

<b>Nutrition Facts</b>	
<b>Serving size</b>	<b>70g</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>130</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 1g	<b>1%</b>
Saturated Fat 1g	<b>5%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 5mg	<b>2%</b>
<b>Sodium</b> 75mg	<b>3%</b>
<b>Total Carbohydrate</b> 26g	<b>9%</b>
Dietary Fiber 1g	<b>4%</b>
Total Sugars 9g	
Includes 9g Added Sugars	<b>18%</b>
<b>Protein</b> 5g	
Vitamin D 0mcg	0%
Calcium 170mg	15%
Iron 0.2mg	0%
Potassium 280mg	6%
<small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

**Ingredients:** SKIM MILK, (LACITOL, MALTODEXTRIN, CELLULOSE GEL, MONO & DIGLYCERIDES, CELLULOSE GUM, ACESULFAME POTASSIUM, ASPARTAME [PHENYLKETONURICS: CONTAINS PHENYLALANINE), CARRAGEENAN, NONFAT MILK SOLIDS, MILK, ARTIFICIALLY FLAVORED VANILLA, CARAMEL COLOR, VITAMIN A PALMITATE), INSTANT COFFEE, CINNAMON, VANILLA FLAVORING (WATER, ETHYL ALCOHOL, CARAMEL COLOR). CONTAINS: MILK.

<b>Nutrition Facts</b>	
<b>Serving size</b>	<b>140g</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>260</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 2.5g	<b>3%</b>
Saturated Fat 1.5g	<b>8%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 10mg	<b>3%</b>
<b>Sodium</b> 150mg	<b>7%</b>
<b>Total Carbohydrate</b> 51g	<b>19%</b>
Dietary Fiber 2g	<b>7%</b>
Total Sugars 18g	
Includes 18g Added Sugars	<b>36%</b>
<b>Protein</b> 10g	
Vitamin D 0mcg	0%
Calcium 340mg	25%
Iron 0.3mg	0%
Potassium 550mg	10%
<small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

**Ingredients:** SKIM MILK, (LACITOL, MALTODEXTRIN, CELLULOSE GEL, MONO & DIGLYCERIDES, CELLULOSE GUM, ACESULFAME POTASSIUM, ASPARTAME [PHENYLKETONURICS: CONTAINS PHENYLALANINE), CARRAGEENAN, NONFAT MILK SOLIDS, MILK, ARTIFICIALLY FLAVORED VANILLA, CARAMEL COLOR, VITAMIN A PALMITATE), INSTANT COFFEE, CINNAMON, VANILLA FLAVORING (WATER, ETHYL ALCOHOL, CARAMEL COLOR). CONTAINS: MILK.

<b>Nutrition Facts</b>	
<b>Serving size</b>	<b>210g</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>400</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 3.5g	<b>4%</b>
Saturated Fat 2.5g	<b>13%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 15mg	<b>5%</b>
<b>Sodium</b> 230mg	<b>10%</b>
<b>Total Carbohydrate</b> 77g	<b>28%</b>
Dietary Fiber 3g	<b>11%</b>
Total Sugars 26g	
Includes 26g Added Sugars	<b>52%</b>
<b>Protein</b> 15g	
Vitamin D 0mcg	0%
Calcium 510mg	40%
Iron 0.5mg	2%
Potassium 830mg	20%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** SKIM MILK, (LACITOL, MALTODEXTRIN, CELLULOSE GEL, MONO & DIGLYCERIDES, CELLULOSE GUM, ACESULFAME POTASSIUM, ASPARTAME [PHENYLKETONURICS: CONTAINS PHENYLALANINE), CARRAGEENAN, NONFAT MILK SOLIDS, MILK, ARTIFICIALLY FLAVORED VANILLA, CARAMEL COLOR, VITAMIN A PALMITATE), INSTANT COFFEE, CINNAMON, VANILLA FLAVORING (WATER, ETHYL ALCOHOL, CARAMEL COLOR). CONTAINS: MILK.

