

BRUSTER'S CHERRY CREAMSICLE ICE CREAM - DISH - SM

Nutrition Facts

Serving Size (140g)

Servings Per Container 1

Amount Per Serving

Calories 250 **Calories from Fat** 80

% Daily Value*

Total Fat 9g **14%**

Saturated Fat 5g **27%**

Trans Fat 0g

Cholesterol 25mg **9%**

Sodium 55mg **2%**

Total Carbohydrate 40g **13%**

 Dietary Fiber 0g **0%**

 Sugars 34g

Protein 2g

Vitamin A 6% • Vitamin C 0%

Calcium 8% • Iron 4%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Ingredients: VANILLA ICE CREAM: MILK, CREAM, SUGAR, CORN SYRUP, NONFAT MILK SOLIDS, SWEET WHEY, MONO & DIGLYCERIDES, GUAR GUM, LOCUST BEAN GUM, POLYSORBATE 80, CARRAGEENAN, VANILLA, VANILLIN, NATURAL AND ARTIFICIAL FLAVOR, CARAMEL COLOR. CHERRY SHERBET: WATER, SUGAR, MILK, CREAM, CORN SYRUP, NONFAT MILK SOLIDS, SWEET WHEY, MONO & DIGLYCERIDES, GUAR GUM, LOCUST BEAN GUM, XANTHAN GUM, CITRIC ACID, POLYSORBATE 80, CARRAGEENAN, VANILLA, VANILLIN, NATURAL AND ARTIFICIAL FLAVOR, CARAMEL COLOR, SODIUM BENZOATE (A PRESERVATIVE), AND RED 40.

CONTAINS: MILK.

BRUSTER'S CHERRY CREAMSICLE ICE CREAM - DISH - REG

Nutrition Facts

Serving Size (210g)

Servings Per Container 1

Amount Per Serving

Calories 380 Calories from Fat 130

% Daily Value*

Total Fat 14g 22%

Saturated Fat 8g 41%

Trans Fat 0g

Cholesterol 40mg 14%

Sodium 80mg 3%

Total Carbohydrate 59g 20%

Dietary Fiber 0g 0%

Sugars 51g

Protein 4g

Vitamin A 10% • Vitamin C 2%

Calcium 10% • Iron 8%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Ingredients: VANILLA ICE CREAM: MILK, CREAM, SUGAR, CORN SYRUP, NONFAT MILK SOLIDS, SWEET WHEY, MONO & DIGLYCERIDES, GUAR GUM, LOCUST BEAN GUM, POLYSORBATE 80, CARRAGEENAN, VANILLA, VANILLIN, NATURAL AND ARTIFICIAL FLAVOR, CARAMEL COLOR. CHERRY SHERBET: WATER, SUGAR, MILK, CREAM, CORN SYRUP, NONFAT MILK SOLIDS, SWEET WHEY, MONO & DIGLYCERIDES, GUAR GUM, LOCUST BEAN GUM, XANTHAN GUM, CITRIC ACID, POLYSORBATE 80, CARRAGEENAN, VANILLA, VANILLIN, NATURAL AND ARTIFICIAL FLAVOR, CARAMEL COLOR, SODIUM BENZOATE (A PRESERVATIVE), AND RED 40.

CONTAINS: MILK.

BRUSTER'S CHERRY CREAMSICLE ICE CREAM - DISH - LG

Nutrition Facts

Serving Size (280g)
 Servings Per Container 1

Amount Per Serving

Calories 500 Calories from Fat 170

% Daily Value*

Total Fat	19g	29%
Saturated Fat	11g	55%
Trans Fat	0g	
Cholesterol	55mg	18%
Sodium	110mg	5%
Total Carbohydrate	79g	26%
Dietary Fiber	0g	0%
Sugars	68g	

