

Nutrition Facts

Serving Size (140g)

Servings Per Container 1



Amount Per Serving

Calories 150 **Calories from Fat** 0



% Daily Value*

Total Fat 0g **0%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 15mg **1%**

Total Carbohydrate 38g **13%**

Dietary Fiber 2g **6%**

Sugars 34g

Protein 0g



Vitamin A 0% • Vitamin C 10%

Calcium 0% • Iron 2%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories: 2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Ingredients: WATER, SUGAR, BLACKBERRIES, CORN SYRUP, RASPBERRY PUREE, HIGH FRUCTOSE CORN SYRUP, SUGAR, WATER, CITRIC ACID, NATURAL FLAVOR, SODIUM BENZOATE (A PRESERVATIVE), FD&C RED 40 & FD&C BLUE 1.

Nutrition Facts

Serving Size (210g)

Servings Per Container 1



Amount Per Serving

Calories 230 Calories from Fat 0



% Daily Value*

Total Fat 0g 0%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 20mg 1%

Total Carbohydrate 57g 19%

Dietary Fiber 2g 9%

Sugars 51g

Protein <1g



Vitamin A 0% • Vitamin C 15%

Calcium 2% • Iron 4%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories: 2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Ingredients: WATER, SUGAR, BLACKBERRIES, CORN SYRUP, RASPBERRY PUREE, HIGH FRUCTOSE CORN SYRUP, SUGAR, WATER, CITRIC ACID, NATURAL FLAVOR, SODIUM BENZOATE (A PRESERVATIVE), FD&C RED 40 & FD&C BLUE 1.

Nutrition Facts

Serving Size (280g)

Servings Per Container 1



Amount Per Serving

Calories 310 Calories from Fat 0



% Daily Value*

Total Fat 0g 0%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 25mg 1%

Total Carbohydrate 76g 25%

Dietary Fiber 3g 12%

Sugars 68g

Protein <1g



Vitamin A 0% • Vitamin C 20%

Calcium 4% • Iron 4%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Ingredients: WATER, SUGAR, BLACKBERRIES, CORN SYRUP, RASPBERRY PUREE, HIGH FRUCTOSE CORN SYRUP, SUGAR, WATER, CITRIC ACID, NATURAL FLAVOR, SODIUM BENZOATE (A PRESERVATIVE), FD&C RED 40 & FD&C BLUE 1.

Nutrition Facts

Serving Size (146g)

Servings Per Container 1

Amount Per Serving

Calories 180 Calories from Fat 0

% Daily Value*

Total Fat 0g 0%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 25mg 1%

Total Carbohydrate 43g 14%

Dietary Fiber 2g 6%

Sugars 34g

Protein <1g

Vitamin A 0% • Vitamin C 10%

Calcium 0% • Iron 4%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Ingredients: WATER, SUGAR, BLACKBERRIES, CORN SYRUP, RASPBERRY PUREE, HIGH FRUCTOSE CORN SYRUP, SUGAR, WATER, CITRIC ACID, NATURAL FLAVOR, SODIUM BENZOATE (A PRESERVATIVE), FD&C RED 40 & FD&C BLUE 1. CAKE CONE: ENRICHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), TAPIOCA FLOUR, SUGAR, VEGETABLE OIL SHORTENING (SOYBEAN AND/OR CANOLA OIL, MODIFIED PALM OIL, SOY LECITHIN, AND/OR PARTIALLY HYDROGENATED SOYBEAN OIL), LEAVENING (SODIUM BICARBONATE, AMMONIUM BICARBONATE), SALT, NATURAL FLAVOR, ANNATTO (VEGETABLE COLOR).

Nutrition Facts

Serving Size (216g)

Servings Per Container 1

Amount Per Serving

Calories 250 Calories from Fat 0

% Daily Value*

Total Fat 0g 0%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 30mg 1%

Total Carbohydrate 62g 21%

Dietary Fiber 2g 9%

Sugars 51g

Protein 1g

Vitamin A 0% • Vitamin C 15%

Calcium 2% • Iron 6%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Ingredients: WATER, SUGAR, BLACKBERRIES, CORN SYRUP, RASPBERRY PUREE, HIGH FRUCTOSE CORN SYRUP, SUGAR, WATER, CITRIC ACID, NATURAL FLAVOR, SODIUM BENZOATE (A PRESERVATIVE), FD&C RED 40 & FD&C BLUE 1. CAKE CONE: ENRICHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), TAPIOCA FLOUR, SUGAR, VEGETABLE OIL SHORTENING (SOYBEAN AND/OR CANOLA OIL, MODIFIED PALM OIL, SOY LECITHIN, AND/OR PARTIALLY HYDROGENATED SOYBEAN OIL), LEAVENING (SODIUM BICARBONATE, AMMONIUM BICARBONATE), SALT, NATURAL FLAVOR, ANNATTO (VEGETABLE COLOR).