<b>Nutrition Facts</b>	
<b>Serving size</b>	<b>280g</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>530</b>
<small>% Daily Value*</small>	
<b>Total Fat</b> 4.5g	<b>6%</b>
Saturated Fat 3.5g	<b>18%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 25mg	<b>8%</b>
<b>Sodium</b> 310mg	<b>13%</b>
<b>Total Carbohydrate</b> 102g	<b>37%</b>
Dietary Fiber 4g	<b>14%</b>
Total Sugars 35g	
Includes 35g Added Sugars	<b>70%</b>
<b>Protein</b> 19g	
Vitamin D 0mcg	0%
Calcium 680mg	50%
Iron 0.6mg	4%
Potassium 1100mg	25%
<small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

**Ingredients:** SKIM MILK, (LACITOL, MALTODEXTRIN, CELLULOSE GEL, MONO & DIGLYCERIDES, CELLULOSE GUM, ACESULFAME POTASSIUM, ASPARTAME [PHENYLKETONURICS: CONTAINS PHENYLALANINE), CARRAGEENAN, NONFAT MILK SOLIDS, MILK, ARTIFICIALLY FLAVORED VANILLA, CARAMEL COLOR, VITAMIN A PALMITATE), INSTANT COFFEE, CINNAMON, VANILLA FLAVORING (WATER, ETHYL ALCOHOL, CARAMEL COLOR). CONTAINS: MILK.

<b>Nutrition Facts</b>	
<b>Serving size</b>	<b>76g</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>160</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 1.5g	<b>2%</b>
Saturated Fat 1g	<b>5%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 5mg	<b>2%</b>
<b>Sodium</b> 85mg	<b>4%</b>
<b>Total Carbohydrate</b> 31g	<b>11%</b>
Dietary Fiber 1g	<b>4%</b>
Total Sugars 9g	
Includes 9g Added Sugars	<b>18%</b>
<b>Protein</b> 5g	
Vitamin D 0mcg	0%
Calcium 170mg	15%
Iron 0.4mg	2%
Potassium 280mg	6%
<small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

**Ingredients:** SKIM MILK, (LACITOL, MALTODEXTRIN, CELLULOSE GEL, MONO & DIGLYCERIDES, CELLULOSE GUM, ACESULFAME POTASSIUM, ASPARTAME [PHENYLKETONURICS: CONTAINS PHENYLALANINE), CARRAGEENAN, NONFAT MILK SOLIDS, MILK, ARTIFICIALLY FLAVORED VANILLA, CARAMEL COLOR, VITAMIN A PALMITATE), INSTANT COFFEE, CINNAMON, VANILLA FLAVORING (WATER, ETHYL ALCOHOL, CARAMEL COLOR), CAKE CONE (ENRICHED WHEAT FLOUR [CONTAINS NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], TAPIOCA FLOUR, SUGAR, VEGETABLE OIL SHORTENING [SOYBEAN OIL OR CANOLA OIL, MODIFIED PALM OIL, SOY LECITHIN, AND/OR PARTIALLY HYDROGENATED SOYBEAN OIL], LEAVENING [SODIUM BICARBONATE, AMMONIUM BICARBONATE], SALT, NATURAL FLAVOR, ANNATTO [VEGETABLE COLOR]).  
CONTAINS: MILK, WHEAT, SOY.

<b>Nutrition Facts</b>	
<b>Serving size</b>	<b>146g</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>290</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 2.5g	<b>3%</b>
Saturated Fat 1.5g	<b>8%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 10mg	<b>3%</b>
<b>Sodium</b> 160mg	<b>7%</b>
<b>Total Carbohydrate</b> 56g	<b>20%</b>
Dietary Fiber 2g	<b>7%</b>
Total Sugars 18g	
Includes 18g Added Sugars	<b>36%</b>
<b>Protein</b> 10g	
Vitamin D 0mcg	0%
Calcium 340mg	25%
Iron 0.5mg	2%
Potassium 560mg	10%
<small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

**Ingredients:** SKIM MILK, (LACITOL, MALTODEXTRIN, CELLULOSE GEL, MONO & DIGLYCERIDES, CELLULOSE GUM, ACESULFAME POTASSIUM, ASPARTAME [PHENYLKETONURICS: CONTAINS PHENYLALANINE), CARRAGEENAN, NONFAT MILK SOLIDS, MILK, ARTIFICIALLY FLAVORED VANILLA, CARAMEL COLOR, VITAMIN A PALMITATE), INSTANT COFFEE, CINNAMON, VANILLA FLAVORING (WATER, ETHYL ALCOHOL, CARAMEL COLOR), CAKE CONE (ENRICHED WHEAT FLOUR [CONTAINS NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], TAPIOCA FLOUR, SUGAR, VEGETABLE OIL SHORTENING [SOYBEAN OIL OR CANOLA OIL, MODIFIED PALM OIL, SOY LECITHIN, AND/OR PARTIALLY HYDROGENATED SOYBEAN OIL], LEAVENING [SODIUM BICARBONATE, AMMONIUM BICARBONATE], SALT, NATURAL FLAVOR, ANNATTO [VEGETABLE COLOR]).  
CONTAINS: MILK, WHEAT, SOY.