Protein 5g

Vitamin A 15% • Vitamin C 4%

Calcium 15% • Iron 10%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Ingredients: VANILLA ICE CREAM: MILK, CREAM, SUGAR, CORN SYRUP, NONFAT MILK SOLIDS, SWEET WHEY, MONO & DIGLYCERIDES, GUAR GUM, LOCUST BEAN GUM, POLYSORBATE 80, CARRAGEENAN, VANILLA, VANILLIN, NATURAL AND ARTIFICIAL FLAVOR, CARAMEL COLOR. CHERRY SHERBET: WATER, SUGAR, MILK, CREAM, CORN SYRUP, NONFAT MILK SOLIDS, SWEET WHEY, MONO & DIGLYCERIDES, GUAR GUM, LOCUST BEAN GUM, XANTHAN GUM, CITRIC ACID, POLYSORBATE 80, CARRAGEENAN, VANILLA, VANILLIN, NATURAL AND ARTIFICIAL FLAVOR, CARAMEL COLOR, SODIUM BENZOATE (A PRESERVATIVE), AND RED 40.

CONTAINS: MILK.

BRUSTER'S CHERRY CREAMSICLE ICE CREAM - SUGAR CONE - SM

Nutrition Facts

Serving Size (153g)

Servings Per Container 1

Amount Per Serving

Calories 300 Calories from Fat 90

% Daily Value*

Total Fat 10g 15%

Saturated Fat 5g 27%

Trans Fat 0g

Cholesterol 25mg 9%

Sodium 75mg 3%

Total Carbohydrate 52g 17%

Dietary Fiber 0g 0%

Sugars 37g

Protein 3g

Vitamin A 6% • Vitamin C 0%

Calcium 10% • Iron 6%

* Percent Daily Values are based on a 2,000 calorie diet.

Ingredients: VANILLA ICE CREAM: MILK, CREAM, SUGAR, CORN SYRUP, NONFAT MILK SOLIDS, SWEET WHEY, MONO & DIGLYCERIDES, GUAR GUM, LOCUST BEAN GUM, POLYSORBATE 80, CARRAGEENAN, VANILLA, VANILLIN, NATURAL AND ARTIFICIAL FLAVOR, CARAMEL COLOR. CHERRY SHERBET: WATER, SUGAR, MILK, CREAM, CORN SYRUP, NONFAT MILK SOLIDS, SWEET WHEY, MONO & DIGLYCERIDES, GUAR GUM, LOCUST BEAN GUM, XANTHAN GUM, CITRIC ACID, POLYSORBATE 80, CARRAGEENAN, VANILLA, VANILLIN, NATURAL AND ARTIFICIAL FLAVOR, CARAMEL COLOR, SODIUM BENZOATE (A PRESERVATIVE), AND RED 40. SUGAR CONE: ENRICHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), TAPIOCA FLOUR, SUGAR, VEGETABLE SHORTENING (SOYBEAN AND/OR CANOLA OIL, MODIFIED PALM OIL, SOY LECITHIN, AND/OR PARTIALLY HYDROGENATED SOYBEAN OIL), OAT FIBER AND/OR VEGETABLE FIBER, SALT, CARAMEL COLOR, ARTIFICIAL FLAVOR, SOY LECITHIN.

CONTAINS: MILK, WHEAT, SOY.

BRUSTER'S CHERRY CREAMSICLE ICE CREAM - SUGAR CONE - REG

Nutrition Facts

Serving Size (223g)

Servings Per Container 1

Amount Per Serving

Calories 430 Calories from Fat 130

% Daily Value*

Total Fat 14g 22%

 Saturated Fat 8g 41%

 Trans Fat 0g

Cholesterol 40mg 14%

Sodium 100mg 4%

Total Carbohydrate 71g 24%

 Dietary Fiber 0g 0%

 Sugars 54g

Protein 4g

Vitamin A 10% • Vitamin C 2%

Calcium 15% • Iron 10%

* Percent Daily Values are based on a 2,000 calorie diet.