Nutrition Facts

Serving Size (286g)

Servings Per Container 1

Amount Per Serving

Calories 330 Calories from Fat 0

% Daily Value*

Total Fat 0g 0%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 35mg 1%

Total Carbohydrate 81g 27%

Dietary Fiber 3g 12%

Sugars 68g

Protein 1g

Vitamin A 0% • Vitamin C 20%

Calcium 4% • Iron 6%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories:	2,000	2,500
Total Fat	Less than	65g	80g	
Saturated Fat	Less than	20g	25g	
Cholesterol	Less than	300mg	300mg	
Sodium	Less than	2,400mg	2,400mg	
Total Carbohydrate		300g	375g	
Dietary Fiber		25g	30g	

Ingredients: WATER, SUGAR, BLACKBERRIES, CORN SYRUP, RASPBERRY PUREE, HIGH FRUCTOSE CORN SYRUP, SUGAR, WATER, CITRIC ACID, NATURAL FLAVOR, SODIUM BENZOATE (A PRESERVATIVE), FD&C RED 40 & FD&C BLUE 1. CAKE CONE: ENRICHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), TAPIOCA FLOUR, SUGAR, VEGETABLE OIL SHORTENING (SOYBEAN AND/OR CANOLA OIL, MODIFIED PALM OIL, SOY LECITHIN, AND/OR PARTIALLY HYDROGENATED SOYBEAN OIL), LEAVENING (SODIUM BICARBONATE, AMMONIUM BICARBONATE), SALT, NATURAL FLAVOR, ANNATTO (VEGETABLE COLOR).

Nutrition Facts	
Serving Size (153g)	
Servings Per Container 1	
Amount Per Serving	
Calories 210	Calories from Fat 0
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 35mg	1%
Total Carbohydrate 50g	17%
Dietary Fiber 2g	6%
Sugars 37g	
Protein <1g	
Vitamin A 0%	• Vitamin C 10%
Calcium 4%	• Iron 4%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g

Ingredients: WATER, SUGAR, BLACKBERRIES, CORN SYRUP, RASPBERRY PUREE, HIGH FRUCTOSE CORN SYRUP, SUGAR, WATER, CITRIC ACID, NATURAL FLAVOR, SODIUM BENZOATE (A PRESERVATIVE), FD&C RED 40 & FD&C BLUE 1. SUGAR CONE: ENRICHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), TAPIOCA FLOUR, SUGAR, VEGETABLE SHORTENING (SOYBEAN AND/OR CANOLA OIL, MODIFIED PALM OIL, SOY LECITHIN, AND/OR PARTIALLY HYDROGENATED SOYBEAN OIL), OAT FIBER AND/OR VEGETABLE FIBER, SALT, CARAMEL COLOR, ARTIFICIAL FLAVOR, SOY LECITHIN.

Nutrition Facts

Serving Size (223g)

Servings Per Container 1

Amount Per Serving

Calories 280 Calories from Fat 0

% Daily Value*

Total Fat 0g 0%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 40mg 2%

Total Carbohydrate 69g 23%

Dietary Fiber 2g 9%

Sugars 54g

Protein 1g

Vitamin A 0% • Vitamin C 15%

Calcium 4% • Iron 6%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Ingredients: WATER, SUGAR, BLACKBERRIES, CORN SYRUP, RASPBERRY PUREE, HIGH FRUCTOSE CORN SYRUP, SUGAR, WATER, CITRIC ACID, NATURAL FLAVOR, SODIUM BENZOATE (A PRESERVATIVE), FD&C RED 40 & FD&C BLUE 1. SUGAR CONE: ENRICHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), TAPIOCA FLOUR, SUGAR, VEGETABLE SHORTENING (SOYBEAN AND/OR CANOLA OIL, MODIFIED PALM OIL, SOY LECITHIN, AND/OR PARTIALLY HYDROGENATED SOYBEAN OIL), OAT FIBER AND/OR VEGETABLE FIBER, SALT, CARAMEL COLOR, ARTIFICIAL FLAVOR, SOY LECITHIN.