<b>Nutrition Facts</b>	
<b>Serving size</b>	<b>216g</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>420</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 3.5g	<b>4%</b>
Saturated Fat 2.5g	<b>13%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 15mg	<b>5%</b>
<b>Sodium</b> 240mg	<b>10%</b>
<b>Total Carbohydrate</b> 82g	<b>30%</b>
Dietary Fiber 3g	<b>11%</b>
Total Sugars 27g	
Includes 27g Added Sugars	<b>54%</b>
<b>Protein</b> 15g	
Vitamin D 0mcg	0%
Calcium 510mg	40%
Iron 0.7mg	4%
Potassium 830mg	20%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** SKIM MILK, (LACITOL, MALTODEXTRIN, CELLULOSE GEL, MONO & DIGLYCERIDES, CELLULOSE GUM, ACESULFAME POTASSIUM, ASPARTAME [PHENYLKETONURICS: CONTAINS PHENYLALANINE), CARRAGEENAN, NONFAT MILK SOLIDS, MILK, ARTIFICIALLY FLAVORED VANILLA, CARAMEL COLOR, VITAMIN A PALMITATE), INSTANT COFFEE, CINNAMON, VANILLA FLAVORING (WATER, ETHYL ALCOHOL, CARAMEL COLOR), CAKE CONE (ENRICHED WHEAT FLOUR [CONTAINS NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], TAPIOCA FLOUR, SUGAR, VEGETABLE OIL SHORTENING [SOYBEAN OIL OR CANOLA OIL, MODIFIED PALM OIL, SOY LECITHIN, AND/OR PARTIALLY HYDROGENATED SOYBEAN OIL], LEAVENING [SODIUM BICARBONATE, AMMONIUM BICARBONATE], SALT, NATURAL FLAVOR, ANNATTO [VEGETABLE COLOR]).  
CONTAINS: MILK, WHEAT, SOY.

<b>Nutrition Facts</b>	
<b>Serving size</b>	<b>286g</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>550</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 4.5g	<b>6%</b>
Saturated Fat 3.5g	<b>18%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 25mg	<b>8%</b>
<b>Sodium</b> 320mg	<b>14%</b>
<b>Total Carbohydrate</b> 107g	<b>39%</b>
Dietary Fiber 4g	<b>14%</b>
Total Sugars 35g	
Includes 35g Added Sugars	<b>70%</b>
<b>Protein</b> 20g	
Vitamin D 0mcg	0%
Calcium 690mg	50%
Iron 0.9mg	6%
Potassium 1110mg	25%
<small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

**Ingredients:** SKIM MILK, (LACITOL, MALTODEXTRIN, CELLULOSE GEL, MONO & DIGLYCERIDES, CELLULOSE GUM, ACESULFAME POTASSIUM, ASPARTAME [PHENYLKETONURICS: CONTAINS PHENYLALANINE), CARRAGEENAN, NONFAT MILK SOLIDS, MILK, ARTIFICIALLY FLAVORED VANILLA, CARAMEL COLOR, VITAMIN A PALMITATE), INSTANT COFFEE, CINNAMON, VANILLA FLAVORING (WATER, ETHYL ALCOHOL, CARAMEL COLOR), CAKE CONE (ENRICHED WHEAT FLOUR [CONTAINS NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], TAPIOCA FLOUR, SUGAR, VEGETABLE OIL SHORTENING [SOYBEAN OIL OR CANOLA OIL, MODIFIED PALM OIL, SOY LECITHIN, AND/OR PARTIALLY HYDROGENATED SOYBEAN OIL], LEAVENING [SODIUM BICARBONATE, AMMONIUM BICARBONATE], SALT, NATURAL FLAVOR, ANNATTO [VEGETABLE COLOR]).  
CONTAINS: MILK, WHEAT, SOY.