Ingredients: VANILLA ICE CREAM: MILK, CREAM, SUGAR, CORN SYRUP, NONFAT MILK SOLIDS, SWEET WHEY, MONO & DIGLYCERIDES, GUAR GUM, LOCUST BEAN GUM, POLYSORBATE 80, CARRAGEENAN, VANILLA, VANILLIN, NATURAL AND ARTIFICIAL FLAVOR, CARAMEL COLOR. CHERRY SHERBET: WATER, SUGAR, MILK, CREAM, CORN SYRUP, NONFAT MILK SOLIDS, SWEET WHEY, MONO & DIGLYCERIDES, GUAR GUM, LOCUST BEAN GUM, XANTHAN GUM, CITRIC ACID, POLYSORBATE 80, CARRAGEENAN, VANILLA, VANILLIN, NATURAL AND ARTIFICIAL FLAVOR, CARAMEL COLOR, SODIUM BENZOATE (A PRESERVATIVE), AND RED 40. SUGAR CONE: ENRICHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), TAPIOCA FLOUR, SUGAR, VEGETABLE SHORTENING (SOYBEAN AND/OR CANOLA OIL, MODIFIED PALM OIL, SOY LECITHIN, AND/OR PARTIALLY HYDROGENATED SOYBEAN OIL), OAT FIBER AND/OR VEGETABLE FIBER, SALT, CARAMEL COLOR, ARTIFICIAL FLAVOR, SOY LECITHIN.

CONTAINS: MILK, WHEAT, SOY.

BRUSTER'S CHERRY CREAMSICLE ICE CREAM - SUGAR CONE - LG

Nutrition Facts

Serving Size (293g)

Servings Per Container 1

Amount Per Serving

Calories 560 Calories from Fat 170

% Daily Value*

Total Fat 19g 29%

Saturated Fat 11g 55%

Trans Fat 0g

Cholesterol 55mg 18%

Sodium 130mg 5%

Total Carbohydrate 91g 30%

Dietary Fiber 0g 0%

Sugars 71g

Protein 5g

Vitamin A 15% • Vitamin C 4%

Calcium 20% • Iron 10%

* Percent Daily Values are based on a 2,000 calorie diet.

Ingredients: VANILLA ICE CREAM: MILK, CREAM, SUGAR, CORN SYRUP, NONFAT MILK SOLIDS, SWEET WHEY, MONO & DIGLYCERIDES, GUAR GUM, LOCUST BEAN GUM, POLYSORBATE 80, CARRAGEENAN, VANILLA, VANILLIN, NATURAL AND ARTIFICIAL FLAVOR, CARAMEL COLOR. CHERRY SHERBET: WATER, SUGAR, MILK, CREAM, CORN SYRUP, NONFAT MILK SOLIDS, SWEET WHEY, MONO & DIGLYCERIDES, GUAR GUM, LOCUST BEAN GUM, XANTHAN GUM, CITRIC ACID, POLYSORBATE 80, CARRAGEENAN, VANILLA, VANILLIN, NATURAL AND ARTIFICIAL FLAVOR, CARAMEL COLOR, SODIUM BENZOATE (A PRESERVATIVE), AND RED 40. SUGAR CONE: ENRICHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), TAPIOCA FLOUR, SUGAR, VEGETABLE SHORTENING (SOYBEAN AND/OR CANOLA OIL, MODIFIED PALM OIL, SOY LECITHIN, AND/OR PARTIALLY HYDROGENATED SOYBEAN OIL), OAT FIBER AND/OR VEGETABLE FIBER, SALT, CARAMEL COLOR, ARTIFICIAL FLAVOR, SOY LECITHIN.

CONTAINS: MILK, WHEAT, SOY.

BRUSTER'S CHERRY CREAMSICLE ICE CREAM - CAKE CONE - SM

Nutrition Facts

Serving Size (146g)

Servings Per Container 1

Amount Per Serving

Calories 280 Calories from Fat 90

% Daily Value*

Total Fat 10g 15%

Saturated Fat 5g 27%

Trans Fat 0g

Cholesterol 25mg 9%

Sodium 65mg 3%

Total Carbohydrate 45g 15%

Dietary Fiber 0g 0%

Sugars 34g

Protein 3g

Vitamin A 6% • Vitamin C 0%

Calcium 8% • Iron 6%

* Percent Daily Values are based on a 2,000 calorie diet.