Nutrition Facts

Serving Size (293g)

Servings Per Container 1

Amount Per Serving

Calories 360 Calories from Fat 0

% Daily Value*

Total Fat 0g 0%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 45mg 2%

Total Carbohydrate 88g 29%

Dietary Fiber 3g 12%

Sugars 71g

Protein 1g

Vitamin A 0% • Vitamin C 20%

Calcium 6% • Iron 6%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Ingredients: WATER, SUGAR, BLACKBERRIES, CORN SYRUP, RASPBERRY PUREE, HIGH FRUCTOSE CORN SYRUP, SUGAR, WATER, CITRIC ACID, NATURAL FLAVOR, SODIUM BENZOATE (A PRESERVATIVE), FD&C RED 40 & FD&C BLUE 1. SUGAR CONE: ENRICHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), TAPIOCA FLOUR, SUGAR, VEGETABLE SHORTENING (SOYBEAN AND/OR CANOLA OIL, MODIFIED PALM OIL, SOY LECITHIN, AND/OR PARTIALLY HYDROGENATED SOYBEAN OIL), OAT FIBER AND/OR VEGETABLE FIBER, SALT, CARAMEL COLOR, ARTIFICIAL FLAVOR, SOY LECITHIN.

Nutrition Facts

Serving Size (170g)

Servings Per Container 1

Amount Per Serving

Calories 280 Calories from Fat 30

% Daily Value*

Total Fat 3g 5%

Saturated Fat 1g 4%

Trans Fat 0g

Cholesterol 10mg 3%

Sodium 15mg 1%

Total Carbohydrate 61g 20%

Dietary Fiber 2g 6%

Sugars 44g

Protein 2g

Vitamin A 0% • Vitamin C 10%

Calcium 0% • Iron 6%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Ingredients: WATER, SUGAR, BLACKBERRIES, CORN SYRUP, RASPBERRY PUREE, HIGH FRUCTOSE CORN SYRUP, SUGAR, WATER, CITRIC ACID, NATURAL FLAVOR, SODIUM BENZOATE (A PRESERVATIVE), FD&C RED 40 & FD&C BLUE 1. WAFFLE CONE: ENRICHED BLEACHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, VEGETABLE SHORTENING (PARTIALLY HYDROGENATED SOYBEAN AND COTTONSEED OILS), WHOLE EGG, ARTIFICIAL FLAVOR (INCLUDING MALTODEXTRIN, MODIFIED CORNSTARCH, BUTTER, BUTTERMILK), DEXTROSE, SOY LECITHIN, ARTIFICIAL VANILLA FLAVOR.

Nutrition Facts	
Serving Size (240g)	
Servings Per Container 1	
Amount Per Serving	
Calories 360	Calories from Fat 30
% Daily Value*	
Total Fat 3g	5%
Saturated Fat 1g	4%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 20mg	1%
Total Carbohydrate 80g	27%
Dietary Fiber 2g	9%
Sugars 61g	
Protein 2g	
Vitamin A 0%	• Vitamin C 15%
Calcium 2%	• Iron 6%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g

Ingredients: WATER, SUGAR, BLACKBERRIES, CORN SYRUP, RASPBERRY PUREE, HIGH FRUCTOSE CORN SYRUP, SUGAR, WATER, CITRIC ACID, NATURAL FLAVOR, SODIUM BENZOATE (A PRESERVATIVE), FD&C RED 40 & FD&C BLUE 1. WAFFLE CONE: ENRICHED BLEACHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, VEGETABLE SHORTENING (PARTIALLY HYDROGENATED SOYBEAN AND COTTONSEED OILS), WHOLE EGG, ARTIFICIAL FLAVOR (INCLUDING MALTODEXTRIN, MODIFIED CORNSTARCH, BUTTER, BUTTERMILK), DEXTROSE, SOY LECITHIN, ARTIFICIAL VANILLA FLAVOR.

Nutrition Facts	
Serving Size (310g)	
Servings Per Container 1	
Amount Per Serving	
Calories 430	Calories from Fat 30
% Daily Value*	
Total Fat 3g	5%
Saturated Fat 1g	4%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 25mg	1%
Total Carbohydrate 99g	33%
Dietary Fiber 3g	12%
Sugars 78g	
Protein 2g	
Vitamin A 0%	• Vitamin C 20%
Calcium 4%	• Iron 8%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g

Ingredients: WATER, SUGAR, BLACKBERRIES, CORN SYRUP, RASPBERRY PUREE, HIGH FRUCTOSE CORN SYRUP, SUGAR, WATER, CITRIC ACID, NATURAL FLAVOR, SODIUM BENZOATE (A PRESERVATIVE), FD&C RED 40 & FD&C BLUE 1. WAFFLE CONE: ENRICHED BLEACHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, VEGETABLE SHORTENING (PARTIALLY HYDROGENATED SOYBEAN AND COTTONSEED OILS), WHOLE EGG, ARTIFICIAL FLAVOR (INCLUDING MALTODEXTRIN, MODIFIED CORNSTARCH, BUTTER, BUTTERMILK), DEXTROSE, SOY LECITHIN, ARTIFICIAL VANILLA FLAVOR.