, DEXTROSE, PEA PROTEIN, NATURAL FLAVOR, MONO AND DIGLYCERIDES OF FATTY ACIDS, SEA SALT, GUAR GUM, GELLAN GUM, POTASSIUM PHOSPHATE, LOCUST BEAN GUM, COOKIE PIECES (SUGAR, ENRICHED FLOUR [WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], HIGH OLEIC CANOLA OIL AND/OR PALM OIL AND/OR CANOLA OIL AND/OR SOYBEAN OIL, COCOA [PROCESSED WITH ALKALI], HIGH FRUCTOSE CORN SYRUP CORNSTARCH, LEAVENING [BAKING SODA AND/OR CALCIUM PHOSPHATE], SALT, SOY LECITHIN [EMULSIFIER], VANILLIN, CHOCOLATE), NATURAL AND ARTIFICIAL FLAVOR, CAKE CONE (ENRICHED WHEAT FLOUR [CONTAINS NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], TAPIOCA FLOUR, SUGAR, VEGETABLE OIL SHORTENING [SOYBEAN OIL OR CANOLA OIL, MODIFIED PALM OIL, SOY LECITHIN, AND/OR PARTIALLY HYDROGENATED SOYBEAN OIL], LEAVENING [SODIUM BICARBONATE, AMMONIUM BICARBONATE], SALT, NATURAL FLAVOR, ANNATTO [VEGETABLE COLOR]).

CONTAINS: WHEAT, SOY.



**Ingredients:** OATMILK (WATER, OATS), LIQUID SUGAR (SUGAR, WATER), DRIED GLUCOSE SYRUP, RAPESEED OIL, DEXTROSE, PEA PROTEIN, NATURAL FLAVOR, MONO AND DIGLYCERIDES OF FATTY ACIDS, SEA SALT, GUAR GUM, GELLAN GUM, POTASSIUM PHOSPHATE, LOCUST BEAN GUM, COOKIE PIECES (SUGAR, ENRICHED FLOUR [WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], HIGH OLEIC CANOLA OIL AND/OR PALM OIL AND/OR CANOLA OIL AND/OR SOYBEAN OIL, COCOA [PROCESSED WITH ALKALI], HIGH FRUCTOSE CORN SYRUP CORNSTARCH, LEAVENING [BAKING SODA AND/OR CALCIUM PHOSPHATE], SALT, SOY LECITHIN [EMULSIFIER], VANILLIN, CHOCOLATE), NATURAL AND ARTIFICIAL FLAVOR, SUGAR CONE (ENRICHED WHEAT FLOUR [CONTAINS NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], BROWN SUGAR, VEGETABLE OIL SHORTENING [SOYBEAN OIL OR CANOLA OIL, MODIFIED PALM OIL, SOY LECITHIN, AND/OR PARTIALLY HYDROGENATED SOYBEAN OIL], OAT FIBER AND/OR VEGETABLE FIBER, SALT, CARAMEL COLOR, ARTIFICIAL FLAVOR, SOY LECITHIN).

CONTAINS: WHEAT, SOY.

Nutrition Facts		
Serving size		153g
Amount per serving		
Calories		380
% Daily Value*		
Total Fat	14g	18%
Saturated Fat	2g	10%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	130mg	6%
Total Carbohydrate	60g	22%
Dietary Fiber	0g	0%
Total Sugars	34g	
Includes 34g Added Sugars		68%
Protein	4g	
Vitamin D	0mcg	0%
Calcium	30mg	2%
Iron	1.7mg	10%
Potassium	110mg	2%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.		

**Ingredients:** OATMILK (WATER, OATS), LIQUID SUGAR (SUGAR, WATER), DRIED GLUCOSE SYRUP, RAPESEED OIL, DEXTROSE, PEA PROTEIN, NATURAL FLAVOR, MONO AND DIGLYCERIDES OF FATTY ACIDS, SEA SALT, GUAR GUM, GELLAN GUM, POTASSIUM PHOSPHATE, LOCUST BEAN GUM, COOKIE PIECES (SUGAR, ENRICHED FLOUR [WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], HIGH OLEIC CANOLA OIL AND/OR PALM OIL AND/OR CANOLA OIL AND/OR SOYBEAN OIL, COCOA [PROCESSED WITH ALKALI], HIGH FRUCTOSE CORN SYRUP CORNSTARCH, LEAVENING [BAKING SODA AND/OR CALCIUM PHOSPHATE], SALT, SOY LECITHIN [EMULSIFIER], VANILLIN, CHOCOLATE), NATURAL AND ARTIFICIAL FLAVOR, SUGAR CONE (ENRICHED WHEAT FLOUR [CONTAINS NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], BROWN SUGAR, VEGETABLE OIL SHORTENING [SOYBEAN OIL OR CANOLA OIL, MODIFIED PALM OIL, SOY LECITHIN, AND/OR PARTIALLY HYDROGENATED SOYBEAN OIL], OAT FIBER AND/OR VEGETABLE FIBER, SALT, CARAMEL COLOR, ARTIFICIAL FLAVOR, SOY LECITHIN).

CONTAINS: WHEAT, SOY.

Nutrition Facts		
Serving size		223g
Amount per serving		
Calories		550
% Daily Value*		
Total Fat	21g	27%
Saturated Fat	3g	15%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	180mg	8%
Total Carbohydrate	84g	31%
Dietary Fiber	0g	0%
Total Sugars	49g	
Includes 49g Added Sugars		98%
Protein	5g	
Vitamin D	0mcg	0%
Calcium	30mg	2%
Iron	2.3mg	15%
Potassium	150mg	4%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.		

