

Nutrition Facts

1 servings per container

Serving size 2.7 oz (76g)

Amount per serving

Calories 130

% Daily Value*

Total Fat 0g 0%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 65mg 3%

Total Carbohydrate 27g 10%

Dietary Fiber 0g 0%

Total Sugars 5g

Includes 0g of Added Sugars 0%

Protein 4g

Vitamin D 0mcg 0%

Calcium 130mg 10%

Iron 0.6mg 4%

Potassium 210mg 4%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Coffee, Sucralose, Carrageenan, Nonfat Milk Solids, Coffee, Vanillin, Vanilla, Caramel Color, Natural Flavor, Vitamin A Palmitate. Chocolate Fudge: Maltitol Syrup, Nonfat Milk, Glycerin, Cocoa Processed with Alkali, Modified Cornstarch, Potassium Sorbate (a preservative), Xanthan Gum, Artificial Flavor, and Aspartame*. Cake Cone: Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Tapioca Flour, Sugar, Vegetable Oil Shortening (Soybean and/or Canola Oil, Modified Palm Oil, Soy Lecithin, and/or Partially Hydrogenated Soybean Oil), Leavening (Sodium Bicarbonate, Ammonium Bicarbonate), Salt, Natural Flavor, Annatto (Vegetable Color). *PHENYLKETONURICS: CONTAINS PHENYLALANINE. CONTAINS: MILK, WHEAT, SOY.

Nutrition Facts

1 servings per container
Serving size 5.2 oz (146g)

Amount per serving
Calories 230

% Daily Value*

Total Fat	0g	0%
Saturated Fat	0g	0%
<i>Trans</i> Fat	0g	
Cholesterol	0mg	0%
Sodium	120mg	5%
Total Carbohydrate	49g	18%
Dietary Fiber	<1g	4%
Total Sugars	11g	
Includes 0g of Added Sugars		0%
Protein	8g	
Vitamin D	0mcg	0%
Calcium	270mg	20%
Iron	0.8mg	4%
Potassium	410mg	8%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Coffee, Sucralose, Carrageenan, Nonfat Milk Solids, Coffee, Vanillin, Vanilla, Caramel Color, Natural Flavor, Vitamin A Palmitate.
 Chocolate Fudge: Maltitol Syrup, Nonfat Milk, Glycerin, Cocoa Processed with Alkali, Modified Cornstarch, Potassium Sorbate (a preservative), Xanthan Gum, Artificial Flavor, and Aspartame*.
 Cake Cone: Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Tapioca Flour, Sugar, Vegetable Oil Shortening (Soybean and/or Canola Oil, Modified Palm Oil, Soy Lecithin, and/or Partially Hydrogenated Soybean Oil), Leavening (Sodium Bicarbonate, Ammonium Bicarbonate), Salt, Natural Flavor, Annatto (Vegetable Color). *PHENYLKETONURICS: CONTAINS PHENYLALANINE.
 CONTAINS: MILK, WHEAT, SOY.

Nutrition Facts	
1 servings per container	
Serving size	7.7 oz (216g)
Amount per serving	
Calories	330
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 170mg	7%
Total Carbohydrate 71g	26%
Dietary Fiber 1g	4%
Total Sugars 16g	
Includes 0g of Added Sugars	0%
Protein 11g	
Vitamin D 0mcg	0%
Calcium 400mg	30%
Iron 1mg	6%
Potassium 620mg	15%
<small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

Ingredients: Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Coffee, Sucralose, Carrageenan, Nonfat Milk Solids, Coffee, Vanillin, Vanilla, Caramel Color, Natural Flavor, Vitamin A Palmitate. Chocolate Fudge: Maltitol Syrup, Nonfat Milk, Glycerin, Cocoa Processed with Alkali, Modified Cornstarch, Potassium Sorbate (a preservative), Xanthan Gum, Artificial Flavor, and Aspartame*. Cake Cone: Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Tapioca Flour, Sugar, Vegetable Oil Shortening (Soybean and/or Canola Oil, Modified Palm Oil, Soy Lecithin, and/or Partially Hydrogenated Soybean Oil), Leavening (Sodium Bicarbonate, Ammonium Bicarbonate), Salt, Natural Flavor, Annatto (Vegetable Color). *PHENYLKETONURICS: CONTAINS PHENYLALANINE. CONTAINS: MILK, WHEAT, SOY.

