

Nutrition Facts	
1 servings per container	
Serving size	2.7 oz (76g)
Amount per serving	
Calories	110
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 70mg	3%
Total Carbohydrate 24g	9%
Dietary Fiber 0g	0%
Total Sugars 5g	
Includes 0g of Added Sugars	0%
Protein 4g	
Vitamin D 0mcg	0%
Calcium 120mg	10%
Iron 0.4mg	2%
Potassium 210mg	4%
<small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

Ingredients: Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Coffee, Sucralose, Carrageenan, Nonfat Milk Solids, Coffee, Vanillin, Vanilla, Caramel Color, and Vitamin A Palmitate. Caramel: Maltitol Syrup, Nonfat Milk, Sorbitol, Cream (milk), Modified Cornstarch, Cellulose Gum, Natural and Artificial Flavors, Disodium Phosphate, Sodium Bicarbonate, Salt, Xanthan Gum, Potassium Sorbate (A Preservative), and Aspartame*. Cake Cone: Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Tapioca Flour, Sugar, Vegetable Oil Shortening (Soybean and/or Canola Oil, Modified Palm Oil, Soy Lecithin, and/or Partially Hydrogenated Soybean Oil), Leavening (Sodium Bicarbonate, Ammonium Bicarbonate), Salt, Natural Flavor, Annatto (Vegetable Color).

*PHENYLKETONURICS: CONTAINS PHENYLALANINE.
CONTAINS: MILK, WHEAT, SOY.

Nutrition Facts

1 servings per container

Serving size 5.2 oz (146g)

Amount per serving

Calories 200

% Daily Value*

Total Fat 0g 0%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 125mg 5%

Total Carbohydrate 42g 15%

Dietary Fiber <1g 4%

Total Sugars 10g

Includes 0g of Added Sugars 0%

Protein 7g

Vitamin D 0mcg 0%

Calcium 250mg 20%

Iron 0.5mg 2%

Potassium 410mg 8%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Coffee, Sucralose, Carrageenan, Nonfat Milk Solids, Coffee, Vanillin, Vanilla, Caramel Color, and Vitamin A Palmitate. Caramel: Maltitol Syrup, Nonfat Milk, Sorbitol, Cream (milk), Modified Cornstarch, Cellulose Gum, Natural and Artificial Flavors, Disodium Phosphate, Sodium Bicarbonate, Salt, Xanthan Gum, Potassium Sorbate (A Preservative), and Aspartame*. Cake Cone: Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Tapioca Flour, Sugar, Vegetable Oil Shortening (Soybean and/or Canola Oil, Modified Palm Oil, Soy Lecithin, and/or Partially Hydrogenated Soybean Oil), Leavening (Sodium Bicarbonate, Ammonium Bicarbonate), Salt, Natural Flavor, Annatto (Vegetable Color).

*PHENYLKETONURICS: CONTAINS PHENYLALANINE.
CONTAINS: MILK, WHEAT, SOY.

Nutrition Facts	
1 servings per container	
Serving size	7.7 oz (216g)
Amount per serving	
Calories	290
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 180mg	8%
Total Carbohydrate 61g	22%
Dietary Fiber <1g	4%
Total Sugars 15g	
Includes 0g of Added Sugars	0%
Protein 10g	
Vitamin D 0mcg	0%
Calcium 380mg	30%
Iron 0.6mg	4%
Potassium 620mg	15%
<small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

Ingredients: Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Coffee, Sucralose, Carrageenan, Nonfat Milk Solids, Coffee, Vanillin, Vanilla, Caramel Color, and Vitamin A Palmitate. Caramel: Maltitol Syrup, Nonfat Milk, Sorbitol, Cream (milk), Modified Cornstarch, Cellulose Gum, Natural and Artificial Flavors, Disodium Phosphate, Sodium Bicarbonate, Salt, Xanthan Gum, Potassium Sorbate (A Preservative), and Aspartame*. Cake Cone: Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Tapioca Flour, Sugar, Vegetable Oil Shortening (Soybean and/or Canola Oil, Modified Palm Oil, Soy Lecithin, and/or Partially Hydrogenated Soybean Oil), Leavening (Sodium Bicarbonate, Ammonium Bicarbonate), Salt, Natural Flavor, Annatto (Vegetable Color).

*PHENYLKETONURICS: CONTAINS PHENYLALANINE.
CONTAINS: MILK, WHEAT, SOY.

