

# Nutrition Facts

1 servings per container

**Serving size** 2.7 oz (76g)

Amount per serving

**Calories** 120

% Daily Value\*

**Total Fat** 0g 0%

Saturated Fat 0g 0%

*Trans* Fat 0g

**Cholesterol** 0mg 0%

**Sodium** 65mg 3%

**Total Carbohydrate** 26g 9%

Dietary Fiber 0g 0%

Total Sugars 6g

Includes 0g of Added Sugars 0%

**Protein** 4g

Vitamin D 0mcg 0%

Calcium 140mg 10%

Iron 0.5mg 2%

Potassium 180mg 4%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Sucralose, Carrageenan, Nonfat Milk Solids, Vanillin, Caramel Color, Vitamin A Palmitate. Chocolate Fudge: Maltitol Syrup, Nonfat Milk, Glycerin, Cocoa Processed with Alkali, Modified Cornstarch, Potassium Sorbate (a preservative), Xanthan Gum, Artificial Flavor, and Aspartame\*. Cake Cone: Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Tapioca Flour, Sugar, Vegetable Oil Shortening (Soybean and/or Canola Oil, Modified Palm Oil, Soy Lecithin, and/or Partially Hydrogenated Soybean Oil), Leavening (Sodium Bicarbonate, Ammonium Bicarbonate), Salt, Natural Flavor, Annatto (Vegetable Color).

\*PHENYLKETONURICS: CONTAINS PHENYLALANINE.  
CONTAINS: MILK, WHEAT, SOY.

# Nutrition Facts

1 servings per container

**Serving size** 5.2 oz (146g)

**Amount per serving**  
**Calories** 220

% Daily Value\*

**Total Fat** 0g 0%

Saturated Fat 0g 0%

*Trans* Fat 0g

**Cholesterol** 0mg 0%

**Sodium** 120mg 5%

**Total Carbohydrate** 46g 17%

Dietary Fiber <1g 4%

Total Sugars 11g

Includes 0g of Added Sugars 0%

**Protein** 8g

Vitamin D 0mcg 0%

Calcium 270mg 20%

Iron 0.7mg 4%

Potassium 360mg 8%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Sucralose, Carrageenan, Nonfat Milk Solids, Vanillin, Caramel Color, Vitamin A Palmitate. Chocolate Fudge: Maltitol Syrup, Nonfat Milk, Glycerin, Cocoa Processed with Alkali, Modified Cornstarch, Potassium Sorbate (a preservative), Xanthan Gum, Artificial Flavor, and Aspartame\*. Cake Cone: Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Tapioca Flour, Sugar, Vegetable Oil Shortening (Soybean and/or Canola Oil, Modified Palm Oil, Soy Lecithin, and/or Partially Hydrogenated Soybean Oil), Leavening (Sodium Bicarbonate, Ammonium Bicarbonate), Salt, Natural Flavor, Annatto (Vegetable Color).

\*PHENYLKETONURICS: CONTAINS PHENYLALANINE.  
CONTAINS: MILK, WHEAT, SOY.

<b>Nutrition Facts</b>	
1 servings per container	
<b>Serving size</b>	<b>7.7 oz (216g)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>310</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0g	<b>0%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 180mg	<b>8%</b>
<b>Total Carbohydrate</b> 67g	<b>24%</b>
Dietary Fiber 1g	<b>4%</b>
Total Sugars 16g	
Includes 0g of Added Sugars	<b>0%</b>
<b>Protein</b> 11g	
Vitamin D 0mcg	<b>0%</b>
Calcium 410mg	<b>30%</b>
Iron 0.8mg	<b>4%</b>
Potassium 540mg	<b>10%</b>
<small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

**Ingredients:** Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Sucralose, Carrageenan, Nonfat Milk Solids, Vanillin, Caramel Color, Vitamin A Palmitate. Chocolate Fudge: Maltitol Syrup, Nonfat Milk, Glycerin, Cocoa Processed with Alkali, Modified Cornstarch, Potassium Sorbate (a preservative), Xanthan Gum, Artificial Flavor, and Aspartame\*. Cake Cone: Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Tapioca Flour, Sugar, Vegetable Oil Shortening (Soybean and/or Canola Oil, Modified Palm Oil, Soy Lecithin, and/or Partially Hydrogenated Soybean Oil), Leavening (Sodium Bicarbonate, Ammonium Bicarbonate), Salt, Natural Flavor, Annatto (Vegetable Color).