**Ingredients:** OATMILK (WATER, OATS), LIQUID SUGAR (SUGAR, WATER), DRIED GLUCOSE SYRUP, RAPESEED OIL, DEXTROSE, PEA PROTEIN, NATURAL FLAVOR, MONO AND DIGLYCERIDES OF FATTY ACIDS, SEA SALT, GUAR GUM, GELLAN GUM, POTASSIUM PHOSPHATE, LOCUST BEAN GUM, COOKIE PIECES (SUGAR, ENRICHED FLOUR [WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], HIGH OLEIC CANOLA OIL AND/OR PALM OIL AND/OR CANOLA OIL AND/OR SOYBEAN OIL, COCOA [PROCESSED WITH ALKALI], HIGH FRUCTOSE CORN SYRUP CORNSTARCH, LEAVENING [BAKING SODA AND/OR CALCIUM PHOSPHATE], SALT, SOY LECITHIN [EMULSIFIER], VANILLIN, CHOCOLATE), NATURAL AND ARTIFICIAL FLAVOR, SUGAR CONE (ENRICHED WHEAT FLOUR [CONTAINS NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], BROWN SUGAR, VEGETABLE OIL SHORTENING [SOYBEAN OIL OR CANOLA OIL, MODIFIED PALM OIL, SOY LECITHIN, AND/OR PARTIALLY HYDROGENATED SOYBEAN OIL], OAT FIBER AND/OR VEGETABLE FIBER, SALT, CARAMEL COLOR, ARTIFICIAL FLAVOR, SOY LECITHIN).

CONTAINS: WHEAT, SOY.

Nutrition Facts		
Serving size		293g
Amount per serving		
Calories		710
% Daily Value*		
Total Fat	28g	36%
Saturated Fat	4.5g	23%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	240mg	10%
Total Carbohydrate	109g	40%
Dietary Fiber	0g	0%
Total Sugars	64g	
Includes 64g Added Sugars		128%
Protein	6g	
Vitamin D	0mcg	0%
Calcium	40mg	4%
Iron	2.9mg	15%
Potassium	200mg	4%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.		

**Ingredients:** OATMILK (WATER, OATS), LIQUID SUGAR (SUGAR, WATER), DRIED GLUCOSE SYRUP, RAPESEED OIL, DEXTROSE, PEA PROTEIN, NATURAL FLAVOR, MONO AND DIGLYCERIDES OF FATTY ACIDS, SEA SALT, GUAR GUM, GELLAN GUM, POTASSIUM PHOSPHATE, LOCUST BEAN GUM, COOKIE PIECES (SUGAR, ENRICHED FLOUR [WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], HIGH OLEIC CANOLA OIL AND/OR PALM OIL AND/OR CANOLA OIL AND/OR SOYBEAN OIL, COCOA [PROCESSED WITH ALKALI], HIGH FRUCTOSE CORN SYRUP CORNSTARCH, LEAVENING [BAKING SODA AND/OR CALCIUM PHOSPHATE], SALT, SOY LECITHIN [EMULSIFIER], VANILLIN, CHOCOLATE), NATURAL AND ARTIFICIAL FLAVOR, SUGAR CONE (ENRICHED WHEAT FLOUR [CONTAINS NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], BROWN SUGAR, VEGETABLE OIL SHORTENING [SOYBEAN OIL OR CANOLA OIL, MODIFIED PALM OIL, SOY LECITHIN, AND/OR PARTIALLY HYDROGENATED SOYBEAN OIL], OAT FIBER AND/OR VEGETABLE FIBER, SALT, CARAMEL COLOR, ARTIFICIAL FLAVOR, SOY LECITHIN).

CONTAINS: WHEAT, SOY.

CONTAINS: WHEAT, SOY, EGG, MILK.

Nutrition Facts		
Serving size		240g
Amount per serving		
Calories		630
% Daily Value*		
Total Fat	24g	31%
Saturated Fat	3g	15%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	170mg	7%
Total Carbohydrate	97g	35%
Dietary Fiber	0g	0%
Total Sugars	57g	
Includes 57g Added Sugars		114%
Protein	6g	
Vitamin D	0mcg	0%
Calcium	30mg	2%
Iron	2.6mg	15%
Potassium	160mg	4%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.		

**Ingredients:** OATMILK (WATER, OATS), LIQUID SUGAR (SUGAR, WATER), DRIED GLUCOSE SYRUP, RAPESEED OIL, DEXTROSE, PEA PROTEIN, NATURAL FLAVOR, MONO AND DIGLYCERIDES OF FATTY ACIDS, SEA SALT, GUAR GUM, GELLAN GUM, POTASSIUM PHOSPHATE, LOCUST BEAN GUM, COOKIE PIECES (SUGAR, ENRICHED FLOUR [WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], HIGH OLEIC CANOLA OIL AND/OR PALM OIL AND/OR CANOLA OIL AND/OR SOYBEAN OIL, COCOA [PROCESSED WITH ALKALI], HIGH FRUCTOSE CORN SYRUP CORNSTARCH, LEAVENING [BAKING SODA AND/OR CALCIUM PHOSPHATE], SALT, SOY LECITHIN [EMULSIFIER], VANILLIN, CHOCOLATE), NATURAL AND ARTIFICIAL FLAVOR, WAFFLE CONE (ENRICHED WHEAT FLOUR [CONTAINS NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], SUGAR, VEGETABLE SHORTENING [CONTAINING PARTIALLY HYDROGENATED SOYBEAN AND COTTONSEED OILS], WHOLE EGG, ARTIFICIAL FLAVOR [INCLUDING MALTODEXTRIN, MODIFIED CORNSTARCH, BUTTER, BUTTERMILK], DEXTROSE, SOY LECITHIN).

CONTAINS: WHEAT, SOY, EGG, MILK.

CONTAINS: WHEAT, SOY, EGG, MILK.