<b>Nutrition Facts</b>	
<b>Serving size</b>	<b>83g</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>180</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 1.5g	<b>2%</b>
Saturated Fat 1g	<b>5%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 5mg	<b>2%</b>
<b>Sodium</b> 95mg	<b>4%</b>
<b>Total Carbohydrate</b> 37g	<b>13%</b>
Dietary Fiber 1g	<b>4%</b>
Total Sugars 13g	
Includes 13g Added Sugars	<b>26%</b>
<b>Protein</b> 6g	
Vitamin D 0mcg	0%
Calcium 180mg	15%
Iron 0.6mg	4%
Potassium 300mg	6%
<small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

**Ingredients:** SKIM MILK, (LACITOL, MALTODEXTRIN, CELLULOSE GEL, MONO & DIGLYCERIDES, CELLULOSE GUM, ACESULFAME POTASSIUM, ASPARTAME [PHENYLKETONURICS: CONTAINS PHENYLALANINE), CARRAGEENAN, NONFAT MILK SOLIDS, MILK, ARTIFICIALLY FLAVORED VANILLA, CARAMEL COLOR, VITAMIN A PALMITATE), INSTANT COFFEE, CINNAMON, VANILLA FLAVORING (WATER, ETHYL ALCOHOL, CARAMEL COLOR), SUGAR CONE (ENRICHED WHEAT FLOUR [CONTAINS NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], BROWN SUGAR, VEGETABLE OIL SHORTENING [SOYBEAN OIL OR CANOLA OIL, MODIFIED PALM OIL, SOY LECITHIN, AND/OR PARTIALLY HYDROGENATED SOYBEAN OIL], OAT FIBER AND/OR VEGETABLE FIBER, SALT, CARAMEL COLOR, ARTIFICIAL FLAVOR, SOY LECITHIN).  
CONTAINS: MILK, WHEAT, SOY.

<b>Nutrition Facts</b>	
<b>Serving size</b>	<b>153g</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>310</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 2.5g	<b>3%</b>
Saturated Fat 1.5g	<b>8%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 10mg	<b>3%</b>
<b>Sodium</b> 170mg	<b>7%</b>
<b>Total Carbohydrate</b> 62g	<b>23%</b>
Dietary Fiber 2g	<b>7%</b>
Total Sugars 22g	
Includes 22g Added Sugars	<b>44%</b>
<b>Protein</b> 10g	
Vitamin D 0mcg	0%
Calcium 350mg	25%
Iron 0.7mg	4%
Potassium 570mg	10%
<small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

**Ingredients:** SKIM MILK, (LACITOL, MALTODEXTRIN, CELLULOSE GEL, MONO & DIGLYCERIDES, CELLULOSE GUM, ACESULFAME POTASSIUM, ASPARTAME [PHENYLKETONURICS: CONTAINS PHENYLALANINE), CARRAGEENAN, NONFAT MILK SOLIDS, MILK, ARTIFICIALLY FLAVORED VANILLA, CARAMEL COLOR, VITAMIN A PALMITATE), INSTANT COFFEE, CINNAMON, VANILLA FLAVORING (WATER, ETHYL ALCOHOL, CARAMEL COLOR), SUGAR CONE (ENRICHED WHEAT FLOUR [CONTAINS NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], BROWN SUGAR, VEGETABLE OIL SHORTENING [SOYBEAN OIL OR CANOLA OIL, MODIFIED PALM OIL, SOY LECITHIN, AND/OR PARTIALLY HYDROGENATED SOYBEAN OIL], OAT FIBER AND/OR VEGETABLE FIBER, SALT, CARAMEL COLOR, ARTIFICIAL FLAVOR, SOY LECITHIN).  
CONTAINS: MILK, WHEAT, SOY.