Nutrition Facts

1 servings per container
Serving size 10.2 oz (286g)

Amount per serving
Calories 430

% Daily Value*

Total Fat	0g	0%
Saturated Fat	0g	0%
<i>Trans</i> Fat	0g	
Cholesterol	0mg	0%
Sodium	230mg	10%
Total Carbohydrate	93g	34%
Dietary Fiber	2g	7%
Total Sugars	22g	
Includes 0g of Added Sugars		0%
Protein	15g	
Vitamin D	0mcg	0%
Calcium	540mg	40%
Iron	1.3mg	8%
Potassium	820mg	15%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Coffee, Sucralose, Carrageenan, Nonfat Milk Solids, Coffee, Vanillin, Vanilla, Caramel Color, Natural Flavor, Vitamin A Palmitate.
 Chocolate Fudge: Maltitol Syrup, Nonfat Milk, Glycerin, Cocoa Processed with Alkali, Modified Cornstarch, Potassium Sorbate (a preservative), Xanthan Gum, Artificial Flavor, and Aspartame*.
 Cake Cone: Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Tapioca Flour, Sugar, Vegetable Oil Shortening (Soybean and/or Canola Oil, Modified Palm Oil, Soy Lecithin, and/or Partially Hydrogenated Soybean Oil), Leavening (Sodium Bicarbonate, Ammonium Bicarbonate), Salt, Natural Flavor, Annatto (Vegetable Color). *PHENYLKETONURICS: CONTAINS PHENYLALANINE.
 CONTAINS: MILK, WHEAT, SOY.

Nutrition Facts		
1 servings per container		
Serving size	2.5 oz (70g)	
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Amount per serving		
Calories	100	
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	% Daily Value*	
Total Fat 0g		0%
Saturated Fat 0g		0%
<i>Trans</i> Fat 0g		
Cholesterol 0mg		0%
Sodium 55mg		2%
Total Carbohydrate 22g		8%
Dietary Fiber 0g		0%
Total Sugars 5g		
Includes 0g of Added Sugars		0%
Protein 4g		
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Vitamin D 0mcg		0%
Calcium 140mg		10%
Iron 0mg		0%
Potassium 200mg		4%
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* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.		

Ingredients: Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Coffee, Sucralose, Carrageenan, Nonfat Milk Solids, Coffee, Vanillin, Vanilla, Caramel Color, Natural Flavor, Vitamin A Palmitate. Chocolate Fudge: Maltitol Syrup, Nonfat Milk, Glycerin, Cocoa Processed with Alkali, Modified Cornstarch, Potassium Sorbate (a preservative), Xanthan Gum, Artificial Flavor, and Aspartame*. *PHENYLKETONURICS: CONTAINS PHENYLALANINE. CONTAINS: MILK.

Nutrition Facts

1 servings per container

Serving size 5 oz (140g)

Amount per serving
Calories 210

% Daily Value*

Total Fat 0g 0%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 110mg 5%

Total Carbohydrate 44g 16%

Dietary Fiber <1g 4%

Total Sugars 11g

Includes 0g of Added Sugars 0%

Protein 7g

Vitamin D 0mcg 0%

Calcium 270mg 20%

Iron 0.5mg 2%

Potassium 400mg 8%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Coffee, Sucralose, Carrageenan, Nonfat Milk Solids, Coffee, Vanillin, Vanilla, Caramel Color, Natural Flavor, Vitamin A Palmitate. Chocolate Fudge: Maltitol Syrup, Nonfat Milk, Glycerin, Cocoa Processed with Alkali, Modified Cornstarch, Potassium Sorbate (a preservative), Xanthan Gum, Artificial Flavor, and Aspartame*. *PHENYLKETONURICS: CONTAINS PHENYLALANINE. CONTAINS: MILK.

Nutrition Facts

1 servings per container

Serving size 7.5 oz (210g)

Amount per serving

Calories 310

% Daily Value*

Total Fat 0g 0%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 160mg 7%

Total Carbohydrate 66g 24%

Dietary Fiber 1g 4%

Total Sugars 16g

Includes 0g of Added Sugars 0%

Protein 11g

Vitamin D 0mcg 0%

Calcium 405mg 30%

Iron 0.7mg 4%

Potassium 610mg 15%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Coffee, Sucralose, Carrageenan, Nonfat Milk Solids, Coffee, Vanillin, Vanilla, Caramel Color, Natural Flavor, Vitamin A Palmitate. Chocolate Fudge: Maltitol Syrup, Nonfat Milk, Glycerin, Cocoa Processed with Alkali, Modified Cornstarch, Potassium Sorbate (a preservative), Xanthan Gum, Artificial Flavor, and Aspartame*. *PHENYLKETONURICS: CONTAINS PHENYLALANINE. CONTAINS: MILK.