Ingredients: VANILLA ICE CREAM: MILK, CREAM, SUGAR, CORN SYRUP, NONFAT MILK SOLIDS, SWEET WHEY, MONO & DIGLYCERIDES, GUAR GUM, LOCUST BEAN GUM, POLYSORBATE 80, CARRAGEENAN, VANILLA, VANILLIN, NATURAL AND ARTIFICIAL FLAVOR, CARAMEL COLOR. CHERRY SHERBET: WATER, SUGAR, MILK, CREAM, CORN SYRUP, NONFAT MILK SOLIDS, SWEET WHEY, MONO & DIGLYCERIDES, GUAR GUM, LOCUST BEAN GUM, XANTHAN GUM, CITRIC ACID, POLYSORBATE 80, CARRAGEENAN, VANILLA, VANILLIN, NATURAL AND ARTIFICIAL FLAVOR, CARAMEL COLOR, SODIUM BENZOATE (A PRESERVATIVE), AND RED 40. CAKE CONE: ENRICHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), TAPIOCA FLOUR, SUGAR, VEGETABLE OIL SHORTENING (SOYBEAN AND/OR CANOLA OIL, MODIFIED PALM OIL, SOY LECITHIN, AND/OR PARTIALLY HYDROGENATED SOYBEAN OIL), LEAVENING (SODIUM BICARBONATE, AMMONIUM BICARBONATE), SALT, NATURAL FLAVOR, ANNATTO (VEGETABLE COLOR).

CONTAINS: MILK, WHEAT, SOY.

BRUSTER'S CHERRY CREAMSICLE ICE CREAM - CAKE CONE - REG

Nutrition Facts

Serving Size (216g)

Servings Per Container 1

Amount Per Serving

Calories 400 Calories from Fat 130

% Daily Value*

Total Fat 14g 22%

 Saturated Fat 8g 41%

 Trans Fat 0g

Cholesterol 40mg 14%

Sodium 90mg 4%

Total Carbohydrate 64g 21%

 Dietary Fiber 0g 0%

 Sugars 51g

Protein 4g

Vitamin A 10% • Vitamin C 2%

Calcium 10% • Iron 10%

* Percent Daily Values are based on a 2,000 calorie diet.

Ingredients: VANILLA ICE CREAM: MILK, CREAM, SUGAR, CORN SYRUP, NONFAT MILK SOLIDS, SWEET WHEY, MONO & DIGLYCERIDES, GUAR GUM, LOCUST BEAN GUM, POLYSORBATE 80, CARRAGEENAN, VANILLA, VANILLIN, NATURAL AND ARTIFICIAL FLAVOR, CARAMEL COLOR. CHERRY SHERBET: WATER, SUGAR, MILK, CREAM, CORN SYRUP, NONFAT MILK SOLIDS, SWEET WHEY, MONO & DIGLYCERIDES, GUAR GUM, LOCUST BEAN GUM, XANTHAN GUM, CITRIC ACID, POLYSORBATE 80, CARRAGEENAN, VANILLA, VANILLIN, NATURAL AND ARTIFICIAL FLAVOR, CARAMEL COLOR, SODIUM BENZOATE (A PRESERVATIVE), AND RED 40. CAKE CONE: ENRICHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), TAPIOCA FLOUR, SUGAR, VEGETABLE OIL SHORTENING (SOYBEAN AND/OR CANOLA OIL, MODIFIED PALM OIL, SOY LECITHIN, AND/OR PARTIALLY HYDROGENATED SOYBEAN OIL), LEAVENING (SODIUM BICARBONATE, AMMONIUM BICARBONATE), SALT, NATURAL FLAVOR, ANNATTO (VEGETABLE COLOR).

CONTAINS: MILK, WHEAT, SOY.

BRUSTER'S CHERRY CREAMSICLE ICE CREAM - CAKE CONE - LG

Nutrition Facts

Serving Size (286g)

Servings Per Container 1

Amount Per Serving

Calories 530 Calories from Fat 170

% Daily Value*

Total Fat 19g 29%

Saturated Fat 11g 55%

Trans Fat 0g

Cholesterol 55mg 18%

Sodium 120mg 5%

Total Carbohydrate 84g 28%

Dietary Fiber 0g 0%

Sugars 68g

Protein 5g

Vitamin A 15% • Vitamin C 4%

Calcium 15% • Iron 10%

* Percent Daily Values are based on a 2,000 calorie diet.