<b>Nutrition Facts</b>	
<b>Serving size</b>	<b>223g</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>450</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 3.5g	<b>4%</b>
Saturated Fat 2.5g	<b>13%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 15mg	<b>5%</b>
<b>Sodium</b> 250mg	<b>11%</b>
<b>Total Carbohydrate</b> 88g	<b>32%</b>
Dietary Fiber 3g	<b>11%</b>
Total Sugars 31g	
Includes 31g Added Sugars	<b>62%</b>
<b>Protein</b> 15g	
Vitamin D 0mcg	0%
Calcium 520mg	40%
Iron 0.9mg	6%
Potassium 850mg	20%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** SKIM MILK, (LACITOL, MALTODEXTRIN, CELLULOSE GEL, MONO & DIGLYCERIDES, CELLULOSE GUM, ACESULFAME POTASSIUM, ASPARTAME [PHENYLKETONURICS: CONTAINS PHENYLALANINE), CARRAGEENAN, NONFAT MILK SOLIDS, MILK, ARTIFICIALLY FLAVORED VANILLA, CARAMEL COLOR, VITAMIN A PALMITATE), INSTANT COFFEE, CINNAMON, VANILLA FLAVORING (WATER, ETHYL ALCOHOL, CARAMEL COLOR), SUGAR CONE (ENRICHED WHEAT FLOUR [CONTAINS NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], BROWN SUGAR, VEGETABLE OIL SHORTENING [SOYBEAN OIL OR CANOLA OIL, MODIFIED PALM OIL, SOY LECITHIN, AND/OR PARTIALLY HYDROGENATED SOYBEAN OIL], OAT FIBER AND/OR VEGETABLE FIBER, SALT, CARAMEL COLOR, ARTIFICIAL FLAVOR, SOY LECITHIN).  
CONTAINS: MILK, WHEAT, SOY.

<b>Nutrition Facts</b>	
<b>Serving size</b>	<b>293g</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>580</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 5g	<b>6%</b>
Saturated Fat 3.5g	<b>18%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 25mg	<b>8%</b>
<b>Sodium</b> 320mg	<b>14%</b>
<b>Total Carbohydrate</b> 114g	<b>41%</b>
Dietary Fiber 4g	<b>14%</b>
Total Sugars 39g	
Includes 39g Added Sugars	<b>78%</b>
<b>Protein</b> 20g	
Vitamin D 0mcg	0%
Calcium 690mg	50%
Iron 1mg	6%
Potassium 1120mg	25%
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

**Ingredients:** SKIM MILK, (LACITOL, MALTODEXTRIN, CELLULOSE GEL, MONO & DIGLYCERIDES, CELLULOSE GUM, ACESULFAME POTASSIUM, ASPARTAME [PHENYLKETONURICS: CONTAINS PHENYLALANINE), CARRAGEENAN, NONFAT MILK SOLIDS, MILK, ARTIFICIALLY FLAVORED VANILLA, CARAMEL COLOR, VITAMIN A PALMITATE), INSTANT COFFEE, CINNAMON, VANILLA FLAVORING (WATER, ETHYL ALCOHOL, CARAMEL COLOR), SUGAR CONE (ENRICHED WHEAT FLOUR [CONTAINS NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], BROWN SUGAR, VEGETABLE OIL SHORTENING [SOYBEAN OIL OR CANOLA OIL, MODIFIED PALM OIL, SOY LECITHIN, AND/OR PARTIALLY HYDROGENATED SOYBEAN OIL], OAT FIBER AND/OR VEGETABLE FIBER, SALT, CARAMEL COLOR, ARTIFICIAL FLAVOR, SOY LECITHIN).  
CONTAINS: MILK, WHEAT, SOY.

<b>Nutrition Facts</b>	
<b>Serving size</b>	<b>170g</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>390</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 5g	<b>6%</b>
Saturated Fat 1.5g	<b>8%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 10mg	<b>3%</b>
<b>Sodium</b> 160mg	<b>7%</b>
<b>Total Carbohydrate</b> 75g	<b>27%</b>
Dietary Fiber 2g	<b>7%</b>
Total Sugars 30g	
Includes 30g Added Sugars	<b>60%</b>
<b>Protein</b> 12g	
Vitamin D 0mcg	0%
Calcium 350mg	25%
Iron 1mg	6%
Potassium 570mg	10%
<small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