Nutrition Facts		
1 servings per container		
Serving size	10 oz (280g)	
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Amount per serving		
Calories	410	
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	% Daily Value*	
Total Fat 0g		0%
Saturated Fat 0g		0%
<i>Trans</i> Fat 0g		
Cholesterol 0mg		0%
Sodium 220mg		10%
Total Carbohydrate 88g		32%
Dietary Fiber 2g		7%
Total Sugars 21g		
Includes 0g of Added Sugars		0%
Protein 14g		
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Vitamin D 0mcg		0%
Calcium 540mg		40%
Iron 1mg		6%
Potassium 810mg		15%
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* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.		

Ingredients: Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Coffee, Sucralose, Carrageenan, Nonfat Milk Solids, Coffee, Vanillin, Vanilla, Caramel Color, Natural Flavor, Vitamin A Palmitate. Chocolate Fudge: Maltitol Syrup, Nonfat Milk, Glycerin, Cocoa Processed with Alkali, Modified Cornstarch, Potassium Sorbate (a preservative), Xanthan Gum, Artificial Flavor, and Aspartame*. *PHENYLKETONURICS: CONTAINS PHENYLALANINE. CONTAINS: MILK.

Nutrition Facts	
1 servings per container	
Serving size	3 oz (83g)
Amount per serving	
Calories	150
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 75mg	3%
Total Carbohydrate 34g	12%
Dietary Fiber 0g	0%
Total Sugars 8g	
Includes 3g of Added Sugars	6%
Protein 4g	
Vitamin D 0mcg	0%
Calcium 150mg	10%
Iron 0.6mg	4%
Potassium 220mg	4%
<small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

Ingredients: Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Coffee, Sucralose, Carrageenan, Nonfat Milk Solids, Coffee, Vanillin, Vanilla, Caramel Color, Natural Flavor, Vitamin A Palmitate.
 Chocolate Fudge: Maltitol Syrup, Nonfat Milk, Glycerin, Cocoa Processed with Alkali, Modified Cornstarch, Potassium Sorbate (a preservative), Xanthan Gum, Artificial Flavor, and Aspartame*.
 Sugar Cone: Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Tapioca Flour, Sugar, Vegetable Shortening (Soybean and/or Canola Oil, Modified Palm Oil, Soy Lecithin, and/or Partially Hydrogenated Soybean Oil), Oat Fiber and/or Vegetable Fiber, Salt, Caramel Color, Artificial Flavor, Soy Lecithin.
 *PHENYLKETONURICS: CONTAINS PHENYLALANINE.
 CONTAINS: MILK, WHEAT, SOY.

Nutrition Facts	
1 servings per container	
Serving size	5.5 oz (153g)
Amount per serving	
Calories	260
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 130mg	6%
Total Carbohydrate 56g	20%
Dietary Fiber <1g	4%
Total Sugars 14g	
Includes 3g of Added Sugars	6%
Protein 8g	
Vitamin D 0mcg	0%
Calcium 290mg	20%
Iron 0.8mg	4%
Potassium 430mg	10%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Coffee, Sucralose, Carrageenan, Nonfat Milk Solids, Coffee, Vanillin, Vanilla, Caramel Color, Natural Flavor, Vitamin A Palmitate.
 Chocolate Fudge: Maltitol Syrup, Nonfat Milk, Glycerin, Cocoa Processed with Alkali, Modified Cornstarch, Potassium Sorbate (a preservative), Xanthan Gum, Artificial Flavor, and Aspartame*.
 Sugar Cone: Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Tapioca Flour, Sugar, Vegetable Shortening (Soybean and/or Canola Oil, Modified Palm Oil, Soy Lecithin, and/or Partially Hydrogenated Soybean Oil), Oat Fiber and/or Vegetable Fiber, Salt, Caramel Color, Artificial Flavor, Soy Lecithin.
 *PHENYLKETONURICS: CONTAINS PHENYLALANINE.
 CONTAINS: MILK, WHEAT, SOY.