\*PHENYLKETONURICS: CONTAINS PHENYLALANINE.  
CONTAINS: MILK, WHEAT, SOY.

# Nutrition Facts

1 servings per container  
**Serving size 10.2 oz (286g)**

**Amount per serving**  
**Calories 410**

**% Daily Value\***

<b>Total Fat</b>	0g	<b>0%</b>
Saturated Fat	0g	<b>0%</b>
<i>Trans</i> Fat	0g	
<b>Cholesterol</b>	0mg	<b>0%</b>
<b>Sodium</b>	230mg	<b>10%</b>
<b>Total Carbohydrate</b>	88g	<b>32%</b>
Dietary Fiber	2g	<b>7%</b>
Total Sugars	22g	
Includes 0g of Added Sugars		<b>0%</b>
<b>Protein</b>	15g	
Vitamin D	0mcg	<b>0%</b>
Calcium	550mg	<b>40%</b>
Iron	1mg	<b>6%</b>
Potassium	720mg	<b>15%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Sucralose, Carrageenan, Nonfat Milk Solids, Vanillin, Caramel Color, Vitamin A Palmitate. Chocolate Fudge: Maltitol Syrup, Nonfat Milk, Glycerin, Cocoa Processed with Alkali, Modified Cornstarch, Potassium Sorbate (a preservative), Xanthan Gum, Artificial Flavor, and Aspartame\*. Cake Cone: Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Tapioca Flour, Sugar, Vegetable Oil Shortening (Soybean and/or Canola Oil, Modified Palm Oil, Soy Lecithin, and/or Partially Hydrogenated Soybean Oil), Leavening (Sodium Bicarbonate, Ammonium Bicarbonate), Salt, Natural Flavor, Annatto (Vegetable Color).

\*PHENYLKETONURICS: CONTAINS PHENYLALANINE.  
 CONTAINS: MILK, WHEAT, SOY.

# Nutrition Facts

1 servings per container  
**Serving size 2.5 oz (70g)**

**Amount per serving**  
**Calories 100**

**% Daily Value\***

<b>Total Fat</b>	0g	<b>0%</b>
Saturated Fat	0g	<b>0%</b>
<i>Trans</i> Fat	0g	
<b>Cholesterol</b>	0mg	<b>0%</b>
<b>Sodium</b>	55mg	<b>2%</b>
<b>Total Carbohydrate</b>	21g	<b>8%</b>
Dietary Fiber	0g	<b>0%</b>
Total Sugars	5g	
Includes 0g of Added Sugars		<b>0%</b>
<b>Protein</b>	4g	
Vitamin D	0mcg	<b>0%</b>
Calcium	140mg	<b>10%</b>
Iron	0mg	<b>0%</b>
Potassium	180mg	<b>4%</b>

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Sucralose, Carrageenan, Nonfat Milk Solids, Vanillin, Caramel Color, Vitamin A Palmitate. Chocolate Fudge: Maltitol Syrup, Nonfat Milk, Glycerin, Cocoa Processed with Alkali, Modified Cornstarch, Potassium Sorbate (a preservative), Xanthan Gum, Artificial Flavor, and Aspartame\*. \*PHENYLKETONURICS: CONTAINS PHENYLALANINE. CONTAINS: MILK.