Nutrition Facts

1 servings per container
Serving size 10.2 oz (286g)

Amount per serving
Calories 380

% Daily Value*

Total Fat	0g	0%
Saturated Fat	0g	0%
<i>Trans</i> Fat	0g	
Cholesterol	0mg	0%
Sodium	240mg	10%
Total Carbohydrate	80g	29%
Dietary Fiber	1g	4%
Total Sugars	20g	
Includes 0g of Added Sugars		0%
Protein	14g	
Vitamin D	0mcg	0%
Calcium	500mg	40%
Iron	0.7mg	4%
Potassium	820mg	15%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Coffee, Sucralose, Carrageenan, Nonfat Milk Solids, Coffee, Vanillin, Vanilla, Caramel Color, and Vitamin A Palmitate. Caramel: Maltitol Syrup, Nonfat Milk, Sorbitol, Cream (milk), Modified Cornstarch, Cellulose Gum, Natural and Artificial Flavors, Disodium Phosphate, Sodium Bicarbonate, Salt, Xanthan Gum, Potassium Sorbate (A Preservative), and Aspartame*. Cake Cone: Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Tapioca Flour, Sugar, Vegetable Oil Shortening (Soybean and/or Canola Oil, Modified Palm Oil, Soy Lecithin, and/or Partially Hydrogenated Soybean Oil), Leavening (Sodium Bicarbonate, Ammonium Bicarbonate), Salt, Natural Flavor, Annatto (Vegetable Color).

*PHENYLKETONURICS: CONTAINS PHENYLALANINE.
 CONTAINS: MILK, WHEAT, SOY.

Nutrition Facts

1 servings per container

Serving size 2.5 oz (70g)

Amount per serving
Calories 90

% Daily Value*

Total Fat 0g 0%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 60mg 3%

Total Carbohydrate 19g 7%

Dietary Fiber 0g 0%

Total Sugars 5g

Includes 0g of Added Sugars 0%

Protein 3g

Vitamin D 0mcg 0%

Calcium 120mg 10%

Iron 0mg 0%

Potassium 200mg 4%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Coffee, Sucralose, Carrageenan, Nonfat Milk Solids, Coffee, Vanillin, Vanilla, Caramel Color, and Vitamin A Palmitate. Caramel: Maltitol Syrup, Nonfat Milk, Sorbitol, Cream (milk), Modified Cornstarch, Cellulose Gum, Natural and Artificial Flavors, Disodium Phosphate, Sodium Bicarbonate, Salt, Xanthan Gum, Potassium Sorbate (A Preservative), and Aspartame*. *PHENYLKETONURICS: CONTAINS PHENYLALANINE. CONTAINS: MILK.

Nutrition Facts

1 servings per container
Serving size 5 oz (140g)

Amount per serving
Calories 180

% Daily Value*

Total Fat	0g	0%
Saturated Fat	0g	0%
<i>Trans</i> Fat	0g	
Cholesterol	0mg	0%
Sodium	115mg	5%
Total Carbohydrate	37g	13%
Dietary Fiber	<1g	4%
Total Sugars	10g	
Includes 0g of Added Sugars		0%
Protein	7g	
Vitamin D	0mcg	0%
Calcium	250mg	20%
Iron	0mg	0%
Potassium	410mg	8%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Coffee, Sucralose, Carrageenan, Nonfat Milk Solids, Coffee, Vanillin, Vanilla, Caramel Color, and Vitamin A Palmitate. Caramel: Maltitol Syrup, Nonfat Milk, Sorbitol, Cream (milk), Modified Cornstarch, Cellulose Gum, Natural and Artificial Flavors, Disodium Phosphate, Sodium Bicarbonate, Salt, Xanthan Gum, Potassium Sorbate (A Preservative), and Aspartame*. *PHENYLKETONURICS: CONTAINS PHENYLALANINE. CONTAINS: MILK.

Nutrition Facts

1 servings per container
Serving size 7.5 oz (210g)

Amount per serving
Calories 270

% Daily Value*

Total Fat	0g	0%
Saturated Fat	0g	0%
<i>Trans</i> Fat	0g	
Cholesterol	0mg	0%
Sodium	170mg	7%
Total Carbohydrate	56g	20%
Dietary Fiber	<1g	4%
Total Sugars	15g	
Includes 0g of Added Sugars		0%
Protein	10g	
Vitamin D	0mcg	0%
Calcium	380mg	30%
Iron	0mg	0%
Potassium	610mg	15%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Coffee, Sucralose, Carrageenan, Nonfat Milk Solids, Coffee, Vanillin, Vanilla, Caramel Color, and Vitamin A Palmitate. Caramel: Maltitol Syrup, Nonfat Milk, Sorbitol, Cream (milk), Modified Cornstarch, Cellulose Gum, Natural and Artificial Flavors, Disodium Phosphate, Sodium Bicarbonate, Salt, Xanthan Gum, Potassium Sorbate (A Preservative), and Aspartame*. *PHENYLKETONURICS: CONTAINS PHENYLALANINE. CONTAINS: MILK.