Nutrition Facts	
1 servings per container	
Serving size	8 oz (223g)
Amount per serving	
Calories	360
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 180mg	8%
Total Carbohydrate 78g	28%
Dietary Fiber 1g	4%
Total Sugars 19g	
Includes 3g of Added Sugars	6%
Protein 11g	
Vitamin D 0mcg	0%
Calcium 430mg	35%
Iron 1mg	6%
Potassium 630mg	15%
<small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

Ingredients: Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Coffee, Sucralose, Carrageenan, Nonfat Milk Solids, Coffee, Vanillin, Vanilla, Caramel Color, Natural Flavor, Vitamin A Palmitate.
 Chocolate Fudge: Maltitol Syrup, Nonfat Milk, Glycerin, Cocoa Processed with Alkali, Modified Cornstarch, Potassium Sorbate (a preservative), Xanthan Gum, Artificial Flavor, and Aspartame*.
 Sugar Cone: Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Tapioca Flour, Sugar, Vegetable Shortening (Soybean and/or Canola Oil, Modified Palm Oil, Soy Lecithin, and/or Partially Hydrogenated Soybean Oil), Oat Fiber and/or Vegetable Fiber, Salt, Caramel Color, Artificial Flavor, Soy Lecithin.
***PHENYLKETONURICS: CONTAINS PHENYLALANINE.**
CONTAINS: MILK, WHEAT, SOY.

Nutrition Facts		
1 servings per container		
Serving size	10.5 oz (293g)	
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Amount per serving	460	
Calories		
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	% Daily Value*	
Total Fat 0.5g		1%
Saturated Fat 0g		0%
<i>Trans</i> Fat 0g		
Cholesterol 0mg		0%
Sodium 240mg		10%
Total Carbohydrate 100g		36%
Dietary Fiber 2g		7%
Total Sugars 24g		
Includes 3g of Added Sugars		6%
Protein 15g		
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Vitamin D 0mcg		0%
Calcium 560mg		45%
Iron 1.3mg		8%
Potassium 830mg		20%
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* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.		

Ingredients: Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Coffee, Sucralose, Carrageenan, Nonfat Milk Solids, Coffee, Vanillin, Vanilla, Caramel Color, Natural Flavor, Vitamin A Palmitate.
 Chocolate Fudge: Maltitol Syrup, Nonfat Milk, Glycerin, Cocoa Processed with Alkali, Modified Cornstarch, Potassium Sorbate (a preservative), Xanthan Gum, Artificial Flavor, and Aspartame*.
 Sugar Cone: Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Tapioca Flour, Sugar, Vegetable Shortening (Soybean and/or Canola Oil, Modified Palm Oil, Soy Lecithin, and/or Partially Hydrogenated Soybean Oil), Oat Fiber and/or Vegetable Fiber, Salt, Caramel Color, Artificial Flavor, Soy Lecithin.
 *PHENYLKETONURICS: CONTAINS PHENYLALANINE.
 CONTAINS: MILK, WHEAT, SOY.

Nutrition Facts

1 servings per container

Serving size 3.6 oz (100g)

Amount per serving

Calories 230

% Daily Value*

Total Fat 3g 4%

Saturated Fat 1g 5%

Trans Fat 0g

Cholesterol 10mg 3%

Sodium 55mg 2%

Total Carbohydrate 45g 16%

Dietary Fiber 0g 0%

Total Sugars 16g

Includes 10g of Added Sugars 20%

Protein 5g

Vitamin D 0mcg 0%

Calcium 130mg 10%

Iron 0.8mg 4%

Potassium 200mg 4%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Coffee, Sucralose, Carrageenan, Nonfat Milk Solids, Coffee, Vanillin, Vanilla, Caramel Color, Natural Flavor, Vitamin A Palmitate.

Chocolate Fudge: Maltitol Syrup, Nonfat Milk, Glycerin, Cocoa Processed with Alkali, Modified Cornstarch, Potassium Sorbate (a preservative), Xanthan Gum, Artificial Flavor, and Aspartame*.

Waffle Cone: Enriched Bleached Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Sugar, Vegetable Shortening (Partially Hydrogenated Soybean and Cottonseed Oils), Whole Egg, Artificial Flavor (Including Maltodextrin, Modified Cornstarch, Butter, Buttermilk), Dextrose, Soy Lecithin, Artificial Vanilla Flavor.

*PHENYLKETONURICS: CONTAINS

PHENYLALANINE.

CONTAINS: MILK, WHEAT, EGG, SOY.