# Nutrition Facts

1 servings per container  
**Serving size** 5 oz (140g)

**Amount per serving**  
**Calories** 190

**% Daily Value\***

<b>Total Fat</b>	0g	<b>0%</b>
Saturated Fat	0g	<b>0%</b>
<i>Trans</i> Fat	0g	
<b>Cholesterol</b>	0mg	<b>0%</b>
<b>Sodium</b>	110mg	<b>5%</b>
<b>Total Carbohydrate</b>	41g	<b>15%</b>
Dietary Fiber	<1g	<b>4%</b>
Total Sugars	11g	
Includes 0g of Added Sugars		<b>0%</b>
<b>Protein</b>	7g	
Vitamin D	0mcg	<b>0%</b>
Calcium	270mg	<b>20%</b>
Iron	0mg	<b>0%</b>
Potassium	360mg	<b>8%</b>

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Sucralose, Carrageenan, Nonfat Milk Solids, Vanillin, Caramel Color, Vitamin A Palmitate. Chocolate Fudge: Maltitol Syrup, Nonfat Milk, Glycerin, Cocoa Processed with Alkali, Modified Cornstarch, Potassium Sorbate (a preservative), Xanthan Gum, Artificial Flavor, and Aspartame\*. \*PHENYLKETONURICS: CONTAINS PHENYLALANINE. CONTAINS: MILK.

# Nutrition Facts

1 servings per container

**Serving size** 7.5 oz (210g)

**Amount per serving**

**Calories** 290

**% Daily Value\***

**Total Fat** 0g 0%

Saturated Fat 0g 0%

*Trans* Fat 0g

**Cholesterol** 0mg 0%

**Sodium** 170mg 7%

**Total Carbohydrate** 62g 23%

Dietary Fiber 1g 4%

Total Sugars 16g

Includes 0g of Added Sugars 0%

**Protein** 11g

Vitamin D 0mcg 0%

Calcium 410mg 30%

Iron 0.5mg 2%

Potassium 530mg 10%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Sucralose, Carrageenan, Nonfat Milk Solids, Vanillin, Caramel Color, Vitamin A Palmitate. Chocolate Fudge: Maltitol Syrup, Nonfat Milk, Glycerin, Cocoa Processed with Alkali, Modified Cornstarch, Potassium Sorbate (a preservative), Xanthan Gum, Artificial Flavor, and Aspartame\*. \*PHENYLKETONURICS: CONTAINS PHENYLALANINE. CONTAINS: MILK.

<b>Nutrition Facts</b>	
1 servings per container	
<b>Serving size</b>	<b>10 oz (280g)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>390</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0g	<b>0%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 220mg	<b>10%</b>
<b>Total Carbohydrate</b> 83g	<b>30%</b>
Dietary Fiber 2g	<b>7%</b>
Total Sugars 22g	
Includes 0g of Added Sugars	<b>0%</b>
<b>Protein</b> 14g	
Vitamin D 0mcg	<b>0%</b>
Calcium 550mg	<b>40%</b>
Iron 0.6mg	<b>4%</b>
Potassium 710mg	<b>15%</b>

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**Ingredients:** Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Sucralose, Carrageenan, Nonfat Milk Solids, Vanillin, Caramel Color, Vitamin A Palmitate. Chocolate Fudge: Maltitol Syrup, Nonfat Milk, Glycerin, Cocoa Processed with Alkali, Modified Cornstarch, Potassium Sorbate (a preservative), Xanthan Gum, Artificial Flavor, and Aspartame\*. \*PHENYLKETONURICS: CONTAINS PHENLYALANINE. CONTAINS: MILK.

# Nutrition Facts

1 servings per container

**Serving size** 3 oz (83g)

Amount per serving

**Calories** 150

% Daily Value\*

**Total Fat** 0g 0%

Saturated Fat 0g 0%

*Trans* Fat 0g

**Cholesterol** 0mg 0%

**Sodium** 75mg 3%

**Total Carbohydrate** 33g 12%

Dietary Fiber 0g 0%

Total Sugars 8g

Includes 3g of Added Sugars 6%

**Protein** 4g

Vitamin D 0mcg 0%

Calcium 160mg 10%

Iron 0.5mg 2%

Potassium 200mg 4%

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**Ingredients:** Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Sucralose, Carrageenan, Nonfat Milk Solids, Vanillin, Caramel Color, Vitamin A Palmitate. Chocolate Fudge: Maltitol Syrup, Nonfat Milk, Glycerin, Cocoa Processed with Alkali, Modified Cornstarch, Potassium Sorbate (a preservative), Xanthan Gum, Artificial Flavor, and Aspartame\*. Sugar Cone: Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Tapioca Flour, Sugar, Vegetable Shortening (Soybean and/or Canola Oil, Modified Palm Oil, Soy Lecithin, and/or Partially Hydrogenated Soybean Oil), Oat Fiber and/or Vegetable Fiber, Salt, Caramel Color, Artificial Flavor, Soy Lecithin. \*PHENYLKETONURICS: CONTAINS PHENYLALANINE.  
CONTAINS: MILK, WHEAT, SOY.