Ingredients: VANILLA ICE CREAM: MILK, CREAM, SUGAR, CORN SYRUP, NONFAT MILK SOLIDS, SWEET WHEY, MONO & DIGLYCERIDES, GUAR GUM, LOCUST BEAN GUM, POLYSORBATE 80, CARRAGEENAN, VANILLA, VANILLIN, NATURAL AND ARTIFICIAL FLAVOR, CARAMEL COLOR. CHERRY SHERBET: WATER, SUGAR, MILK, CREAM, CORN SYRUP, NONFAT MILK SOLIDS, SWEET WHEY, MONO & DIGLYCERIDES, GUAR GUM, LOCUST BEAN GUM, XANTHAN GUM, CITRIC ACID, POLYSORBATE 80, CARRAGEENAN, VANILLA, VANILLIN, NATURAL AND ARTIFICIAL FLAVOR, CARAMEL COLOR, SODIUM BENZOATE (A PRESERVATIVE), AND RED 40. CAKE CONE: ENRICHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), TAPIOCA FLOUR, SUGAR, VEGETABLE OIL SHORTENING (SOYBEAN AND/OR CANOLA OIL, MODIFIED PALM OIL, SOY LECITHIN, AND/OR PARTIALLY HYDROGENATED SOYBEAN OIL), LEAVENING (SODIUM BICARBONATE, AMMONIUM BICARBONATE), SALT, NATURAL FLAVOR, ANNATTO (VEGETABLE COLOR).

CONTAINS: MILK, WHEAT, SOY.

BRUSTER'S CHERRY CREAMSICLE ICE CREAM - WAFFLE CONE - SM

Nutrition Facts

Serving Size (170g)

Servings Per Container 1

Amount Per Serving

Calories 380 Calories from Fat 110

% Daily Value*

Total Fat 13g 19%

Saturated Fat 6g 31%

Trans Fat 0g

Cholesterol 35mg 12%

Sodium 55mg 2%

Total Carbohydrate 62g 21%

Dietary Fiber 0g 0%

Sugars 44g

Protein 4g

Vitamin A 6% • Vitamin C 0%

Calcium 8% • Iron 8%

* Percent Daily Values are based on a 2,000 calorie diet.

Ingredients: VANILLA ICE CREAM: MILK, CREAM, SUGAR, CORN SYRUP, NONFAT MILK SOLIDS, SWEET WHEY, MONO & DIGLYCERIDES, GUAR GUM, LOCUST BEAN GUM, POLYSORBATE 80, CARRAGEENAN, VANILLA, VANILLIN, NATURAL AND ARTIFICIAL FLAVOR, CARAMEL COLOR. CHERRY SHERBET: WATER, SUGAR, MILK, CREAM, CORN SYRUP, NONFAT MILK SOLIDS, SWEET WHEY, MONO & DIGLYCERIDES, GUAR GUM, LOCUST BEAN GUM, XANTHAN GUM, CITRIC ACID, POLYSORBATE 80, CARRAGEENAN, VANILLA, VANILLIN, NATURAL AND ARTIFICIAL FLAVOR, CARAMEL COLOR, SODIUM BENZOATE (A PRESERVATIVE), AND RED 40. WAFFLE CONE: ENRICHED BLEACHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, VEGETABLE SHORTENING (PARTIALLY HYDROGENATED SOYBEAN AND COTTONSEED OILS), WHOLE EGG, ARTIFICIAL FLAVOR (INCLUDING MALTODEXTRIN, MODIFIED CORNSTARCH, BUTTER, BUTTERMILK), DEXTROSE, SOY LECITHIN, ARTIFICIAL VANILLA FLAVOR.

CONTAINS: MILK, WHEAT, EGG, SOY.