**Ingredients:** SKIM MILK, (LACITOL, MALTODEXTRIN, CELLULOSE GEL, MONO & DIGLYCERIDES, CELLULOSE GUM, ACESULFAME POTASSIUM, ASPARTAME [PHENYLKETONURICS: CONTAINS PHENYLALANINE), CARRAGEENAN, NONFAT MILK SOLIDS, MILK, ARTIFICIALLY FLAVORED VANILLA, CARAMEL COLOR, VITAMIN A PALMITATE), INSTANT COFFEE, CINNAMON, VANILLA FLAVORING (WATER, ETHYL ALCOHOL, CARAMEL COLOR), WAFFLE CONE (ENRICHED WHEAT FLOUR [CONTAINS NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], SUGAR, VEGETABLE SHORTENING [CONTAINING PARTIALLY HYDROGENATED SOYBEAN AND COTTONSEED OILS], WHOLE EGG, ARTIFICIAL FLAVOR [INCLUDING MALTODEXTRIN, MODIFIED CORNSTARCH, BUTTER, BUTTERMILK], DEXTROSE, SOY LECITHIN).  
CONTAINS: MILK, WHEAT, EGG, SOY.

<b>Nutrition Facts</b>	
<b>Serving size</b>	<b>240g</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>530</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 6g	<b>8%</b>
Saturated Fat 2.5g	<b>13%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 15mg	<b>5%</b>
<b>Sodium</b> 230mg	<b>10%</b>
<b>Total Carbohydrate</b> 101g	<b>37%</b>
Dietary Fiber 3g	<b>11%</b>
Total Sugars 39g	
Includes 39g Added Sugars	<b>78%</b>
<b>Protein</b> 16g	
Vitamin D 0mcg	0%
Calcium 520mg	40%
Iron 1.2mg	6%
Potassium 850mg	20%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** SKIM MILK, (LACITOL, MALTODEXTRIN, CELLULOSE GEL, MONO & DIGLYCERIDES, CELLULOSE GUM, ACESULFAME POTASSIUM, ASPARTAME [PHENYLKETONURICS: CONTAINS PHENYLALANINE), CARRAGEENAN, NONFAT MILK SOLIDS, MILK, ARTIFICIALLY FLAVORED VANILLA, CARAMEL COLOR, VITAMIN A PALMITATE), INSTANT COFFEE, CINNAMON, VANILLA FLAVORING (WATER, ETHYL ALCOHOL, CARAMEL COLOR), WAFFLE CONE (ENRICHED WHEAT FLOUR [CONTAINS NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], SUGAR, VEGETABLE SHORTENING [CONTAINING PARTIALLY HYDROGENATED SOYBEAN AND COTTONSEED OILS], WHOLE EGG, ARTIFICIAL FLAVOR [INCLUDING MALTODEXTRIN, MODIFIED CORNSTARCH, BUTTER, BUTTERMILK], DEXTROSE, SOY LECITHIN).  
CONTAINS: MILK, WHEAT, EGG, SOY.

<b>Nutrition Facts</b>	
<b>Serving size</b>	<b>310g</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>660</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 7g	<b>9%</b>
Saturated Fat 3.5g	<b>18%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 25mg	<b>8%</b>
<b>Sodium</b> 310mg	<b>13%</b>
<b>Total Carbohydrate</b> 126g	<b>46%</b>
Dietary Fiber 4g	<b>14%</b>
Total Sugars 47g	
Includes 47g Added Sugars	<b>94%</b>
<b>Protein</b> 21g	
Vitamin D 0mcg	0%
Calcium 690mg	50%
Iron 1.4mg	8%
Potassium 1120mg	25%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** SKIM MILK, (LACITOL, MALTODEXTRIN, CELLULOSE GEL, MONO & DIGLYCERIDES, CELLULOSE GUM, ACESULFAME POTASSIUM, ASPARTAME [PHENYLKETONURICS: CONTAINS PHENYLALANINE), CARRAGEENAN, NONFAT MILK SOLIDS, MILK, ARTIFICIALLY FLAVORED VANILLA, CARAMEL COLOR, VITAMIN A PALMITATE), INSTANT COFFEE, CINNAMON, VANILLA FLAVORING (WATER, ETHYL ALCOHOL, CARAMEL COLOR), WAFFLE CONE (ENRICHED WHEAT FLOUR [CONTAINS NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], SUGAR, VEGETABLE SHORTENING [CONTAINING PARTIALLY HYDROGENATED SOYBEAN AND COTTONSEED OILS], WHOLE EGG, ARTIFICIAL FLAVOR [INCLUDING MALTODEXTRIN, MODIFIED CORNSTARCH, BUTTER, BUTTERMILK], DEXTROSE, SOY LECITHIN).  
CONTAINS: MILK, WHEAT, EGG, SOY.