Nutrition Facts

1 servings per container

Serving size 10 oz (280g)

Amount per serving

Calories 350

% Daily Value*

Total Fat 0g 0%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 230mg 10%

Total Carbohydrate 75g 27%

Dietary Fiber 1g 4%

Total Sugars 20g

Includes 0g of Added Sugars 0%

Protein 13g

Vitamin D 0mcg 0%

Calcium 500mg 40%

Iron 0.3mg 0%

Potassium 810mg 15%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Coffee, Sucralose, Carrageenan, Nonfat Milk Solids, Coffee, Vanillin, Vanilla, Caramel Color, and Vitamin A Palmitate. Caramel: Maltitol Syrup, Nonfat Milk, Sorbitol, Cream (milk), Modified Cornstarch, Cellulose Gum, Natural and Artificial Flavors, Disodium Phosphate, Sodium Bicarbonate, Salt, Xanthan Gum, Potassium Sorbate (A Preservative), and Aspartame*. *PHENYLKETONURICS: CONTAINS PHENYLALANINE. CONTAINS: MILK.

Nutrition Facts	
1 servings per container	
Serving size	3 oz (83g)
Amount per serving	
Calories	140
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 80mg	3%
Total Carbohydrate 31g	11%
Dietary Fiber 0g	0%
Total Sugars 8g	
Includes 3g of Added Sugars	6%
Protein 4g	
Vitamin D 0mcg	0%
Calcium 140mg	10%
Iron 0.4mg	2%
Potassium 220mg	4%
<small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

Ingredients: Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Coffee, Sucralose, Carrageenan, Nonfat Milk Solids, Coffee, Vanillin, Vanilla, Caramel Color, and Vitamin A Palmitate. Caramel: Maltitol Syrup, Nonfat Milk, Sorbitol, Cream (milk), Modified Cornstarch, Cellulose Gum, Natural and Artificial Flavors, Disodium Phosphate, Sodium Bicarbonate, Salt, Xanthan Gum, Potassium Sorbate (A Preservative), and Aspartame*. Sugar Cone: Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Tapioca Flour, Sugar, Vegetable Shortening (Soybean and/or Canola Oil, Modified Palm Oil, Soy Lecithin, and/or Partially Hydrogenated Soybean Oil), Oat Fiber and/or Vegetable Fiber, Salt, Caramel Color, Artificial Flavor, Soy Lecithin.
 *PHENYLKETONURICS: CONTAINS PHENYLALANINE.
 CONTAINS: MILK, WHEAT, SOY.

Nutrition Facts

1 servings per container
Serving size 5.5 oz (153g)

Amount per serving
Calories 230

% Daily Value*

Total Fat	0g	0%
Saturated Fat	0g	0%
<i>Trans</i> Fat	0g	
Cholesterol	0mg	0%
Sodium	135mg	6%
Total Carbohydrate	49g	18%
Dietary Fiber	<1g	4%
Total Sugars	13g	
Includes 3g of Added Sugars		6%
Protein	7g	
Vitamin D	0mcg	0%
Calcium	270mg	20%
Iron	0.5mg	2%
Potassium	430mg	10%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Coffee, Sucralose, Carrageenan, Nonfat Milk Solids, Coffee, Vanillin, Vanilla, Caramel Color, and Vitamin A Palmitate. Caramel: Maltitol Syrup, Nonfat Milk, Sorbitol, Cream (milk), Modified Cornstarch, Cellulose Gum, Natural and Artificial Flavors, Disodium Phosphate, Sodium Bicarbonate, Salt, Xanthan Gum, Potassium Sorbate (A Preservative), and Aspartame*. Sugar Cone: Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Tapioca Flour, Sugar, Vegetable Shortening (Soybean and/or Canola Oil, Modified Palm Oil, Soy Lecithin, and/or Partially Hydrogenated Soybean Oil), Oat Fiber and/or Vegetable Fiber, Salt, Caramel Color, Artificial Flavor, Soy Lecithin.
 *PHENYLKETONURICS: CONTAINS PHENYLALANINE.
 CONTAINS: MILK, WHEAT, SOY.