BRUSTER'S CHERRY CREAMSICLE ICE CREAM - WAFFLE CONE - REG

Nutrition Facts

Serving Size (240g)

Servings Per Container 1

Amount Per Serving

Calories 500 Calories from Fat 160

% Daily Value*

Total Fat 17g 27%

 Saturated Fat 9g 45%

 Trans Fat 0g

Cholesterol 50mg 16%

Sodium 80mg 3%

Total Carbohydrate 82g 27%

 Dietary Fiber 0g 0%

 Sugars 61g

Protein 5g

Vitamin A 10% • Vitamin C 2%

Calcium 10% • Iron 10%

* Percent Daily Values are based on a 2,000 calorie diet.

Ingredients: VANILLA ICE CREAM: MILK, CREAM, SUGAR, CORN SYRUP, NONFAT MILK SOLIDS, SWEET WHEY, MONO & DIGLYCERIDES, GUAR GUM, LOCUST BEAN GUM, POLYSORBATE 80, CARRAGEENAN, VANILLA, VANILLIN, NATURAL AND ARTIFICIAL FLAVOR, CARAMEL COLOR. CHERRY SHERBET: WATER, SUGAR, MILK, CREAM, CORN SYRUP, NONFAT MILK SOLIDS, SWEET WHEY, MONO & DIGLYCERIDES, GUAR GUM, LOCUST BEAN GUM, XANTHAN GUM, CITRIC ACID, POLYSORBATE 80, CARRAGEENAN, VANILLA, VANILLIN, NATURAL AND ARTIFICIAL FLAVOR, CARAMEL COLOR, SODIUM BENZOATE (A PRESERVATIVE), AND RED 40. WAFFLE CONE: ENRICHED BLEACHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, VEGETABLE SHORTENING (PARTIALLY HYDROGENATED SOYBEAN AND COTTONSEED OILS), WHOLE EGG, ARTIFICIAL FLAVOR (INCLUDING MALTODEXTRIN, MODIFIED CORNSTARCH, BUTTER, BUTTERMILK), DEXTROSE, SOY LECITHIN, ARTIFICIAL VANILLA FLAVOR.

CONTAINS: MILK, WHEAT, EGG, SOY.

BRUSTER'S CHERRY CREAMSICLE ICE CREAM - WAFFLE CONE - LG

Nutrition Facts

Serving Size (310g)

Servings Per Container 1

Amount Per Serving

Calories 630 Calories from Fat 200

% Daily Value*

Total Fat 22g 34%

Saturated Fat 12g 59%

Trans Fat 0g

Cholesterol 65mg 21%

Sodium 110mg 5%

Total Carbohydrate 102g 34%

Dietary Fiber 0g 0%

Sugars 79g

Protein 6g

Vitamin A 15% • Vitamin C 4%

Calcium 15% • Iron 15%

* Percent Daily Values are based on a 2,000 calorie diet.

Ingredients: VANILLA ICE CREAM: MILK, CREAM, SUGAR, CORN SYRUP, NONFAT MILK SOLIDS, SWEET WHEY, MONO & DIGLYCERIDES, GUAR GUM, LOCUST BEAN GUM, POLYSORBATE 80, CARRAGEENAN, VANILLA, VANILLIN, NATURAL AND ARTIFICIAL FLAVOR, CARAMEL COLOR. CHERRY SHERBET: WATER, SUGAR, MILK, CREAM, CORN SYRUP, NONFAT MILK SOLIDS, SWEET WHEY, MONO & DIGLYCERIDES, GUAR GUM, LOCUST BEAN GUM, XANTHAN GUM, CITRIC ACID, POLYSORBATE 80, CARRAGEENAN, VANILLA, VANILLIN, NATURAL AND ARTIFICIAL FLAVOR, CARAMEL COLOR, SODIUM BENZOATE (A PRESERVATIVE), AND RED 40. WAFFLE CONE: ENRICHED BLEACHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, VEGETABLE SHORTENING (PARTIALLY HYDROGENATED SOYBEAN AND COTTONSEED OILS), WHOLE EGG, ARTIFICIAL FLAVOR (INCLUDING MALTODEXTRIN, MODIFIED CORNSTARCH, BUTTER, BUTTERMILK), DEXTROSE, SOY LECITHIN, ARTIFICIAL VANILLA FLAVOR.

CONTAINS: MILK, WHEAT, EGG, SOY.