# Nutrition Facts

1 servings per container  
**Serving size 5.5 oz (153g)**

**Amount per serving**  
**Calories 250**

**% Daily Value\***

<b>Total Fat</b>	0g	<b>0%</b>
Saturated Fat	0g	<b>0%</b>
<i>Trans</i> Fat	0g	
<b>Cholesterol</b>	0mg	<b>0%</b>
<b>Sodium</b>	130mg	<b>6%</b>
<b>Total Carbohydrate</b>	53g	<b>19%</b>
Dietary Fiber	<1g	<b>4%</b>
Total Sugars	14g	
Includes 3g of Added Sugars		<b>6%</b>
<b>Protein</b>	8g	
Vitamin D	0mcg	<b>0%</b>
Calcium	300mg	<b>25%</b>
Iron	0.7mg	<b>4%</b>
Potassium	370mg	<b>8%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Sucralose, Carrageenan, Nonfat Milk Solids, Vanillin, Caramel Color, Vitamin A Palmitate. Chocolate Fudge: Maltitol Syrup, Nonfat Milk, Glycerin, Cocoa Processed with Alkali, Modified Cornstarch, Potassium Sorbate (a preservative), Xanthan Gum, Artificial Flavor, and Aspartame\*. Sugar Cone: Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Tapioca Flour, Sugar, Vegetable Shortening (Soybean and/or Canola Oil, Modified Palm Oil, Soy Lecithin, and/or Partially Hydrogenated Soybean Oil), Oat Fiber and/or Vegetable Fiber, Salt, Caramel Color, Artificial Flavor, Soy Lecithin. \*PHENYLKETONURICS: CONTAINS PHENYLALANINE.  
 CONTAINS: MILK, WHEAT, SOY.

# Nutrition Facts

1 servings per container

**Serving size** 8 oz (223g)

Amount per serving

**Calories** 340

% Daily Value\*

**Total Fat** 0g 0%

Saturated Fat 0g 0%

*Trans* Fat 0g

**Cholesterol** 0mg 0%

**Sodium** 190mg 8%

**Total Carbohydrate** 74g 27%

Dietary Fiber 1g 4%

Total Sugars 19g

Includes 3g of Added Sugars 6%

**Protein** 11g

Vitamin D 0mcg 0%

Calcium 430mg 35%

Iron 0.8mg 4%

Potassium 550mg 10%

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**Ingredients:** Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Sucralose, Carrageenan, Nonfat Milk Solids, Vanillin, Caramel Color, Vitamin A Palmitate. Chocolate Fudge: Maltitol Syrup, Nonfat Milk, Glycerin, Cocoa Processed with Alkali, Modified Cornstarch, Potassium Sorbate (a preservative), Xanthan Gum, Artificial Flavor, and Aspartame\*. Sugar Cone: Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Tapioca Flour, Sugar, Vegetable Shortening (Soybean and/or Canola Oil, Modified Palm Oil, Soy Lecithin, and/or Partially Hydrogenated Soybean Oil), Oat Fiber and/or Vegetable Fiber, Salt, Caramel Color, Artificial Flavor, Soy Lecithin. \*PHENYLKETONURICS: CONTAINS PHENYLALANINE.  
CONTAINS: MILK, WHEAT, SOY.