Nutrition Facts	
1 servings per container	
Serving size	8 oz (223g)
Amount per serving	
Calories	320
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 190mg	8%
Total Carbohydrate 68g	25%
Dietary Fiber <1g	4%
Total Sugars 18g	
Includes 3g of Added Sugars	6%
Protein 10g	
Vitamin D 0mcg	0%
Calcium 400mg	30%
Iron 0.6mg	4%
Potassium 630mg	15%
<small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

Ingredients: Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Coffee, Sucralose, Carrageenan, Nonfat Milk Solids, Coffee, Vanillin, Vanilla, Caramel Color, and Vitamin A Palmitate. Caramel: Maltitol Syrup, Nonfat Milk, Sorbitol, Cream (milk), Modified Cornstarch, Cellulose Gum, Natural and Artificial Flavors, Disodium Phosphate, Sodium Bicarbonate, Salt, Xanthan Gum, Potassium Sorbate (A Preservative), and Aspartame*. Sugar Cone: Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Tapioca Flour, Sugar, Vegetable Shortening (Soybean and/or Canola Oil, Modified Palm Oil, Soy Lecithin, and/or Partially Hydrogenated Soybean Oil), Oat Fiber and/or Vegetable Fiber, Salt, Caramel Color, Artificial Flavor, Soy Lecithin.
 *PHENYLKETONURICS: CONTAINS PHENYLALANINE.
 CONTAINS: MILK, WHEAT, SOY.

Nutrition Facts

1 servings per container
Serving size 10.5 oz (293g)

Amount per serving
Calories 410

% Daily Value*

Total Fat	0g	0%
Saturated Fat	0g	0%
<i>Trans</i> Fat	0g	
Cholesterol	0mg	0%
Sodium	250mg	11%
Total Carbohydrate	87g	32%
Dietary Fiber	1g	4%
Total Sugars	23g	
Includes 3g of Added Sugars		6%
Protein	14g	
Vitamin D	0mcg	0%
Calcium	520mg	40%
Iron	0.7mg	4%
Potassium	830mg	20%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Coffee, Sucralose, Carrageenan, Nonfat Milk Solids, Coffee, Vanillin, Vanilla, Caramel Color, and Vitamin A Palmitate. Caramel: Maltitol Syrup, Nonfat Milk, Sorbitol, Cream (milk), Modified Cornstarch, Cellulose Gum, Natural and Artificial Flavors, Disodium Phosphate, Sodium Bicarbonate, Salt, Xanthan Gum, Potassium Sorbate (A Preservative), and Aspartame*. Sugar Cone: Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Tapioca Flour, Sugar, Vegetable Shortening (Soybean and/or Canola Oil, Modified Palm Oil, Soy Lecithin, and/or Partially Hydrogenated Soybean Oil), Oat Fiber and/or Vegetable Fiber, Salt, Caramel Color, Artificial Flavor, Soy Lecithin.
 *PHENYLKETONURICS: CONTAINS PHENYLALANINE.
 CONTAINS: MILK, WHEAT, SOY.

Nutrition Facts	
1 servings per container	
Serving size	3.6 oz (100g)
Amount per serving	
Calories	210
% Daily Value*	
Total Fat 3g	4%
Saturated Fat 1g	5%
<i>Trans</i> Fat 0g	
Cholesterol 10mg	3%
Sodium 60mg	3%
Total Carbohydrate 42g	15%
Dietary Fiber 0g	0%
Total Sugars 15g	
Includes 10g of Added Sugars	20%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 120mg	10%
Iron 0.6mg	4%
Potassium 200mg	4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Coffee, Sucralose, Carrageenan, Nonfat Milk Solids, Coffee, Vanillin, Vanilla, Caramel Color, and Vitamin A Palmitate. Caramel: Maltitol Syrup, Nonfat Milk, Sorbitol, Cream (milk), Modified Cornstarch, Cellulose Gum, Natural and Artificial Flavors, Disodium Phosphate, Sodium Bicarbonate, Salt, Xanthan Gum, Potassium Sorbate (A Preservative), and Aspartame*. Waffle Cone: Enriched Bleached Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Sugar, Vegetable Shortening (Partially Hydrogenated Soybean and Cottonseed Oils), Whole Egg, Artificial Flavor (Including Maltodextrin, Modified Cornstarch, Butter, Buttermilk), Dextrose, Soy Lecithin, Artificial Vanilla Flavor. *PHENYLKETONURICS: CONTAINS PHENYLALANINE. CONTAINS: MILK, WHEAT, EGG, SOY.