Nutrition Facts

1 servings per container

Serving size 6.1 oz (170g)

Amount per serving

Calories 330

% Daily Value*

Total Fat 3.5g 4%

Saturated Fat 1g 5%

Trans Fat 0g

Cholesterol 10mg 3%

Sodium 110mg 5%

Total Carbohydrate 67g 24%

Dietary Fiber <1g 4%

Total Sugars 21g

Includes 10g of Added Sugars 20%

Protein 9g

Vitamin D 0mcg 0%

Calcium 270mg 20%

Iron 1mg 6%

Potassium 410mg 8%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Coffee, Sucralose, Carrageenan, Nonfat Milk Solids, Coffee, Vanillin, Vanilla, Caramel Color, Natural Flavor, Vitamin A Palmitate.

Chocolate Fudge: Maltitol Syrup, Nonfat Milk, Glycerin, Cocoa Processed with Alkali, Modified Cornstarch, Potassium Sorbate (a preservative), Xanthan Gum, Artificial Flavor, and Aspartame*.

Waffle Cone: Enriched Bleached Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Sugar, Vegetable Shortening (Partially Hydrogenated Soybean and Cottonseed Oils), Whole Egg, Artificial Flavor (Including Maltodextrin, Modified Cornstarch, Butter, Buttermilk), Dextrose, Soy Lecithin, Artificial Vanilla Flavor.

*PHENYLKETONURICS: CONTAINS

PHENYLALANINE.

CONTAINS: MILK, WHEAT, EGG, SOY.

Nutrition Facts

1 servings per container
Serving size 8.6 oz (240g)

Amount per serving
Calories 430

% Daily Value*

Total Fat	3.5g	4%
Saturated Fat	1g	5%
<i>Trans</i> Fat	0g	
Cholesterol	10mg	3%
Sodium	160mg	7%
Total Carbohydrate	89g	32%
Dietary Fiber	1g	4%
Total Sugars	26g	
Includes 10g of Added Sugars		20%
Protein	12g	
Vitamin D	0mcg	0%
Calcium	410mg	30%
Iron	1.3mg	8%
Potassium	610mg	15%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Coffee, Sucralose, Carrageenan, Nonfat Milk Solids, Coffee, Vanillin, Vanilla, Caramel Color, Natural Flavor, Vitamin A Palmitate.
 Chocolate Fudge: Maltitol Syrup, Nonfat Milk, Glycerin, Cocoa Processed with Alkali, Modified Cornstarch, Potassium Sorbate (a preservative), Xanthan Gum, Artificial Flavor, and Aspartame*.
 Waffle Cone: Enriched Bleached Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Sugar, Vegetable Shortening (Partially Hydrogenated Soybean and Cottonseed Oils), Whole Egg, Artificial Flavor (Including Maltodextrin, Modified Cornstarch, Butter, Buttermilk), Dextrose, Soy Lecithin, Artificial Vanilla Flavor.
 *PHENYLKETONURICS: CONTAINS PHENYLALANINE.
 CONTAINS: MILK, WHEAT, EGG, SOY.

Nutrition Facts

1 servings per container
Serving size 11.1 oz (310g)

Amount per serving
Calories 540

% Daily Value*

Total Fat	3.5g	4%
Saturated Fat	1g	5%
<i>Trans</i> Fat	0g	
Cholesterol	10mg	3%
Sodium	220mg	10%
Total Carbohydrate	111g	40%
Dietary Fiber	2g	7%
Total Sugars	32g	
Includes 10g of Added Sugars		20%
Protein	16g	
Vitamin D	0mcg	0%
Calcium	540mg	40%
Iron	1.6mg	8%
Potassium	810mg	15%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Coffee, Sucralose, Carrageenan, Nonfat Milk Solids, Coffee, Vanillin, Vanilla, Caramel Color, Natural Flavor, Vitamin A Palmitate.
 Chocolate Fudge: Maltitol Syrup, Nonfat Milk, Glycerin, Cocoa Processed with Alkali, Modified Cornstarch, Potassium Sorbate (a preservative), Xanthan Gum, Artificial Flavor, and Aspartame*.
 Waffle Cone: Enriched Bleached Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Sugar, Vegetable Shortening (Partially Hydrogenated Soybean and Cottonseed Oils), Whole Egg, Artificial Flavor (Including Maltodextrin, Modified Cornstarch, Butter, Buttermilk), Dextrose, Soy Lecithin, Artificial Vanilla Flavor.
 *PHENYLKETONURICS: CONTAINS PHENYLALANINE.
 CONTAINS: MILK, WHEAT, EGG, SOY.