# Nutrition Facts

1 servings per container  
**Serving size 10.5 oz (293g)**

**Amount per serving**  
**Calories 440**

**% Daily Value\***

<b>Total Fat</b>	0g	<b>0%</b>
Saturated Fat	0g	<b>0%</b>
<i>Trans</i> Fat	0g	
<b>Cholesterol</b>	0mg	<b>0%</b>
<b>Sodium</b>	240mg	<b>10%</b>
<b>Total Carbohydrate</b>	95g	<b>35%</b>
Dietary Fiber	2g	<b>7%</b>
Total Sugars	25g	
Includes 3g of Added Sugars		<b>6%</b>
<b>Protein</b>	15g	
Vitamin D	0mcg	<b>0%</b>
Calcium	570mg	<b>45%</b>
Iron	1mg	<b>6%</b>
Potassium	730mg	<b>15%</b>

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**Ingredients:** Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Sucralose, Carrageenan, Nonfat Milk Solids, Vanillin, Caramel Color, Vitamin A Palmitate. Chocolate Fudge: Maltitol Syrup, Nonfat Milk, Glycerin, Cocoa Processed with Alkali, Modified Cornstarch, Potassium Sorbate (a preservative), Xanthan Gum, Artificial Flavor, and Aspartame\*. Sugar Cone: Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Tapioca Flour, Sugar, Vegetable Shortening (Soybean and/or Canola Oil, Modified Palm Oil, Soy Lecithin, and/or Partially Hydrogenated Soybean Oil), Oat Fiber and/or Vegetable Fiber, Salt, Caramel Color, Artificial Flavor, Soy Lecithin. \*PHENYLKETONURICS: CONTAINS PHENYLALANINE.  
 CONTAINS: MILK, WHEAT, SOY.

# Nutrition Facts

1 servings per container  
**Serving size 3.6 oz (100g)**

**Amount per serving**  
**Calories 220**

**% Daily Value\***

<b>Total Fat</b>	3g	<b>4%</b>
Saturated Fat	1g	<b>5%</b>
<i>Trans</i> Fat	0g	
<b>Cholesterol</b>	10mg	<b>3%</b>
<b>Sodium</b>	55mg	<b>2%</b>
<b>Total Carbohydrate</b>	44g	<b>16%</b>
Dietary Fiber	0g	<b>0%</b>
Total Sugars	16g	
Includes 10g of Added Sugars		<b>20%</b>
<b>Protein</b>	5g	
Vitamin D	0mcg	<b>0%</b>
Calcium	140mg	<b>10%</b>
Iron	0.7mg	<b>4%</b>
Potassium	180mg	<b>4%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Sucralose, Carrageenan, Nonfat Milk Solids, Vanillin, Caramel Color, Vitamin A Palmitate. Chocolate Fudge: Maltitol Syrup, Nonfat Milk, Glycerin, Cocoa Processed with Alkali, Modified Cornstarch, Potassium Sorbate (a preservative), Xanthan Gum, Artificial Flavor, and Aspartame\*. Waffle Cone: Enriched Bleached Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Sugar, Vegetable Shortening (Partially Hydrogenated Soybean and Cottonseed Oils), Whole Egg, Artificial Flavor (Including Maltodextrin, Modified Cornstarch, Butter, Buttermilk), Dextrose, Soy Lecithin, Artificial Vanilla Flavor. \*PHENYLKETONURICS: CONTAINS PHENYLALANINE. CONTAINS: MILK, WHEAT, EGG, SOY.