Nutrition Facts	
1 servings per container	
Serving size	6.1 oz (170g)
Amount per serving	
Calories	300
% Daily Value*	
Total Fat 3.5g	4%
Saturated Fat 1g	5%
<i>Trans</i> Fat 0g	
Cholesterol 10mg	3%
Sodium 115mg	5%
Total Carbohydrate 60g	22%
Dietary Fiber <1g	4%
Total Sugars 20g	
Includes 10g of Added Sugars	20%
Protein 8g	
Vitamin D 0mcg	0%
Calcium 250mg	20%
Iron 0.7mg	4%
Potassium 410mg	8%
<small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

Ingredients: Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Coffee, Sucralose, Carrageenan, Nonfat Milk Solids, Coffee, Vanillin, Vanilla, Caramel Color, and Vitamin A Palmitate. Caramel: Maltitol Syrup, Nonfat Milk, Sorbitol, Cream (milk), Modified Cornstarch, Cellulose Gum, Natural and Artificial Flavors, Disodium Phosphate, Sodium Bicarbonate, Salt, Xanthan Gum, Potassium Sorbate (A Preservative), and Aspartame*. Waffle Cone: Enriched Bleached Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Sugar, Vegetable Shortening (Partially Hydrogenated Soybean and Cottonseed Oils), Whole Egg, Artificial Flavor (Including Maltodextrin, Modified Cornstarch, Butter, Buttermilk), Dextrose, Soy Lecithin, Artificial Vanilla Flavor. *PHENYLKETONURICS: CONTAINS PHENYLALANINE. CONTAINS: MILK, WHEAT, EGG, SOY.

Nutrition Facts	
1 servings per container	
Serving size	8.6 oz (240g)
Amount per serving	
Calories	390
% Daily Value*	
Total Fat 3.5g	4%
Saturated Fat 1g	5%
<i>Trans</i> Fat 0g	
Cholesterol 10mg	3%
Sodium 170mg	7%
Total Carbohydrate 79g	29%
Dietary Fiber <1g	4%
Total Sugars 25g	
Includes 10g of Added Sugars	20%
Protein 11g	
Vitamin D 0mcg	0%
Calcium 380mg	30%
Iron 0.8mg	4%
Potassium 610mg	15%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Ingredients: Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Coffee, Sucralose, Carrageenan, Nonfat Milk Solids, Coffee, Vanillin, Vanilla, Caramel Color, and Vitamin A Palmitate. Caramel: Maltitol Syrup, Nonfat Milk, Sorbitol, Cream (milk), Modified Cornstarch, Cellulose Gum, Natural and Artificial Flavors, Disodium Phosphate, Sodium Bicarbonate, Salt, Xanthan Gum, Potassium Sorbate (A Preservative), and Aspartame*. Waffle Cone: Enriched Bleached Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Sugar, Vegetable Shortening (Partially Hydrogenated Soybean and Cottonseed Oils), Whole Egg, Artificial Flavor (Including Maltodextrin, Modified Cornstarch, Butter, Buttermilk), Dextrose, Soy Lecithin, Artificial Vanilla Flavor. *PHENYLKETONURICS: CONTAINS PHENYLALANINE. CONTAINS: MILK, WHEAT, EGG, SOY.

Nutrition Facts

1 servings per container
Serving size 11.1 oz (310g)

Amount per serving
Calories 480

% Daily Value*

Total Fat	3.5g	4%
Saturated Fat	1g	5%
<i>Trans Fat</i>	0g	
Cholesterol	10mg	3%
Sodium	230mg	10%
Total Carbohydrate	98g	36%
Dietary Fiber	1g	4%
Total Sugars	30g	
Includes 10g of Added Sugars		20%
Protein	15g	
Vitamin D	0mcg	0%
Calcium	500mg	40%
Iron	0.9mg	6%
Potassium	810mg	15%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Coffee, Sucralose, Carrageenan, Nonfat Milk Solids, Coffee, Vanillin, Vanilla, Caramel Color, and Vitamin A Palmitate. Caramel: Maltitol Syrup, Nonfat Milk, Sorbitol, Cream (milk), Modified Cornstarch, Cellulose Gum, Natural and Artificial Flavors, Disodium Phosphate, Sodium Bicarbonate, Salt, Xanthan Gum, Potassium Sorbate (A Preservative), and Aspartame*. Waffle Cone: Enriched Bleached Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Sugar, Vegetable Shortening (Partially Hydrogenated Soybean and Cottonseed Oils), Whole Egg, Artificial Flavor (Including Maltodextrin, Modified Cornstarch, Butter, Buttermilk), Dextrose, Soy Lecithin, Artificial Vanilla Flavor. *PHENYLKETONURICS: CONTAINS PHENYLALANINE. CONTAINS: MILK, WHEAT, EGG, SOY.