# Nutrition Facts

1 servings per container

**Serving size** 6.1 oz (170g)

**Amount per serving**

**Calories** 320

**% Daily Value\***

**Total Fat** 3g 4%

Saturated Fat 1g 5%

*Trans* Fat 0g

**Cholesterol** 10mg 3%

**Sodium** 110mg 5%

**Total Carbohydrate** 64g 23%

Dietary Fiber <1g 4%

Total Sugars 21g

Includes 10g of Added Sugars 20%

**Protein** 9g

Vitamin D 0mcg 0%

Calcium 270mg 20%

Iron 0.8mg 4%

Potassium 350mg 8%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Sucralose, Carrageenan, Nonfat Milk Solids, Vanillin, Caramel Color, Vitamin A Palmitate. Chocolate Fudge: Maltitol Syrup, Nonfat Milk, Glycerin, Cocoa Processed with Alkali, Modified Cornstarch, Potassium Sorbate (a preservative), Xanthan Gum, Artificial Flavor, and Aspartame\*. Waffle Cone: Enriched Bleached Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Sugar, Vegetable Shortening (Partially Hydrogenated Soybean and Cottonseed Oils), Whole Egg, Artificial Flavor (Including Maltodextrin, Modified Cornstarch, Butter, Buttermilk), Dextrose, Soy Lecithin, Artificial Vanilla Flavor. \*PHENYLKETONURICS: CONTAINS PHENYLALANINE. CONTAINS: MILK, WHEAT, EGG, SOY.

# Nutrition Facts

1 servings per container  
**Serving size 8.6 oz (240g)**

**Amount per serving**  
**Calories 420**

**% Daily Value\***

<b>Total Fat</b>	3.5g	<b>4%</b>
Saturated Fat	1g	<b>5%</b>
<i>Trans</i> Fat	0g	
<b>Cholesterol</b>	10mg	<b>3%</b>
<b>Sodium</b>	170mg	<b>7%</b>
<b>Total Carbohydrate</b>	85g	<b>31%</b>
Dietary Fiber	1g	<b>4%</b>
Total Sugars	27g	
Includes 10g of Added Sugars		<b>20%</b>
<b>Protein</b>	12g	
Vitamin D	0mcg	<b>0%</b>
Calcium	410mg	<b>30%</b>
Iron	1mg	<b>6%</b>
Potassium	530mg	<b>10%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Sucralose, Carrageenan, Nonfat Milk Solids, Vanillin, Caramel Color, Vitamin A Palmitate. Chocolate Fudge: Maltitol Syrup, Nonfat Milk, Glycerin, Cocoa Processed with Alkali, Modified Cornstarch, Potassium Sorbate (a preservative), Xanthan Gum, Artificial Flavor, and Aspartame\*. Waffle Cone: Enriched Bleached Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Sugar, Vegetable Shortening (Partially Hydrogenated Soybean and Cottonseed Oils), Whole Egg, Artificial Flavor (Including Maltodextrin, Modified Cornstarch, Butter, Buttermilk), Dextrose, Soy Lecithin, Artificial Vanilla Flavor. \*PHENYLKETONURICS: CONTAINS PHENYLALANINE. CONTAINS: MILK, WHEAT, EGG, SOY.

# Nutrition Facts

1 servings per container  
**Serving size 11.1 oz (310g)**

**Amount per serving**  
**Calories 510**

**% Daily Value\***

<b>Total Fat</b>	3.5g	<b>4%</b>
Saturated Fat	1g	<b>5%</b>
<i>Trans</i> Fat	0g	
<b>Cholesterol</b>	10mg	<b>3%</b>
<b>Sodium</b>	220mg	<b>10%</b>
<b>Total Carbohydrate</b>	105g	<b>38%</b>
Dietary Fiber	2g	<b>7%</b>
Total Sugars	32g	
Includes 10g of Added Sugars		<b>20%</b>
<b>Protein</b>	16g	
Vitamin D	0mcg	<b>0%</b>
Calcium	550mg	<b>40%</b>
Iron	1.2mg	<b>6%</b>
Potassium	710mg	<b>15%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Sucralose, Carrageenan, Nonfat Milk Solids, Vanillin, Caramel Color, Vitamin A Palmitate. Chocolate Fudge: Maltitol Syrup, Nonfat Milk, Glycerin, Cocoa Processed with Alkali, Modified Cornstarch, Potassium Sorbate (a preservative), Xanthan Gum, Artificial Flavor, and Aspartame\*. Waffle Cone: Enriched Bleached Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Sugar, Vegetable Shortening (Partially Hydrogenated Soybean and Cottonseed Oils), Whole Egg, Artificial Flavor (Including Maltodextrin, Modified Cornstarch, Butter, Buttermilk), Dextrose, Soy Lecithin, Artificial Vanilla Flavor. \*PHENYLKETONURICS: CONTAINS PHENLYALANINE. CONTAINS: MILK, WHEAT, EGG, SOY.